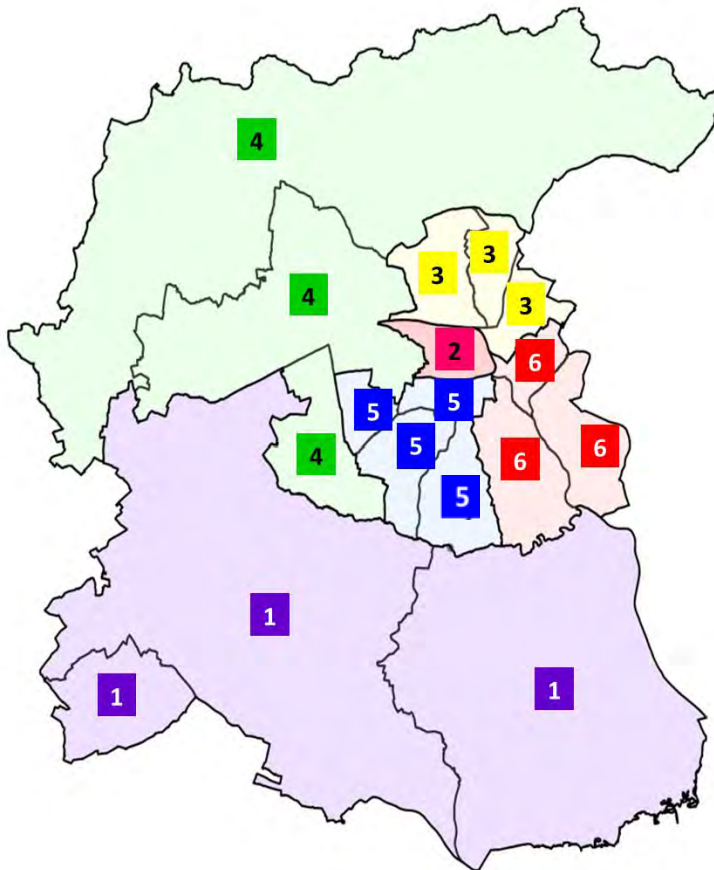
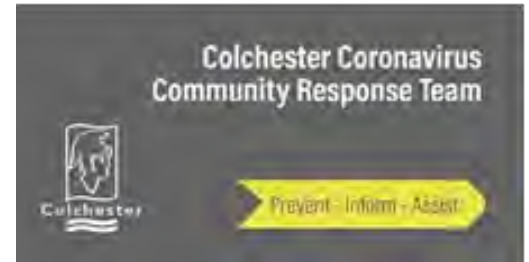


# Colchester Borough Residents Contacts Pack

Responding to Community Enquiries Regarding Coronavirus



Neighbourhood Key:	
1	Marks Tey and Layer, Mersea and Pyfleet, and Tiptree
2	Town Centre / Castle Ward
3	Highwoods, Mile End, and St John's and St Anne's
4	Stanway, Lexden and Braiswick, and Rural North
5	Berechurch, New Town and Christ Church, Prettygate and Shrub End
6	Wivenhoe, Old Heath and The Hythe, and Greenstead

This guide provides information on what help and support is available in your local area.

CBC are not affiliated nor associated with anyone, or any group within this document. We are providing this as further assistance to you during the COVID-19 situation.

Areas are split via Neighbourhoods as per map and at the end of the document you will find a section for Colchester Boroughwide information.

# Colchester Borough Residents Contacts Pack

## Contents Page:

<b>Neighbourhood 1</b> .....	<b>4</b>
Important Contacts.....	4
Ward Councillors.....	5
Parish Councils.....	6
Community Groups & Volunteer Information.....	8
Shop Information.....	10
Food Information.....	10
<b>Neighbourhood 2</b> .....	<b>13</b>
Important Contacts.....	13
Ward Councillors.....	14
Community Groups & Volunteer's Information.....	14
Shop Information.....	15
Food Information.....	16
<b>Neighbourhood 3</b> .....	<b>20</b>
Important Contacts.....	20
Ward Councillors.....	21
Parish Councils.....	22
Community Groups & Volunteer's Information.....	22
Shop Information.....	24
Food information.....	25
<b>Neighbourhood 4</b> .....	<b>26</b>
Important Contacts.....	26
Ward Councillors.....	27
Parish Councils.....	28
Community Groups & Volunteer Information.....	30
Shop Information.....	34
Food Information.....	35
<b>Neighbourhood 5</b> .....	<b>36</b>
Important Contacts.....	36

## Colchester Borough Residents Contacts Pack

Ward Councillors.....	37
Community Groups & Volunteer Information.....	38
Shop Information.....	39
Food information.....	40
<b>Neighbourhood 6.....</b>	<b>41</b>
Important Contacts.....	41
Ward Councillors.....	42
Parish Councils.....	43
Community Groups & Volunteer Information.....	43
Shop Information.....	44
Food Information.....	45
<b>Colchester Boroughwide.....</b>	<b>46</b>
Boroughwide Contacts.....	46
Colchester Borough Homes Information.....	49
Community Groups & Volunteer Information.....	50
Food Bank Information.....	53
Other Food Provision Providers.....	53
General Supermarket Information.....	54
Shop and Food Delivery Information.....	55
Online Meal Delivery Information.....	58
Bank Information.....	58
Other Information.....	60
Children & Family.....	61
Activities and Information.....	61
Black, Asian And Minority Ethnic (BAME) & Faith Groups Information.....	63

# Colchester Borough Residents Contacts Pack

## Neighbourhood 1

(Marks Tey & Layer, Mersea & Pyfleet and Tiptree)

Important Contacts		
<b>COMMUNITY RESPONSE TEAM CONTACTS</b>	<b>Yovone Cook</b> <a href="mailto:Yovone.Cook@colchester.gov.uk">Yovone.Cook@colchester.gov.uk</a> 07976 794786	<b>Michael Smith</b> <a href="mailto:Michael.Smith@colchester.gov.uk">Michael.Smith@colchester.gov.uk</a> 07966 240471
<b>NEIGHBOURHOOD MANAGER CONTACT</b>	<b>Fiona McDonald</b> 07866 896614	For additional information in regards to Neighbourhood 1 visit this <a href="#">link</a> and to find out more about your Neighbourhood Team visit this <a href="#">link</a> .
<b>DIGITAL ACCESS SUPPORT TEAM</b>	<p>For support on how to get online the team are offering over the phone and virtual 1-2-1s to assist people to communicate with friends and family using the devices they have as well as assisting people with online purchasing and using the NHS app to manage medicines, prescriptions and pharmacies, as well as any other digital or online queries you have.</p> <p>This service is bespoke to individual digital and technical needs.</p> <p>Call: 01206 282452</p> <p>Email: <a href="mailto:Digital.AccessSupport@Colchester.gov.uk">Digital.AccessSupport@Colchester.gov.uk</a></p> <p>Web: <a href="https://www.colchester.gov.uk/digitalaccesssupport/">https://www.colchester.gov.uk/digitalaccesssupport/</a></p> <p>Facebook: <a href="https://www.facebook.com/NorthEssexDigitalAccessSupportTeam">https://www.facebook.com/NorthEssexDigitalAccessSupportTeam</a></p> <p>Instagram: <a href="https://www.instagram.com/northessexdigitalaccesssupport/">https://www.instagram.com/northessexdigitalaccesssupport/</a></p> <p>Twitter: <a href="https://twitter.com/DigitalAccessNE">https://twitter.com/DigitalAccessNE</a></p>	

## Colchester Borough Residents Contacts Pack

Ward Councillors	
<b>Marks Tey and Layer</b>	
<b>Name:</b>	<b>Kevin Bentley</b>
Contact No:	01206 382405
Email:	<a href="mailto:cllr.kevin.bentley@colchester.gov.uk">cllr.kevin.bentley@colchester.gov.uk</a>
<b>Name:</b>	<b>Andrew Ellis</b>
Contact No:	01206 735166 / 07768 986611
Email:	<a href="mailto:cllr.andrew.ellis@colchester.gov.uk">cllr.andrew.ellis@colchester.gov.uk</a>
<b>Name:</b>	<b>Jackie MacLean</b>
Contact No:	01206 212128
Email:	<a href="mailto:cllr.jackie.macleam@colchester.gov.uk">cllr.jackie.macleam@colchester.gov.uk</a>
<b>Mersea and Pyefleet</b>	
<b>Name:</b>	<b>Robert Davidson</b>
Contact No:	07973 760344
Email:	<a href="mailto:cllr.robert.davidson@colchester.gov.uk">cllr.robert.davidson@colchester.gov.uk</a>
<b>Name:</b>	<b>John Jowers</b>
Contact No:	01206 382975
Email:	<a href="mailto:cllr.john.jowers@colchester.gov.uk">cllr.john.jowers@colchester.gov.uk</a>
<b>Name:</b>	<b>Patricia Moore</b>
Contact No:	01206 385361
Email:	<a href="mailto:cllr.patricia.moore@colchester.gov.uk">cllr.patricia.moore@colchester.gov.uk</a>
<b>Tiptree</b>	
<b>Name:</b>	<b>Barbara Wood</b>
Contact No:	07375 928972
Email:	<a href="mailto:cllr.barbara.wood@colchester.gov.uk">cllr.barbara.wood@colchester.gov.uk</a>
<b>Name:</b>	<b>Derek Loveland</b>
Contact No:	07786 321749
Email:	<a href="mailto:cllr.derek.loveland@colchester.gov.uk">cllr.derek.loveland@colchester.gov.uk</a>
<b>Name:</b>	<b>John Elliott</b>

## Colchester Borough Residents Contacts Pack

Contact No:	01621 817234
Email:	<a href="mailto:cllr.john.elliott@colchester.gov.uk">cllr.john.elliott@colchester.gov.uk</a>
<b>Parish Councils</b>	
<b>Abberton and Langenhoe</b>	
<b>Clerk:</b>	<b>Carolyn McSweeney</b>
Contact No:	07396 331678
Email:	<a href="mailto:Parishclerk.al@hotmail.com">Parishclerk.al@hotmail.com</a>
<b>Birch</b>	
<b>Clerk:</b>	<b>Mrs E Bowtle</b>
Contact No:	01206 330388
Email:	<a href="mailto:birchparishclerk@aol.com">birchparishclerk@aol.com</a>
<b>Copford with Easthorpe</b>	
<b>Clerk:</b>	<b>Kate Palmer</b>
Contact No:	07939 597176
Email:	<a href="mailto:copfordwitheasthorpepc@gmail.com">copfordwitheasthorpepc@gmail.com</a>
<b>East Mersea</b>	
<b>Clerk:</b>	<b>Sue Pullen</b>
Contact No:	01206 735367
Email:	<a href="mailto:pullenrosesue@yahoo.co.uk">pullenrosesue@yahoo.co.uk</a>
<b>Fingringhoe</b>	
<b>Clerk:</b>	<b>Mrs R Harvey</b>
Contact No:	01206 729321
Email:	<a href="mailto:fingringhoepc@btinternet.com">fingringhoepc@btinternet.com</a>
<b>Layer Breton</b>	
<b>Clerk:</b>	<b>Chris Beesley</b>
Contact No:	01206 332904
Email:	<a href="mailto:layerbretonparishclerk@hotmail.co.uk">layerbretonparishclerk@hotmail.co.uk</a>
<b>Layer de la Haye</b>	
<b>Clerk:</b>	<b>Grahame Walkinshaw</b>

## Colchester Borough Residents Contacts Pack

Contact No:	01206 734657
Email:	<a href="mailto:layerclerk@hotmail.com">layerclerk@hotmail.com</a>
<b>Layer Marney</b>	
<b>Clerk:</b>	<b>Elsie Chapman</b>
Contact No:	01206 330887
Email:	<a href="mailto:layermarneyparishclerk@btinternet.com">layermarneyparishclerk@btinternet.com</a>
<b>Marks Tey</b>	
<b>Clerk:</b>	<b>Gemma Humphries</b>
Contact No:	01206 213250
Email:	<a href="mailto:parish.clerk@marksteyparish.org.uk/">parish.clerk@marksteyparish.org.uk/</a>
<b>Messing</b>	
<b>Clerk:</b>	<b>Fraser Ward</b>
Contact No:	07928 055 604
Email:	<a href="mailto:messingandinworthparishclerk@gmail.com">messingandinworthparishclerk@gmail.com</a>
<b>Tiptree</b>	
<b>Name:</b>	<b>Rob Williams</b>
Contact No:	01621 817 030
Email:	<a href="mailto:Clerk@Tiptreeparishcouncil.gov.uk">Clerk@Tiptreeparishcouncil.gov.uk</a>
<b>West Mersea</b>	
<b>Clerk:</b>	<b>Petra Palfreyman</b>
Contact No:	01206 382128
Email:	<a href="mailto:info@westmersea.org">info@westmersea.org</a>
<b>Winstred Hundred</b>	
<b>Clerk:</b>	<b>Sue Pullen</b>
Contact No:	01206 735367
Email:	<a href="mailto:susiepullen@btinternet.com/">susiepullen@btinternet.com/</a>

## Colchester Borough Residents Contacts Pack

### Community Groups & Volunteer Information

*All information is correct as of November 2020 unless stated otherwise*

Organisation	Support &/or What's Available	Contact Details
Abberton & Langenhoe Parish Council	<p>The Parish Council and Neighbourhood Watch have put in place arrangements to assist any resident in the villages who need help.</p> <p>Since July, the COVID-19 Action Group has its services. If you require continued assistance you can get in contact.</p>	<p><b>Call:</b> 01206 735683 Or 01206 735980 <b>Email:</b> <a href="mailto:alcovidhelp@gmail.com">alcovidhelp@gmail.com</a> <b>Web:</b> <a href="https://www.abbertonandlangenhoe.org.uk/covid-19-update/">https://www.abbertonandlangenhoe.org.uk/covid-19-update/</a></p>
Birch Village Facebook Community group	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public <a href="#">Facebook</a> group.
Copford and East Thorpe Parish Council	<p>They have a Volunteer Response Scheme in place for residents needing support and volunteers who wish to help. They offer help with collecting food, prescriptions, help with the garden and befriending service.</p> <p>Complete a form on their website if you require help or would like to volunteer.</p>	<p><b>Call:</b> 07939 597176 <b>Email:</b> <a href="mailto:copfordwitheasthorpepc@gmail.com">copfordwitheasthorpepc@gmail.com</a> <b>Web:</b> <a href="https://www.copfordwitheasthorpeparishcouncil.co.uk/covid-19-community-response/">https://www.copfordwitheasthorpeparishcouncil.co.uk/covid-19-community-response/</a></p>
Easthorpe, Copford & surrounding areas Facebook group	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private <a href="#">Facebook</a> group which you must join to access content.
Layer Parish Council	Layer Parish Council can be contacted by local residents if they have any concerns about the virus, especially if they are self-isolating.	<p>Contact Ann Hughes by email or visit the website below for more information. <b>Email:</b> <a href="mailto:mrmushroom@keme.co.uk">mrmushroom@keme.co.uk</a> <b>Web:</b> <a href="https://layerdelahayepc.com/parish-council/">https://layerdelahayepc.com/parish-council/</a></p>



## Colchester Borough Residents Contacts Pack

Marks Tey Parish Council	Offering assistance to those residents who may need prescriptions and shopping collected. They are also offering a befriending service. (As of May 2020)	<b>Call:</b> Councillor Maureen Callen on 07928 810404 or Kate Evans on 07850 695154. This is a public <a href="#">Facebook</a> group.
Mersea Island Coronavirus Community Support Group	Organised by West Mersea Town Council, this is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public <a href="#">Facebook</a> group.
Secret Layer Facebook Group	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public <a href="#">Facebook</a> group.
St Luke's Volunteers: Church Group of Volunteers	This is a group of volunteers that can help pick up prescriptions and shopping, as well as any other support (as of May 2020).	<b>Call:</b> St Luke's Church on 01206 598234 option 1 <b>Email:</b> <a href="mailto:hannah@stlukescolchester.org.uk">hannah@stlukescolchester.org.uk</a>
Tiptree Good Neighbours Private Facebook Group	This group is designed to offer a helping hand to Tiptree residents who may find themselves in need.	This is a private <a href="#">Facebook</a> group which you must join to access content.

## Colchester Borough Residents Contacts Pack

### Shop Information

*All information is correct as of November 2020 unless stated otherwise*

Organisation	Contact Details	Support &/or What's Available
An Ethical Life	<b>Email:</b> <a href="mailto:ZeroWaste@AnEthicalLife.co.uk">ZeroWaste@AnEthicalLife.co.uk</a> <b>Web:</b> <a href="https://www.anethicallife.co.uk/">https://www.anethicallife.co.uk/</a>	<p>Delivering shopping to all CO post codes, they offer a multi-range of products not only food for you or your pet but also personal hygiene items.</p> <p>Please visit their website to see the full range of products available for delivery and collection from their shops. (as of December 2020).</p>
Blackwell's Farm Shop	<b>Call:</b> 01376 562500 <b>Email:</b> <a href="mailto:orders@blackwellsfarmproduce.co.uk">orders@blackwellsfarmproduce.co.uk</a> <b>Web:</b> <a href="https://www.blackwellsfarmproduce.co.uk">https://www.blackwellsfarmproduce.co.uk</a> This is a public <a href="#">Facebook</a> group.	<p>Delivering general groceries, meat and dairy around Colchester with a £50 minimum order for delivery.</p> <p>Please visit their website to see the full range of products available.</p> <p>The farm Shop opening times are Monday to Friday 8am to 5:30pm, Saturday 8am to 4pm and Sunday 10am to 3pm (as of December 2020).</p>

### Food Information

*All information is correct as of November 2020 unless stated otherwise*

Organisation	Contact Details	Support &/or What's Available
Bungalow Diner	<b>Address:</b> 45 London Road, Marks Tey, CO6 1DY <b>Call:</b> 01206 210972 or 07930368019 <b>Web:</b> <a href="http://www.bungalowdiner.co.uk/">http://www.bungalowdiner.co.uk/</a>	Bungalow Diner are offering takeaway. For their menu look on their website.
Charley Lewis Fresh Produce	<b>Address:</b> Gainsborough Close, West Mersea, CO5 8PR <b>Call:</b> 07738 229290 This is a public <a href="#">Facebook</a> group.	Are delivering mixed boxes of fresh produce with a £10 minimum order and free delivery.
China Kitchen	<b>Address:</b> 13 High Street, West Mersea, CO5 8QD	Chinese takeaway.

## Colchester Borough Residents Contacts Pack

	<b>Call:</b> 01206 386363	
Mersea Barns	<b>Address:</b> East Road, East Mersea, Colchester CO5 8TQ <b>Call:</b> 01206 384198 <b>Email:</b> <a href="mailto:info@merseabarns.com">info@merseabarns.com</a> <b>Web:</b> <a href="https://www.merseabarns.com/">https://www.merseabarns.com/</a>	Offering essential food items as well as collection of ready-to-cook meals, meat and vegetable boxes.
Mersea Island Fish Bar	<b>Address:</b> 37 High Street, West Mersea, CO5 8QA <b>Call:</b> 01206 381999 <b>Web:</b> <a href="https://www.merseaislandfishbar.co.uk/">https://www.merseaislandfishbar.co.uk/</a>	Fish and chips delivery and collection.
Nupur	<b>Address:</b> 37 Kingland Road, West Mersea, CO5 8RA <b>Call:</b> 01206 384823 or 01206 383090 <b>Web:</b> <a href="http://nupur.org.uk/">http://nupur.org.uk/</a>	Indian, pizza, chicken and chips, delivery and collection.
Picketts Farm	<b>Address:</b> Church Road, Fingringhoe, CO5 7BL <b>Call:</b> 07966 138647 <b>Web:</b> <a href="https://www.pickettsfarm.co.uk/">https://www.pickettsfarm.co.uk/</a>	They are offering a delivery service of fresh produce directly to your doorstep.
Richard Howard's Oysters	<b>Web:</b> <a href="https://richardhowardsoysters.shop/">https://richardhowardsoysters.shop/</a>	Delivery of oysters.
The Company Shed	<b>Address:</b> 129 Coast Road, West Mersea, CO5 8PA <b>Call:</b> 01206 382700 <b>Email:</b> <a href="mailto:Thecompanyshed@yahoo.co.uk">Thecompanyshed@yahoo.co.uk</a> <b>Web:</b> <a href="http://www.thecompanyshed.co/">http://www.thecompanyshed.co/</a>	Offering a variety of fresh uncooked and cooked dishes for collection and delivery.  For their menu look on their <a href="#">website</a> .
The Deck – Mersea Seafood Co.	<b>Call:</b> 07835 533675 <b>Email:</b> <a href="mailto:merseaseafoodcompany@gmail.com">merseaseafoodcompany@gmail.com</a>	Delivery of fresh fish.
Tiptree Food Bank	<b>Email:</b> <a href="mailto:thurstableteamadmin@btinternet.com">thurstableteamadmin@btinternet.com</a>	This is a small food bank who can provide food parcels to anyone in financial difficulty in Tiptree, Tolleshunt Knights, Messing, Inworth and Great Braxted.  They are willing to take referrals from any public service. No voucher is required.
Tiptree Meals	<b>Call:</b> 01621 816963 <b>Email:</b> <a href="mailto:info@tiptree-meals.co.uk">info@tiptree-meals.co.uk</a> <b>Web:</b> <a href="https://www.tiptree-meals.co.uk/">https://www.tiptree-meals.co.uk/</a>	Offering hot meals delivered between 11.30am and 2.30pm. For their menu look on their website.

## Colchester Borough Residents Contacts Pack

Tiptree Patisserie	<b>Address:</b> Tiptree Patisserie, The Olympic Building, Crittall Road Witham, CM8 3DR <b>Call:</b> 01376 509101 <b>Email:</b> <a href="mailto:tiptreepatisserie@tiptree.com">tiptreepatisserie@tiptree.com</a> <b>Web:</b> <a href="https://www.tiptreecakes.com/">https://www.tiptreecakes.com/</a>	Offering a home delivery or collection service. For their menu look on their website.
Titash	<b>Address:</b> 408 High Street West Mersea CO5 8QA <b>Call:</b> 01206 381778	Indian takeaway, delivery and collection options available.
Unique Fish and Kebab Bar	<b>Address:</b> 10-12 Church Road, West Mersea, CO5 8QH <b>Call:</b> 01206 386773	Fish, chips and kebabs for collection only.

# Colchester Borough Residents Contacts Pack

## Neighbourhood 2 (Town Centre / Castle Ward)

Important Contacts		
<b>COMMUNITY RESPONSE TEAM</b>	<b>Yovone Cook</b> <a href="mailto:Yovone.Cook@colchester.gov.uk">Yovone.Cook@colchester.gov.uk</a> 07976 794786	<b>Lisa Hobson</b> <a href="mailto:Lisa.Hobson@colchester.gov.uk">Lisa.Hobson@colchester.gov.uk</a> 07985 383321
<b>NEIGHBOURHOOD MANAGER</b>	<b>Sam Lancaster</b> 07770 365331	For additional information in regards to Neighbourhood 2 visit this <a href="#">link</a> and to find out more about your Neighbourhood Team visit this <a href="#">link</a> .
<b>DIGITAL ACCESS SUPPORT TEAM</b>	<p>For support on how to get online the team are offering over the phone and virtual 1-2-1s to assist people to communicate with friends and family using the devices they have as well as assisting people with online purchasing and using the NHS app to manage medicines, prescriptions and pharmacies, as well as any other digital or online queries you have.</p> <p>This service is bespoke to individual digital and technical needs.</p> <p>Call: 01206 282452</p> <p>Email: <a href="mailto:Digital.AccessSupport@Colchester.gov.uk">Digital.AccessSupport@Colchester.gov.uk</a></p> <p>Web: <a href="https://www.colchester.gov.uk/digitalaccesssupport/">https://www.colchester.gov.uk/digitalaccesssupport/</a></p> <p>Facebook: <a href="https://www.facebook.com/NorthEssexDigitalAccessSupportTeam">https://www.facebook.com/NorthEssexDigitalAccessSupportTeam</a></p> <p>Instagram: <a href="https://www.instagram.com/northessexdigitalaccesssupport/">https://www.instagram.com/northessexdigitalaccesssupport/</a></p> <p>Twitter: <a href="https://twitter.com/DigitalAccessNE">https://twitter.com/DigitalAccessNE</a></p>	

## Colchester Borough Residents Contacts Pack

### Ward Councillors

Castle	
<b>Name:</b>	<b>Nick Barlow</b>
Contact No:	01206 570753/07981 986375
Email:	<a href="mailto:cllr.nick.barlow@colchester.gov.uk">cllr.nick.barlow@colchester.gov.uk</a>
<b>Name:</b>	<b>Simon Crow</b>
Contact No:	07870 154554
Email:	<a href="mailto:cllr.simon.crow@colchester.gov.uk">cllr.simon.crow@colchester.gov.uk</a>
<b>Name:</b>	<b>Mark Goacher</b>
Contact No:	07504 252323
Email:	<a href="mailto:cllr.mark.goacher@colchester.gov.uk">cllr.mark.goacher@colchester.gov.uk</a>

### Community Groups & Volunteer's Information

*All information is correct as of November 2020 unless stated otherwise*

Organisation	Support &/or What's Available	Contact Details
St James the Great Church Volunteers	The community of St. James the Great have a small team of volunteers including a safeguarding officer. They can help with shopping online and medicine delivery (as of May 2020).	<b>Call</b> Father James McCluskey: 01206 860419 <b>Email:</b> <a href="mailto:officestjamescolchester@btinternet.com">officestjamescolchester@btinternet.com</a>
St Peters Church	Offering chats to those who need to talk over Zoom. For more information please look at their website.	<b>Website:</b> <a href="http://www.stpeterscolchester.org/">www.stpeterscolchester.org/</a> This is a public <a href="#">Facebook</a> group.

## Colchester Borough Residents Contacts Pack

### Shop Information

*All information is correct as of November 2020 unless stated otherwise*

Organisation	Contact Details	Support &/or What's Available
Baltic Fine Foods	<b>Address:</b> 11 East Hill, Colchester CO1 2QL	Offering fine gourmet ingredients
Choice Foods Colchester	<b>Address:</b> 37 St Botolph's St, Colchester, CO2 7DU <b>Call:</b> 01206 766182 <b>Web:</b> <a href="https://choicefoodscolchester.co.uk/">https://choicefoodscolchester.co.uk/</a>	Offering African, Caribbean & Asian popular Foods You can shop online and pay in store. You can also text your order. Open Monday to Saturday 10am to 7pm.
Continental supermarket	<b>Address:</b> 14 Crouch St, Colchester CO3 3ES <b>Call:</b> 01206 763458	The Continental Supermarket in Colchester is set up as a continental convenience store.
Day Lewis Pharmacy	<b>Address:</b> 77 Crouch St, Colchester CO3 3EZ <b>Call:</b> 01206 541203 <b>Web:</b> <a href="https://www.daylewis.co.uk/">https://www.daylewis.co.uk/</a>	Offering pharmacy services, collect prescriptions and medication.
Feng Huang Asian Grocery Shop	<b>Address:</b> 6 Queen Street, Colchester CO1 2PJ <b>Call:</b> 01206 549029	Asian Grocery Shop which sells exotic groceries of China, Korea, Thailand, Philippines, Japan, Malaysia, Vietnam, and Indonesia).
Guntons, Crouch Street	<b>Address:</b> 81-83, Crouch St, Colchester CO3 3EZ <b>Call:</b> 01206 572200 <b>Website:</b> <a href="https://www.guntons.co.uk/">https://www.guntons.co.uk/</a>	Traditional family grocers and coffee roasters who are offering a collection and delivery service in the CO3 area by telephone between 9am to 12am Monday to Friday.  Open Monday to Friday 9am to 2pm & Saturday 9am to 4pm closed on Sunday.
iChina Chinese Supermarket	<b>Address:</b> 96 High Street, Colchester CO1 1LE <b>Call:</b> 01206 765320	This is a Chinese supermarket; they sell a variety of Chinese and Asian products.
May May Oriental Supermarket	<b>Address:</b> 30 St Botolph's St, Colchester, CO2 7EA <b>Call:</b> 01206 769668	Offering a variety of oriental food, open Monday to Saturday 9am to 5:00pm & Sunday 10am to 4:00pm.
Noor Supermarket	<b>Address:</b> 17-19 Priory Walk, Colchester CO1 1LG	Halal butchers' shop

## Colchester Borough Residents Contacts Pack

	<b>Call:</b> 01206 520879	
Osbourne Convenience Store	<b>Address:</b> 37 Osborne Street, CO2 7DB <b>Call:</b> 01206 370664 This is a public <a href="#">Facebook</a> group.	Are offering a delivery service for general groceries.
Polski Sklep Food Basket-Deli Shop	<b>Address:</b> 29 Priory Walk, Colchester CO1 1LG <b>Call:</b> 01206 767546 This is a public <a href="#">Facebook</a> group	This is a Polish deli supermarket.
Queen Street Continental Supermarket	<b>Address:</b> 38 Queen Street, CO1 2PL <b>Call:</b> 01206 765119	Sell a wide range of Eastern European, Persian and Middle Eastern foods as well as many of your daily essentials.
Sam's Convenience Store	<b>Address:</b> 43 St. John's street CO2 7AD <b>Call:</b> 01206 760171	Selling various food, Wine, Spirits, Beers, Soft drinks and cigarettes.
SPAR	<b>Address:</b> 121 High St, Colchester CO1 1SZ <b>Call:</b> 01206 367460 <b>Website:</b> <a href="https://www.spar.co.uk/store-locator/afb14727-spar-colchester">https://www.spar.co.uk/store-locator/afb14727-spar-colchester</a>	Shop is open to visit Monday to Sunday 7am to 11pm. This store does deliver items via Deliveroo please visit their website for more details.

### Food Information

*All information is correct as of November 2020 unless stated otherwise*

Delivery may be offered via [Deliveroo](#), [Just Eat](#) or [UberEATS](#), please check all websites for accurate information:  
Deliveroo: <https://deliveroo.co.uk/> Just Eat: <https://www.just-eat.co.uk/> UberEATS: <https://www.ubereats.com/gb>

Organisation	Contact Details	Support &/or What's Available
Na Ree Thai	<b>Address:</b> 10 North Hill, Colchester CO1 1DZ <b>Call:</b> 01206 560633 <b>Web:</b> <a href="https://www.nareethairestaurant.co.uk/">https://www.nareethairestaurant.co.uk/</a>	Offering Thai cuisine for delivery and collection Wednesday to Saturday 6pm to 9:30pm. To view the menu and order visit their website or Deliveroo.
Acropolis	<b>Address:</b> Osborne St, Colchester CO2 7DP <b>Call:</b> 07594 649444	Offering a wide selection of Greek food for collection or delivery, to view the



## Colchester Borough Residents Contacts Pack

		menu and order visit Deliveroo or call to arrange collection.
Bon Appetite	<b>Address:</b> 29a Crouch St, Colchester CO3 3EN <b>Call:</b> 07476 000086	Café and sandwich bar offering delivery, to view the menu and order visit UberEATS.
Chicago's	<b>Address:</b> 8 Eld Ln, Colchester CO1 1LS <b>Call:</b> 01206 767984	Café and sandwich bar offering collection and delivery, to visit their menu and order go to Deliveroo or Just Eat call to arrange collection.
Dough and Co	<b>Address:</b> 48 St John's Street, Colchester CO2 7AD <b>Call:</b> 01206 548331 <b>Web:</b> <a href="https://colchester.doughandcopizza.co.uk/">https://colchester.doughandcopizza.co.uk/</a>	Offering a takeaway and delivery service for pizzas and pasta. For their menu and delivery options look on their website.
Dr Chippy	<b>Address:</b> 3 St Botolph's Street, Colchester, CO2 7DX <b>Call:</b> 01206 369990	Are delivering food via Deliveroo or Just Eat where you will find a full menu of what they have on offer.
Fais Noodle	<b>Address:</b> 27 St Botolph's Street, Colchester CO2 7EA <b>Web:</b> <a href="http://www.fais-noodle-bar.co.uk/">http://www.fais-noodle-bar.co.uk/</a>	Are delivering food via Deliveroo where you will find a full menu of what they have on offer.
Feast	<b>Address:</b> 32 North Hill, Colchester CO1 1QR <b>Call:</b> 01206 562922	Offering hot and cold breakfast and lunch food, drinks, crisps and more for collection and delivery. To view the menu and order visit Just Eats or UberEATS.
Istanbul Delight	<b>Address:</b> 9 St Botolph's St, Colchester CO2 7DU <b>Call:</b> 01206 579251	To view the menu and order visit Deliveroo or Just Eat. Or call to arrange collection.
Maharani Tandoori	<b>Address:</b> 102 High St, Colchester CO1 1TH <b>Call:</b> 01206 367800	Offering Indian and Tandoori dishes for Collection and delivery service through their website and Just Eat there is a £2 fee for orders that are delivered.
Miseria e Nobiltá Ristorante Italiano	<b>Address:</b> 11 Queen Street, Colchester CO1 2PG <b>Call:</b> 01296 760757 <b>Web:</b> <a href="https://www.miseriaenobilta.co.uk/">https://www.miseriaenobilta.co.uk/</a>	For free delivery in Colchester there is a minimum spend of £10 required. For their menu look at their website.
North Hill Noodle Bar	<b>Address:</b> 2 North Hill, CO1 1DZ <b>Call:</b> 01206 368889 <b>Web:</b> <a href="https://www.northhillnoodlebar.co.uk/">https://www.northhillnoodlebar.co.uk/</a>	All food deliveries are to be ordered through Deliveroo or ring ahead to collect

## Colchester Borough Residents Contacts Pack

		from the restaurant. For their menu look at their website.
Piccollo	<b>Address:</b> 42 North Hill, Colchester CO1 1PY <b>Call:</b> 01206 547519 <b>Web:</b> <a href="https://www.facebook.com/42northhill/">https://www.facebook.com/42northhill/</a>	Offering delivery service through Just Eat, you can view the menu and order.
Quality Diner	<b>Address:</b> 49 St Botolph's Street, Colchester CO2 7EB <b>Call:</b> 01206 544413 <b>Web:</b> <a href="https://qualitydinercolchester.com/">https://qualitydinercolchester.com/</a>	Offering a range of Mediterranean and soul food for takeaway and delivery. For their menu look on their website.
Shawarma	<b>Address:</b> 11 St Botolph's St, Colchester CO2 7DU <b>Call:</b> 01206 974543	To view their menu and order visit Deliveroo or Just Eat. Or call the to arrange collection.
Southern Fried Chicken	<b>Address:</b> 37A St Botolph's St, Colchester CO2 7EA <b>Call:</b> 01206 769181	To view their menu and order visit Deliveroo or Just Eat.
The Nourish Co	<b>Address:</b> 23 Crouch Street, Colchester CO3 3EN <b>Web:</b> <a href="http://www.thenourishco.co.uk/collections/takeaway-menu">www.thenourishco.co.uk/collections/takeaway-menu</a>	The Nourish Co have takeaway nights, offering freshly cooked plant-based meals which are ready to eat after collection from the Crouch Street premises. For their menu look on their website.
Triple Two	<b>Address:</b> 14 - 16 Long Wyre St, Colchester CO1 1LH <b>Call:</b> 01206 768463 <b>Web:</b> <a href="https://tripletwocoffee.com/">https://tripletwocoffee.com/</a>	Offering coffee, gluten free food, vegetarian food, alcohol and more for collection or delivery, to order and view their menu visit their website or Deliveroo.
Wild and Spirit	<b>Address:</b> 21-23 Eld Ln, Colchester CO1 1LS <b>Web:</b> <a href="https://deliveroo.co.uk/menu/colchester/colchester/wild-at-spirit">https://deliveroo.co.uk/menu/colchester/colchester/wild-at-spirit</a>	Offering Breakfast, Burgers, Jacket Potatoes, Sandwiches, Toastie, Wraps & more. Delivery only to view their menu and order visit Deliveroo.
Yummy Grill	<b>Address:</b> 120 High St, Colchester CO1 1SZ <b>Call:</b> 01206 617250	Food can be order through Deliveroo and Just Eat.

## Colchester Borough Residents Contacts Pack

### Other Information

*All information is correct as of November 2020 unless stated otherwise*

Organisation	Contact Details	Support &/or What's Available
Beacon House	<p><b>Address:</b> 24 Crouch Street, Colchester CO3 3ES</p> <p><b>Call:</b> 01206 761960</p> <p><b>Email:</b> <a href="mailto:office@beaconhouseministries.org.uk">office@beaconhouseministries.org.uk</a></p> <p><b>Web:</b> <a href="https://beaconhouseministries.org.uk/">https://beaconhouseministries.org.uk/</a></p> <p>This is a public <a href="#">Facebook</a> group.</p>	<p>Are a charity that supports homeless people and is mainly for those that are still on the streets.</p> <p>They are providing medical care, hot drinks, hot lunch, and in partnership with Colchester Soup Run, sandwiches to take away for the evening, alongside working to secure accommodation if needed.</p>
Open Door	<p><b>Call:</b> 07934 907998</p> <p><b>Email:</b> <a href="mailto:hello@opendoorcolchester.co.uk/">hello@opendoorcolchester.co.uk/</a></p> <p><b>Web:</b> <a href="https://www.opendoorcolchester.co.uk/">https://www.opendoorcolchester.co.uk/</a></p>	<p>Support for homeless people.</p>

# Colchester Borough Residents Contacts Pack

## Neighbourhood 3

(Mile End, Highwoods, and St John's & St Anne's)

Important Contacts		
<b>COMMUNITY RESPONSE TEAM</b>	<b>Siobhan McLeod</b> <a href="mailto:Siobhan.Mcleod@colchester.gov.uk">Siobhan.Mcleod@colchester.gov.uk</a> 07966 240457	<b>Ashleigh Sims</b> <a href="mailto:Ashleigh.Sims@colchester.gov.uk">Ashleigh.Sims@colchester.gov.uk</a> 07908 722279
<b>NEIGHBOURHOOD MANAGER</b>	<b>Jay Regan</b> 07966 238915	For additional information in regards to Neighbourhood 3 visit this <a href="#">link</a> and to find out more about your Neighbourhood Team visit this <a href="#">link</a> .
<b>DIGITAL ACCESS SUPPORT TEAM</b>	<p>For support on how to get online the team are offering over the phone and virtual 1-2-1s to assist people to communicate with friends and family using the devices they have as well as assisting people with online purchasing and using the NHS app to manage medicines, prescriptions and pharmacies, as well as any other digital or online queries you have.</p> <p>This service is bespoke to individual digital and technical needs.</p> <p>Call: 01206 282452</p> <p>Email: <a href="mailto:Digital.AccessSupport@Colchester.gov.uk">Digital.AccessSupport@Colchester.gov.uk</a></p> <p>Web: <a href="https://www.colchester.gov.uk/digitalaccesssupport/">https://www.colchester.gov.uk/digitalaccesssupport/</a></p> <p>Facebook: <a href="https://www.facebook.com/NorthEssexDigitalAccessSupportTeam">https://www.facebook.com/NorthEssexDigitalAccessSupportTeam</a></p> <p>Instagram: <a href="https://www.instagram.com/northessexdigitalaccesssupport/">https://www.instagram.com/northessexdigitalaccesssupport/</a></p> <p>Twitter: <a href="https://twitter.com/DigitalAccessNE">https://twitter.com/DigitalAccessNE</a></p>	

## Colchester Borough Residents Contacts Pack

Ward Councillors	
Mile End	
<b>Name:</b>	<b>Phil Coleman</b>
Contact No:	07808 530587
Email:	<a href="mailto:cllr.phil.coleman@colchester.gov.uk">cllr.phil.coleman@colchester.gov.uk</a>
<b>Name:</b>	<b>Martin Goss</b>
Contact No:	07912 396335
Email:	<a href="mailto:cllr.martin.goss@colchester.gov.uk">cllr.martin.goss@colchester.gov.uk</a>
<b>Name:</b>	<b>David King</b>
Contact No:	07738 522641 / 01206 852373
Email:	<a href="mailto:cllr.david.king@colchester.gov.uk">cllr.david.king@colchester.gov.uk</a>
St Anne's and St John's	
<b>Name:</b>	<b>Helen Chuah</b>
Contact No:	01206 865864
Email:	<a href="mailto:cllr.helen.chuah@colchester.gov.uk">cllr.helen.chuah@colchester.gov.uk</a>
<b>Name:</b>	<b>Chris Hayter</b>
Contact No:	07817 000710
Email:	<a href="mailto:cllr.chris.hayter@colchester.gov.uk">cllr.chris.hayter@colchester.gov.uk</a>
<b>Name:</b>	<b>Mike Hogg</b>
Contact No:	01206 865864
Email:	<a href="mailto:cllr.mike.hogg@colchester.gov.uk">cllr.mike.hogg@colchester.gov.uk</a>
Highwoods	
<b>Name:</b>	<b>Beverley Oxford</b>
Contact No:	01206 845545
Email:	<a href="mailto:cllr.beverley.oxford@colchester.gov.uk">cllr.beverley.oxford@colchester.gov.uk</a>
<b>Name:</b>	<b>Gerard Oxford</b>
Contact No:	01206 845545

## Colchester Borough Residents Contacts Pack

Email:	<a href="mailto:cllr.gerard.oxford@colchester.gov.uk">cllr.gerard.oxford@colchester.gov.uk</a>
<b>Name:</b>	<b>Philip Oxford</b>
Contact No:	07585 552801
Email:	<a href="mailto:cllr.philip.oxford@colchester.gov.uk">cllr.philip.oxford@colchester.gov.uk</a>
<b>Parish Councils</b>	
<b>Myland</b>	
<b>Clerk:</b>	<b>Katherine Kane</b>
Contact No:	01206 853400
Email:	<a href="mailto:clerk@mylandcommunitycouncil.gov.uk">clerk@mylandcommunitycouncil.gov.uk</a>

<b>Community Groups &amp; Volunteer's Information</b>		
<i>All information is correct as of November 2020 unless stated otherwise</i>		
Organisation	Support &/or What's Available	Contact Details
Chesterwell Community Hub	This is a group intended for residents of the Chesterwell community, where information and support are shared.	This is a private <a href="#">Facebook</a> group which you must join to access content.
Friends of New Braiswick Park	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public <a href="#">Facebook</a> group.
Friends of Northfields, Colchester	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private <a href="#">Facebook</a> group which you must join to access content.
Highwoods Colchester Community Group	This is a group for local residents offering support, general news.	This is a private <a href="#">Facebook</a> group which you must join to access content.
Hugh Dickenson Road Neighbours Mile End	This is a local noticeboard for residents of Hugh Dickson Road, Golden Dawn Way, Prior Way, Longacre, Rose Crescent and Enid Way. The group is for neighbours who are offering	This is a private <a href="#">Facebook</a> group which you must join to access content.

## Colchester Borough Residents Contacts Pack

	cooperation & support to help each other get through this together.	
Kingswood Heath Residents Group	This is a group intended for residents of the Kingswood Heath community, where information and support is shared.	This is a private <a href="#">Facebook</a> group which you must join to access content.
Mile End & Braiswick Community Hub	The group is providing up to date information for the neighbourhood, with people offering support for residents of the area.	This is a private <a href="#">Facebook</a> group which you must join to access content.
Mile End Road neighbours' group (Colchester)	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public <a href="#">Facebook</a> group.
Northern Approach Group	This is a group for residents of the Northern Approaches development, where information and support is shared.	This is a private <a href="#">Facebook</a> group which you must join to access content.
Rosewood community Group	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private <a href="#">Facebook</a> group which you must join to access content.
The gateway axial way	This is a community run group where people who reside on the Persimmon Gateway development can join discussions, ask for advice, provide information, and share local events.	This is a private <a href="#">Facebook</a> group which you must join to access content.
The Oak Tree Centre, St Anne's. Colchester	Community centre group providing information and support for residents.	This is a public <a href="#">Facebook</a> group.
Turner Rise estate community Group	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private <a href="#">Facebook</a> group which you must join to access content.

## Colchester Borough Residents Contacts Pack

### Shop Information

*All information is correct as of November 2020 unless stated otherwise*

Organisation	Contact Details	Support &/or What's Available
Dhaulagiri Asian Grocery Shop	<b>Address:</b> Store 7, Century House North, Station Road, Colchester CO1 1RE <b>Call:</b> 01206 619264	They mainly sell Asian spices and food, rice and meat.
M K News	<b>Address:</b> 28A Turner Rd, Mile End, Colchester CO4 5LB <b>Call:</b> 01206 851900	Local convenience store selling chilled and grocery food also alcohol and newspapers,
One Stop	<b>Address:</b> 1 and 2, Century House, North Station Road, Colchester CO1 1RE <b>Web:</b> <a href="https://www.onestop.co.uk/">https://www.onestop.co.uk/</a> <b>Call:</b> 01206 575712	Local convenience store selling chilled and grocery food also alcohol and newspapers.
One Stop	<b>Address:</b> 1 and 2, Century House, North Station Road, Colchester CO1 1RE <b>Call:</b> 01206 575712 <b>Web:</b> <a href="https://www.onestop.co.uk/">https://www.onestop.co.uk/</a>	Local convenience store selling chilled and grocery food also alcohol and newspapers.
St. Johns Food & Wine	<b>Address:</b> St. Johns Post Office, 291, Ipswich Rd, Colchester, CO4 0HW <b>Call:</b> 01206 855812	Local convenience store selling chilled and grocery food also alcohol and newspapers, post office also available inside.
St. Johns Food & Wine	<b>Address:</b> St. Johns Post Office, 291, Ipswich Rd, Colchester, CO4 0HW <b>Call:</b> 01206 855812	Local convenience store selling chilled and grocery food also alcohol and newspapers, post office also available inside.



## Colchester Borough Residents Contacts Pack

### Food information

*All information is correct as of November 2020 unless stated otherwise*

Organisation	Contact Details	Support &/or What's Available
Frydays Fish and chips	<b>Call:</b> 01206 868630	Are delivering food via <a href="#">Deliveroo</a> where you will find a full menu of what they have on offer. Please note you do have to check their website to see if they will deliver in your area.
The Master Chef	<b>Address:</b> 44 St Christopher Road, Colchester CO4 0NA <b>Call:</b> 01206 851665	This is a takeaway that is offering delivery within 4-mile radius £2 extra charge.

# Colchester Borough Residents Contacts Pack

## Neighbourhood 4 (Stanway, Lexden & Braiswick and Rural North)

### Important Contacts

<b>COMMUNITY RESPONSE TEAM</b>	<b>Cathy Doyle</b> <a href="mailto:Catherine.Doyle@colchester.gov.uk">Catherine.Doyle@colchester.gov.uk</a> 07970 991601	<b>Alison Turner</b> <a href="mailto:Alison.Turner@colchester.gov.uk">Alison.Turner@colchester.gov.uk</a> 07779 345688
<b>NEIGHBOURHOOD MANAGER</b>	<b>Aaron Hunter</b> 07940 021042	For additional information in regards to Neighbourhood 4 visit this <a href="#">link</a> and to find out more about your Neighbourhood Team visit this <a href="#">link</a> .
<b>DIGITAL ACCESS SUPPORT TEAM</b>	<p>For support on how to get online the team are offering over the phone and virtual 1-2-1s to assist people to communicate with friends and family using the devices they have as well as assisting people with online purchasing and using the NHS app to manage medicines, prescriptions and pharmacies, as well as any other digital or online queries you have.</p> <p>This service is bespoke to individual digital and technical needs.</p> <p>Call: 01206 282452</p> <p>Email: <a href="mailto:Digital.AccessSupport@Colchester.gov.uk">Digital.AccessSupport@Colchester.gov.uk</a></p> <p>Web: <a href="https://www.colchester.gov.uk/digitalaccesssupport/">https://www.colchester.gov.uk/digitalaccesssupport/</a></p> <p>Facebook: <a href="https://www.facebook.com/NorthEssexDigitalAccessSupportTeam">https://www.facebook.com/NorthEssexDigitalAccessSupportTeam</a></p> <p>Instagram: <a href="https://www.instagram.com/northessexdigitalaccesssupport/">https://www.instagram.com/northessexdigitalaccesssupport/</a></p> <p>Twitter: <a href="https://twitter.com/DigitalAccessNE">https://twitter.com/DigitalAccessNE</a></p>	

## Colchester Borough Residents Contacts Pack

Ward Councillors	
Rural North	
<b>Name:</b>	<b>Christopher Arnold</b>
Contact No:	07703 168125
Email:	<a href="mailto:cllr.christopher.arnold@colchester.gov.uk">cllr.christopher.arnold@colchester.gov.uk</a>
<b>Name:</b>	<b>Nigel Chapman</b>
Contact No:	01206 272908
Email:	<a href="mailto:cllr.nigel.chapman@colchester.gov.uk">cllr.nigel.chapman@colchester.gov.uk</a>
<b>Name:</b>	<b>Peter Chillingworth</b>
Contact No:	01206 240230
Email:	<a href="mailto:cllr.peter.chillingworth@colchester.gov.uk">cllr.peter.chillingworth@colchester.gov.uk</a>
Lexden and Braiswick	
<b>Name:</b>	<b>Lewis Barber</b>
Contact No:	07876 237137
Email:	<a href="mailto:cllr.lewis.barber@colchester.gov.uk">cllr.lewis.barber@colchester.gov.uk</a>
<b>Name:</b>	<b>Brian Jarvis</b>
Contact No:	01206 852563
Email:	<a href="mailto:cllr.brian.jarvis@colchester.gov.uk">cllr.brian.jarvis@colchester.gov.uk</a>
<b>Name:</b>	<b>Dennis Willets</b>
Contact No:	01206 240314
Email:	<a href="mailto:cllr.dennis.willests@colchester.gov.uk">cllr.dennis.willests@colchester.gov.uk</a>
Stanway	
<b>Name:</b>	<b>Lesley Scott-Boutell</b>
Contact No:	01206 549630
Email:	<a href="mailto:cllr.lesley.scott-boutell@colchester.gov.uk">cllr.lesley.scott-boutell@colchester.gov.uk</a>
<b>Name:</b>	<b>Fiona MacLean</b>
Contact No:	07809 229529 - Contact other Stanway Cllrs first

## Colchester Borough Residents Contacts Pack

Email:	<a href="mailto:cllr.fiona.maclean@colchester.gov.uk">cllr.fiona.maclean@colchester.gov.uk</a>
<b>Name:</b>	<b>Paul Dundas</b>
Contact No:	07885 808065
Email:	<a href="mailto:cllr.paul.dundas@colchester.gov.uk">cllr.paul.dundas@colchester.gov.uk</a>
<b>Parish Councils</b>	
<b>Aldham</b>	
<b>Chairperson:</b>	<b>Jackie Daines</b>
Contact No:	01206 242 538
Email:	<a href="mailto:jackiedaines@btinternet.com">jackiedaines@btinternet.com</a>
<b>Boxted</b>	
<b>Clerk:</b>	<b>Karen Thompson</b>
Contact No:	07971 525688
Email:	<a href="mailto:Boxtedparishcouncil@gmail.com">Boxtedparishcouncil@gmail.com</a>
<b>Chappel</b>	
<b>Clerk:</b>	<b>Helen Cook</b>
Contact No:	01206 589095
Email:	<a href="mailto:wormingford@outlook.com">wormingford@outlook.com</a>
<b>Dedham</b>	
<b>Clerk:</b>	<b>Emma Cansdale</b>
Contact No:	01255 871483
Email:	<a href="mailto:clerk@dedhamparishcouncil.co.uk">clerk@dedhamparishcouncil.co.uk</a>
<b>Eight Ash Green</b>	
<b>Clerk:</b>	<b>Katherine Kane</b>
Contact No:	07811 254163
Email:	<a href="mailto:parish.clerk@eightashgreen.com">parish.clerk@eightashgreen.com</a>
<b>Fordham</b>	
<b>Clerk:</b>	<b>George Branagh/ Kathryn Cameron</b>
Contact No:	07966 442337 / 07453 160831

## Colchester Borough Residents Contacts Pack

Email:	<a href="mailto:George.b@fordham-pc.gov.uk">George.b@fordham-pc.gov.uk</a> / <a href="mailto:clerk@fordham-pc.gov.uk">clerk@fordham-pc.gov.uk</a>
<b>Great Horkesley</b>	
<b>Clerk:</b>	<b>Penny Mutch</b>
Contact No:	07375 095486
Email:	<a href="mailto:parish-clerk@greathorkesley-pc.gov.uk">parish-clerk@greathorkesley-pc.gov.uk</a> -
<b>Great Tey</b>	
<b>Clerk:</b>	<b>David Williams</b>
Contact No:	01787 224895
Email:	<a href="mailto:greatteyparishcouncil@outlook.com">greatteyparishcouncil@outlook.com</a>
<b>Langham</b>	
<b>Clerk:</b>	<b>Carol Harbach</b>
Email:	<a href="mailto:carolharbach@hotmail.co.uk">carolharbach@hotmail.co.uk</a>
<b>Little Horkesley</b>	
<b>Clerk:</b>	<b>Joanna Petersen</b>
Contact No:	07747 803870 / 01206 273145
Email:	<a href="mailto:clerk@littlehorkesleypc.com">clerk@littlehorkesleypc.com</a>
<b>Mount Bures</b>	
<b>Clerk:</b>	<b>Liz Malvisi</b>
Contact No:	07891 018162 / 01787 374348
Email:	<a href="mailto:mountburespc@outlook.com">mountburespc@outlook.com</a>
Web:	<a href="http://mountburesparishcouncil.org.uk/">http://mountburesparishcouncil.org.uk/</a>
<b>Stanway</b>	
<b>Clerk:</b>	<b>David Lines / Amanda Ward</b>
Contact No:	01206 542221 or 07485 151248 / 07849 089527
Email:	<a href="mailto:clerk@stanwaypc.org.uk">clerk@stanwaypc.org.uk</a> / <a href="mailto:amanda.ward@stanwaypc.org.uk">amanda.ward@stanwaypc.org.uk</a>
<b>Wakes Colne</b>	
<b>Clerk:</b>	<b>Diane Jacob</b>
Contact No:	07508 787869

## Colchester Borough Residents Contacts Pack

Email:	<a href="mailto:parishclerk@wakescolne.org">parishclerk@wakescolne.org</a>
<b>West Bergholt</b>	
<b>Clerk:</b>	<b>Laura Walkinshaw</b>
Contact No:	01206 240772
Email:	<a href="mailto:westbergholtpc@gmail.com">westbergholtpc@gmail.com</a>
<b>Wormingford</b>	
<b>Clerk:</b>	<b>Helen Cook</b>
Contact No:	01206 589095
Email:	<a href="mailto:parishclerk@chappel.org">parishclerk@chappel.org</a>

### Community Groups & Volunteer Information

*All information is correct as of November 2020 unless stated otherwise*

Organisation	Support &/or What's Available	Contact Details
Aldham Parish Church Council	They have volunteers and are co-ordinating support for local residents, a WhatsApp support group for the Ford Street area has also been created.	<b>Address:</b> Marks Tey Rectory, Church Lane, CO6 1LW <b>Email:</b> <a href="mailto:ian.scott-thompson@virgin.net">ian.scott-thompson@virgin.net</a> <b>Web:</b> <a href="http://www.aldham-church.co.uk/">http://www.aldham-church.co.uk/</a>
Ardleigh and Dedham Help line	Helpline for residents of Dedham and Ardleigh.  Leave a message with your name, phone number and what you would like help with, and someone will get back to you the same day. For example, you may like help to get shopping, or a prescription, or just to have a friendly chat with someone.	<b>Call:</b> 01206 322025 <b>Email:</b> <a href="mailto:stmaryda@gmail.com">stmaryda@gmail.com</a> if you would like to volunteer
Boxted Community Hub	Are offering support for any elderly and vulnerable residents who may need help with essentials like food, prescriptions, dog walking, phone call support and meals on wheels.	<b>Address:</b> Cage Lane, Boxted, Colchester, CO4 5RE <b>Call:</b> 01206 272129 or 07488 345019 <b>Web:</b> <a href="https://the-boxted-community-hub.business.site/">https://the-boxted-community-hub.business.site/</a>

## Colchester Borough Residents Contacts Pack

Chappel and Wakes Colne Local Events and Local Matter	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private <a href="#">Facebook</a> group which you must join to access content.
Chappel and Wakes Colne Local Information	A group for residents to share useful information about events, concerns and to ask questions.	This is a public <a href="#">Facebook</a> group.
Chappel Parish Council	Are offering support for the local community including essential shopping, prescription collection and delivery.  Residents can also call if they are self-isolating and in need of urgent supplies.	<b>Call</b> Helen Cook: 01206 589095 <b>Email:</b> <a href="mailto:parishclerk@chappel.org">parishclerk@chappel.org</a> <b>Email:</b> <a href="mailto:wormingford@outlook.com">wormingford@outlook.com</a> <b>Web:</b> <a href="https://chappel.org/">https://chappel.org/</a>
Dedham Vale Voice	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public <a href="#">Facebook</a> group.
Eight Ash Green & Fordham Heath	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private <a href="#">Facebook</a> group which you must join to access content.
Eight Ash Green Community Group	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private <a href="#">Facebook</a> group which you must join to access content.
Fordham Parish Council Essex	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public <a href="#">Facebook</a> group.
Good Neighbours Langham & Boxted	Are offering an assistance and support service, which does not involve food or grocery orders and deliveries.  Each day there is a different number to call and the instructions are: Please telephone the relevant number shown for the day you are calling.	<b>Web:</b> <a href="http://www.langhamessex.org.uk/community/good-neighbours/">www.langhamessex.org.uk/community/good-neighbours/</a>
Great Horkesley and Boxted Community	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private <a href="#">Facebook</a> group which you must join to access content.

## Colchester Borough Residents Contacts Pack

<p>Great Horkesley Parish Council</p>	<p>Great Horkesley Parish Council have organised a Volunteer Support group to help anyone that is self-isolating in the village.</p> <p>If you are self-isolating due to symptoms, being high risk, age, or any other reason, they can help you for free by: Picking up food or shopping Collecting urgent supplies or medicines Posting mail Finding contacts for mental health support, financial support, animal care, social care etc.</p> <p>If you, or anyone else you know in Great Horkesley may need their help please contact them by one of the following methods so they can put you in touch with your Contact.</p>	<p><b>Call:</b> 07375095486 <b>Email:</b> <a href="mailto:parish-clerk@greathorkesley-pc.gov.uk">parish-clerk@greathorkesley-pc.gov.uk</a> This is a public <a href="#">Facebook</a> Group.</p>
<p>Great Tey - All Street / Village Matters</p>	<p>This is a community run group where people can join discussions, ask for advice, provide information, and share local events.</p>	<p>This is a public <a href="#">Facebook</a> group.</p>
<p>Kingsland Church</p>	<p>Are offering a variety of virtual activities using Zoom.</p> <p>The have activities range from an online playgroup to the Community Gospel Choir.</p> <p>Check their website to join and for more information.</p>	<p><b>Web:</b> <a href="https://kingsland.org.uk/virtual-church/">https://kingsland.org.uk/virtual-church/</a></p>
<p>Lexden and Prettygate Community Hub</p>	<p>This is a community run group where people can join discussions, ask for advice, provide information, and share local events.</p>	<p>This is a public <a href="#">Facebook</a> group.</p>
<p>Mile End and Braiswick Community Hub Colchester</p>	<p>This is a community run Facebook group where people can join discussions, ask for advice, provide information, and share local events.</p>	<p>This is a public <a href="#">Facebook</a> group.</p>
<p>St Albrights Church</p>	<p>Are supporting elderly residents by offering daily phone calls, collecting prescriptions and shopping.</p>	<p><b>Address:</b> Stanway Rectory, Church Lane, Stanway, CO3 8LR <b>Email:</b> <a href="mailto:vicar@stalbrights.org">vicar@stalbrights.org</a></p>
<p>St Andrews Church</p>	<p>Each week the church publishes a Benefice Bulletin, with details of the services in Wormingford, Mount Bures and Little Horkesley, upcoming events and points for prayer.</p>	<p><b>Call:</b> 01206 855040 <b>Email:</b> <a href="mailto:office@mylandchurch.org.uk">office@mylandchurch.org.uk</a> <b>Web:</b> <a href="https://www.wormingford.com/">https://www.wormingford.com/</a></p>



## Colchester Borough Residents Contacts Pack

Stanway Evangelical Church	Family church are there if you need them.	This is a public <a href="#">Facebook</a> group.
Stanway Parish Council	<p>They are offering help and support with collecting shopping, posting mail, urgent supplies/meal service delivery as well as a friendly phone call.</p> <p>If you would like to help others by volunteering, you can also get in contact.</p> <p>Please call Monday to Friday 9am to 5pm.</p> <p>Their group allows for sharing key information with residents as well as enabling the ability to contact them easily for assistance.</p>	<p><b>Address:</b> Victory Hall, Villa Road, Stanway, CO3 0RH</p> <p><b>Call</b> Catherine Clouston (Deputy Clerk): 01206 542221</p> <p><b>Email:</b> <a href="mailto:enquiries@stanwaypc.org.uk">enquiries@stanwaypc.org.uk</a></p> <p><b>Web:</b> <a href="http://www.stanwaypc.org.uk">www.stanwaypc.org.uk</a></p> <p>This is a public <a href="#">Facebook</a> group</p>
Stanway Residents Group	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public <a href="#">Facebook</a> group.
Stanway Ward Community - Colchester	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public <a href="#">Facebook</a> Group.
Wakes Colne Parish Council	Are offering a service where they will assist those isolating with things like collecting shopping and prescriptions.	<p><b>Call:</b> 07508 787869 Dianne Jacobs</p> <p><b>Email</b> <a href="mailto:parishclerk@wakescolne.org">parishclerk@wakescolne.org</a></p> <p><b>Web:</b> <a href="https://e-voice.org.uk/wakescolne/">https://e-voice.org.uk/wakescolne/</a></p>
West Bergholt Care Network	Are offering a service to help collect prescriptions and shopping for residents within the West Bergholt area. They can help people who are self-isolating with a range of different things, for example cutting the grass or whatever people may require.	<p><b>Call:</b> 03007773100</p> <p><b>Web:</b> <a href="http://westbergholt.net/">http://westbergholt.net/</a></p>
West Colchester Community Group	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public <a href="#">Facebook</a> .
Wormingford Parish Council	Are offering support for the local community including essential shopping, prescription collection and delivery.	<p><b>Email:</b> <a href="mailto:wormingford@outlook.com">wormingford@outlook.com</a></p> <p><b>Web:</b> <a href="https://wormingford.org/">https://wormingford.org/</a></p>

## Colchester Borough Residents Contacts Pack

	Residents can also call if they are self-isolating and in need of urgent supplies.	
--	--	--

<p><b>Shop Information</b>  <i>All information is correct as of November 2020 unless stated otherwise</i></p>
---

Organisation	Contact Details	Support &/or What's Available
Colletts Farm Shop and Dairy	<b>Address:</b> Woringford, Colchester CO6 3AU <b>Call:</b> 01787 227292 <b>Web:</b> <a href="http://www.collettsfarm.co.uk/">http://www.collettsfarm.co.uk/</a>	Convenience store selling a range of everyday essentials.
Great Horkesley Village Stores	<b>Address:</b> Great Horkesley Delivery Office, The Causeway, Great Horkesley, Colchester CO6 4BJ <b>Call:</b> 01206 272293	Convenience store selling a range of everyday essentials.
Lexden Food and News	<b>Address:</b> 16 Church Ln, Colchester CO3 4AF <b>Call:</b> 1206 766615	Convenience store selling a range of everyday essentials.
Park Street Stores and Post Office	<b>Address:</b> Park St, Stoke-by-Nayland, Stoke by Nayland CO6 4SE <b>Call:</b> 01206 262335	Convenience store selling a range of everyday essentials.
Rose's General Store	<b>Address:</b> 13 Bridge St, Bures CO8 5AD <b>Call:</b> 01787227297	Convenience store selling a range of everyday essentials.
Stanway Post Office / Convenience Store	<b>Address:</b> 277A London Road, Stanway, Colchester, Essex CO3 8LU <b>Call:</b> 01206 210626 <b>Web:</b> <a href="https://www.postoffice.co.uk/branch-finder/1091166/stanway">https://www.postoffice.co.uk/branch-finder/1091166/stanway</a>	Convenience store with a post office selling a range of everyday essentials.
Wakes Colne Shop/Post Office	<b>Address:</b> Colchester Road, Wakes Colne, Colchester, Essex CO6 2DF <b>Call:</b> 01787 222449 <b>Web:</b> <a href="http://www.postoffice.co.uk">www.postoffice.co.uk</a>	Convenience store with a post office selling a range of everyday essentials.

## Colchester Borough Residents Contacts Pack

### Food Information

*All information is correct as of November 2020 unless stated otherwise*

Organisation	Contact Details	Support &/or What's Available
Brick Kiln Farm Shop	<b>Address:</b> Brick Kiln Farm, Turkey Cock Lane, Stanway CO3 8ND <b>Call:</b> 07949 180957	Please look at the public <a href="#">Facebook</a> group for more information.
Cricketers Pub	<b>Address:</b> Spring Lane, Fordham Heath, CO3 9TG <b>Call:</b> 01206 240666 <b>Email:</b> <a href="mailto:Info@thecricketerscolchester.co.uk">Info@thecricketerscolchester.co.uk</a> <b>Web:</b> <a href="http://www.thecricketerscolchester.co.uk/index-2.html">http://www.thecricketerscolchester.co.uk/index-2.html</a>	For their menu and delivery options look on their website.
G & J Barron Farms	<b>Address:</b> Pattocks Farm, Pattocks Lane CO6 2EG <b>Call:</b> 01206 210383 <b>Email:</b> <a href="mailto:orders@barronfarms.co.uk">orders@barronfarms.co.uk</a> <b>Web:</b> <a href="https://www.barronfarms.co.uk/">https://www.barronfarms.co.uk/</a>	They are delivering fruit and vegetables Tuesday – Friday (As of November 2020).
Half Butt Inn, Great Horkesley	<b>Address:</b> Great Horkesley, Colchester, Essex CO6 4ET <b>Call:</b> 01206 616720 <b>Web:</b> <a href="https://www.thehalfbutt.co.uk/index">https://www.thehalfbutt.co.uk/index</a>	For their menu look on their website.
Langham Community Shop	<b>Address:</b> Langham Community Shop, Langham Community Centre, School Road, CO4 5PA <b>Call:</b> 01206 272431 <b>Email:</b> <a href="mailto:communityshoplangham@gmail.com">communityshoplangham@gmail.com</a> <b>Web:</b> <a href="http://www.langhamcommunityshop.org.uk/">http://www.langhamcommunityshop.org.uk/</a>	Sell a variety of produce including dairy, local and seasonal produce, fresh fruit & vegetables as well essential store cupboard items.
The Lexden Crown	<b>Address:</b> 235 Lexden Road, Colchester, CO3 4DA <b>Call:</b> 01206 548490 <b>Web:</b> <a href="http://thelexdencrown.com/">http://thelexdencrown.com/</a>	For their menu look on their website.
The Live and Let Live	<b>Address:</b> 12 Millers Lane, Colchester CO3 0PS <b>Call:</b> 01206 574071 <b>Web:</b> <a href="http://www.theliveandletlive.co.uk/">http://www.theliveandletlive.co.uk/</a>	For their menu look on their public <a href="#">Facebook</a> group.

# Colchester Borough Residents Contacts Pack

## Neighbourhood 5

(Berechurch, New Town and Christ Church, Prettygate and Shrub End)

Important Contacts		
<b>COMMUNITY RESPONSE TEAM</b>	Chrissy Henegan <a href="mailto:Chrissy.Henegan@colchester.gov.uk">Chrissy.Henegan@colchester.gov.uk</a> 07966 235791	Beth Sokhi <a href="mailto:Bethany.Sokhi@colchester.gov.uk">Bethany.Sokhi@colchester.gov.uk</a> 07971 340294
<b>NEIGHBOURHOOD MANAGER</b>	Peter Stewart 07811 348855	For additional information in regards to Neighbourhood 5 visit this <a href="#">link</a> and to find out more about your Neighbourhood Team visit this <a href="#">link</a> .
<b>DIGITAL ACCESS SUPPORT TEAM</b>	<p>For support on how to get online the team are offering over the phone and virtual 1-2-1s to assist people to communicate with friends and family using the devices they have as well as assisting people with online purchasing and using the NHS app to manage medicines, prescriptions and pharmacies, as well as any other digital or online queries you have.</p> <p>This service is bespoke to individual digital and technical needs.</p> <p>Call: 01206 282452</p> <p>Email: <a href="mailto:Digital.AccessSupport@Colchester.gov.uk">Digital.AccessSupport@Colchester.gov.uk</a></p> <p>Web: <a href="https://www.colchester.gov.uk/digitalaccesssupport/">https://www.colchester.gov.uk/digitalaccesssupport/</a></p> <p>Facebook: <a href="https://www.facebook.com/NorthEssexDigitalAccessSupportTeam">https://www.facebook.com/NorthEssexDigitalAccessSupportTeam</a></p> <p>Instagram: <a href="https://www.instagram.com/northessexdigitalaccesssupport/">https://www.instagram.com/northessexdigitalaccesssupport/</a></p> <p>Twitter: <a href="https://twitter.com/DigitalAccessNE">https://twitter.com/DigitalAccessNE</a></p>	

## Colchester Borough Residents Contacts Pack

Ward Councillors	
<b>Berechurch</b>	
<b>Name:</b>	<b>Dave Harris</b>
Contact No:	01206 545889
Email:	<a href="mailto:cllr.dave.harris@colchester.gov.uk">cllr.dave.harris@colchester.gov.uk</a>
<b>Name:</b>	<b>Chris Pearson</b>
Contact No:	01206 562020
Email:	<a href="mailto:cllr.chris.pearson@colchester.gov.uk">cllr.chris.pearson@colchester.gov.uk</a>
<b>Name:</b>	<b>Martyn Warnes</b>
Contact No:	07422 575685
Email:	<a href="mailto:cllr.martyn.warnes@colchester.gov.uk">cllr.martyn.warnes@colchester.gov.uk</a>
<b>New Town and Christ Church</b>	
<b>Name:</b>	<b>Lorcan Whitehead</b>
Contact No:	07789 224655
Email:	<a href="mailto:cllr.lorcan.whitehead@colchester.gov.uk">cllr.lorcan.whitehead@colchester.gov.uk</a>
<b>Name:</b>	<b>Nick Cope</b>
Contact No:	01206 576024
Email:	<a href="mailto:cllr.nick.cope@colchester.gov.uk">cllr.nick.cope@colchester.gov.uk</a>
<b>Name:</b>	<b>Theresa Higgins</b>
Contact No:	01206 523501 / 07881 370626
Email:	<a href="mailto:cllr.theresa.higgins@colchester.gov.uk">cllr.theresa.higgins@colchester.gov.uk</a>
<b>Prettygate</b>	
<b>Name:</b>	<b>Roger Buston</b>
Contact No:	07770 305977
Email:	<a href="mailto:cllr.roger.buston@colchester.gov.uk">cllr.roger.buston@colchester.gov.uk</a>
<b>Name:</b>	<b>Sue Lissimore</b>
Contact No:	07540 328316
Email:	<a href="mailto:cllr.sue.lissimore@colchester.gov.uk">cllr.sue.lissimore@colchester.gov.uk</a>

## Colchester Borough Residents Contacts Pack

Shrub End	
<b>Name:</b>	<b>Sam McCarthy</b>
Contact No:	07570 270630
Email:	<a href="mailto:cllr.sam.mccarthy@colchester.gov.uk">cllr.sam.mccarthy@colchester.gov.uk</a>
<b>Name:</b>	<b>Pauline Hazel</b>
Contact No:	07754 741315
Email:	<a href="mailto:cllr.pauline.hazell@colchester.gov.uk">cllr.pauline.hazell@colchester.gov.uk</a>
<b>Name:</b>	<b>Lyn Barton</b>
Contact No:	01206 766171
Email:	<a href="mailto:cllr.linda.barton@colchester.gov.uk">cllr.linda.barton@colchester.gov.uk</a>

### Community Groups & Volunteer Information

*All information is correct as of November 2020 unless stated otherwise*

Organisation	Support &/or What's Available	Contact Details
Berechurch Labour	<p>They are offering support and information via an on-line advice surgery. Appointments can be made via the Berechurch Labour Team Facebook Group.</p> <p>They are also offering to give Foodbank vouchers to residents who need help.</p>	This is a public <a href="#">Facebook</a> group.
Berechurch and area COVID - 19 community self-help group	<p>A community self-help group to coordinate assistance as and where they can to the most vulnerable in the area.</p> <p>Staying safe and following guidance and health professional advice.</p> <p>Lots of local people are offering help. (As of October 2020)</p>	This is a public <a href="#">Facebook</a> group.
Birch Glen Neighbourhood Watch	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private <a href="#">Facebook</a> group which you must join to access content.

## Colchester Borough Residents Contacts Pack

Blenheim Park Residents	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private <a href="#">Facebook</a> group which you must join to access content.
New Town, Old Heath and Hythe Mutual Aid Group - COVID 19	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public <a href="#">Facebook</a> group.

### Shop Information

*All information is correct as of November 2020 unless stated otherwise*

Organisation	Contact Details	Support &/or What's Available
Budgens	<b>Address:</b> 87 Drury Rd, Colchester CO2 7UU <b>Call:</b> 01206 575606	Convenience store selling a range of everyday essentials.
Food INC	<b>Address:</b> 66 Barrack St, Colchester CO1 2LS <b>Call:</b> 01206 868588 <b>Facebook:</b> <a href="https://www.facebook.com/foodinonline/">https://www.facebook.com/foodinonline/</a>	A supermarket, which specialises in world foods. This includes Asian, Afro-Caribbean, Middle eastern and Mediterranean foods. There is also an onsite independent halal butchery.
Hitesh Store	<b>Address:</b> 32 Berechurch Rd, Colchester CO2 7QB <b>Call:</b> 01206 572681	Convenience store selling a range of everyday essentials.
Jan & Phil's	<b>Address:</b> 83 Barrack St, Colchester CO1 2LW <b>Call:</b> 0844 507 5554	Convenience store selling a range of everyday essentials.
Londis	<b>Address:</b> 83 Barrack St, Colchester CO1 2LW <b>Call:</b> 0800 298 0758	Convenience store selling a range of everyday essentials.
News Plus	<b>Address:</b> 59-61 Barrack St, Colchester CO1 2LL <b>Phone:</b> 01206 870511	Convenience store selling a range of everyday essentials.

## Colchester Borough Residents Contacts Pack

### Food information

*All information is correct as of November 2020 unless stated otherwise*

Organisation	Contact Details	Support &/or What's Available
Crazy Chef	<b>Address:</b> 81 The Commons, Colchester CO3 4NN <b>Call:</b> 01206 514989 This is a public <a href="#">Facebook</a> group	To view the menu please visit their Facebook site.
GO4 Social Enterprises	<b>Call:</b> 07531 207677 <b>Email:</b> <a href="mailto:pepidepiter@gmail.com">pepidepiter@gmail.com</a>	GO4 Social Enterprises provides a food parcel for those families in need.
The Munch Club	<b>Email:</b> <a href="mailto:maureenpowell1952@yahoo.co.uk">maureenpowell1952@yahoo.co.uk</a> This is a private <a href="#">Facebook</a> group so you must be logged on to your account to access it.	The Munch Club provides a food parcel for those families in need.
The Prettygate Pub	<b>Address:</b> 100 The Commons, Colchester, CO3 4NW <b>Call:</b> 01206 563497 <b>Email:</b> <a href="mailto:lisa@theprettygate.com">lisa@theprettygate.com</a> This is a public <a href="#">Facebook</a> group.	Delivery is within a 1-mile radius from the pub.



# Colchester Borough Residents Contacts Pack

## Neighbourhood 6

(Wivenhoe, Old Heath & The Hythe, and Greenstead)

### Important Contacts

<b>COMMUNITY RESPONSE TEAM</b>	Siobhan McLeod <a href="mailto:Siobhan.Mcleod@colchester.gov.uk">Siobhan.Mcleod@colchester.gov.uk</a> 07966 240457	Sarah Stokes <a href="mailto:Sarah.Stokes@colchester.gov.uk">Sarah.Stokes@colchester.gov.uk</a> 07919 624426
<b>NEIGHBOURHOOD MANAGER</b>	Andy Williams 07950 862979	For additional information in regards to Neighbourhood 6 visit this <a href="#">link</a> and to find out more about your Neighbourhood Team visit this <a href="#">link</a> .
<b>DIGITAL ACCESS SUPPORT TEAM</b>	<p>For support on how to get online the team are offering over the phone and virtual 1-2-1s to assist people to communicate with friends and family using the devices they have as well as assisting people with online purchasing and using the NHS app to manage medicines, prescriptions and pharmacies, as well as any other digital or online queries you have.</p> <p>This service is bespoke to individual digital and technical needs.</p> <p>Call: 01206 282452</p> <p>Email: <a href="mailto:Digital.AccessSupport@Colchester.gov.uk">Digital.AccessSupport@Colchester.gov.uk</a></p> <p>Web: <a href="https://www.colchester.gov.uk/digitalaccesssupport/">https://www.colchester.gov.uk/digitalaccesssupport/</a></p> <p>Facebook: <a href="https://www.facebook.com/NorthEssexDigitalAccessSupportTeam">https://www.facebook.com/NorthEssexDigitalAccessSupportTeam</a></p> <p>Instagram: <a href="https://www.instagram.com/northessexdigitalaccesssupport/">https://www.instagram.com/northessexdigitalaccesssupport/</a></p> <p>Twitter: <a href="https://twitter.com/DigitalAccessNE">https://twitter.com/DigitalAccessNE</a></p>	

## Colchester Borough Residents Contacts Pack

### Ward Councillors

#### Greenstead

<b>Name:</b>	<b>Tina Bourne</b>
Contact No:	07837 735165
Email:	<a href="mailto:cllr.tina.bourne@colchester.gov.uk">cllr.tina.bourne@colchester.gov.uk</a>
<b>Name:</b>	<b>Julie Young</b>
Contact No:	07905 403188
Email:	<a href="mailto:cllr.julie.young@colchester.gov.uk">cllr.julie.young@colchester.gov.uk</a>
<b>Name:</b>	<b>Tim Young</b>
Contact No:	07949 066915
Email:	<a href="mailto:cllr.tim.young@colchester.gov.uk">cllr.tim.young@colchester.gov.uk</a>

#### Wivenhoe

<b>Name:</b>	<b>Mark Cory</b>
Contact No:	07988 800301
Email:	<a href="mailto:cllr.mark.cory@colchester.gov.uk">cllr.mark.cory@colchester.gov.uk</a>
<b>Name:</b>	<b>Cyril Liddy</b>
Contact No:	01206 825276
Email:	<a href="mailto:cllr.cyril.liddy@colchester.gov.uk">cllr.cyril.liddy@colchester.gov.uk</a>
<b>Name:</b>	<b>Andrea Luxford-Vaughan</b>
Contact No:	01206 822097
Email:	<a href="mailto:cllr.andrea.luxfordvaughan@colchester.gov.uk">cllr.andrea.luxfordvaughan@colchester.gov.uk</a>

#### Old Heath and Hythe

<b>Name:</b>	<b>Adam Fox</b>
Contact No:	07790 099940
Email:	<a href="mailto:cllr.adam.fox@colchester.gov.uk">cllr.adam.fox@colchester.gov.uk</a>
<b>Name:</b>	<b>Mike Lilley</b>
Contact No:	01206 576024 / 07776 257891
Email:	<a href="mailto:cllr.mike.lilley@colchester.gov.uk">cllr.mike.lilley@colchester.gov.uk</a>

## Colchester Borough Residents Contacts Pack

<b>Name:</b>	<b>Lee Scordis</b>
Contact No:	07947 541573
Email:	<a href="mailto:cllr.lee.scordis@colchester.gov.uk">cllr.lee.scordis@colchester.gov.uk</a>
<b>Parish Councils</b>	
<b>East Donyland Parish Council - serving Rowhedge</b>	
<b>Clerk:</b>	<b>Elizabeth Nelson-Hayes</b>
Contact No:	01206 729200
Email:	<a href="mailto:info@eastdonylandpc.co.uk">info@eastdonylandpc.co.uk</a>
<b>Wivenhoe Town Council</b>	
<b>Name:</b>	<b>Jo Beighton-Emms</b>
Contact No:	07738 493524
Email:	<a href="mailto:townclerk@wivenhoe.gov.uk">townclerk@wivenhoe.gov.uk</a>

<b>Community Groups &amp; Volunteer Information</b>		
<i>All information is correct as of November 2020 unless stated otherwise</i>		
Organisation	Support &/or What's Available	Contact Details
Rowhedge COVID-19 Support	This group has been set up to support those self-isolating in order to pick up shopping, post mail, have a friendly phone call, get urgent supplies, medicines delivered and any other help that they can offer.	This is a private <a href="#">Facebook</a> group which you must join to access content.
Rowhedge Village	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a public <a href="#">Facebook</a> group.
Rowhedge Wharf Bloor/Hills "residents" Development Group	This is a community run group where people can join discussions, ask for advice, provide information, and share local events.	This is a private <a href="#">Facebook</a> group which you must join to access content.

## Colchester Borough Residents Contacts Pack

Wimpole Road Methodist Church	They are providing information and support via their blog as well as online services. If you would like a chat you can also contact them.	<b>Address:</b> 47 Wimpole Road, Colchester CO1 2DL <b>Call:</b> 07847 846292 <b>Email:</b> <a href="mailto:wimpoleroadmc@gmail.com">wimpoleroadmc@gmail.com</a> <b>Website:</b> <a href="https://wimpoleroadchurch.org.uk/">https://wimpoleroadchurch.org.uk/</a> This is the link to their <a href="#">blog</a> .
Wivenhoe Mutual aid	A network of local volunteers are able to deliver essentials, give you a call and walk your dog.	<b>Call:</b> 01206 657685 or 07394 910486 <b>Email:</b> <a href="mailto:HelpWiv@gmail.com">HelpWiv@gmail.com</a> This is a public <a href="#">Facebook</a> .

### Shop Information

*All information is correct as of November 2020 unless stated otherwise*

Organisation	Contact Details	Support &/or What's Available
J Burgess & Sons Ltd	<b>Address:</b> 197 Old Heath Rd, Colchester CO2 8AY <b>Call:</b> 01206 795929 <b>Web:</b> <a href="http://www.jburgessandsons.co.uk/">http://www.jburgessandsons.co.uk/</a>	Fresh and locally grown produce supplied and delivered in Colchester.
Premier	<b>Address:</b> Bridge House, Hythe Quay, Colchester CO2 8JB <b>Call:</b> 01206 866339 <b>Web:</b> <a href="https://www.premier-stores.co.uk/">https://www.premier-stores.co.uk/</a>	Convenience store selling alcohol, cigarettes, bread, milk, food etc.
Starry Mart	<b>Address:</b> 143 Caelum Dr, Colchester, CO2 8FN <b>Call:</b> 01206 865438 <b>Web:</b> <a href="https://starrymart.co.uk/">https://starrymart.co.uk/</a>	A convenience store offering Chinese, Japanese, Korean, Indonesian, Malaysian, Singapore, Vietnamese, Filipino and Thai Cuisines.
The Willows Convenience Store	<b>Address:</b> 14 The Willows, Colchester CO2 8PZ <b>Call:</b> 01206 547156 <b>Web:</b> <a href="https://thewillowsstore.wixsite.com/website">https://thewillowsstore.wixsite.com/website</a>	A local convenience store selling, alcohol, takeaway coffee, sweets, crisps etc.
The Wivenhoe Fish Company	<b>Address:</b> 80 Ernest Rd, Wivenhoe, Colchester CO7 9LQ <b>Call:</b> 07513761181 <b>Web:</b> <a href="http://www.thewivenhoefishcompany.co.uk/">http://www.thewivenhoefishcompany.co.uk/</a>	We are providers of locally caught, and locally sourced fresh and frozen fish, and seafood as well as providing seafood platters to order for our customers.

## Colchester Borough Residents Contacts Pack

Village Deli	<p><b>Address:</b> 4 High St, Wivenhoe, Colchester CO7 9BJ  <b>Call:</b> 01206 822824  <b>Web:</b> <a href="http://www.wivdeli.co.uk/">http://www.wivdeli.co.uk/</a></p>	The cafe serves teas, coffees, cakes and home-made, light lunches. The deli offers cheeses, wines, spirits, local beers, fresh bread and local, free-range meats. We also sell some of our home-made produce in the deli such as humous, coleslaw, pâtés and soups.
Wivenhoe Butchers	<p><b>Address:</b> Unit 20, Wivenhoe Business Centre, Wivenhoe, Colchester CO7 9DP  <b>Call:</b> 07984420925  <b>Web:</b> <a href="https://m.facebook.com/wivenhoebutcher/">https://m.facebook.com/wivenhoebutcher/</a></p>	Outdoor reared, grass-fed, ethical, local meats brought to Wivenhoe. Homemade sausages, charcuterie, pies, freezer food and more.

### Food Information

*All information is correct as of November 2020 unless stated otherwise*

Organisation	Contact Details	Support &/or What's Available
GO4 Enterprises: Café on the Rec:	<p><u>Café on the Rec:</u>  <b>Address:</b> Recreation Park, near the basketball pitch, dog agility and exercise equipment, CO1 2HE  <b>Call:</b> 07581 135091  <b>Web:</b> <a href="https://www.go4enterprises.org/">https://www.go4enterprises.org/</a>                      This is a public <a href="#">Facebook</a> group.</p>	Are an emergency point where they are collecting as well as donating food products to create food parcels for those in need. Donations can be left onsite at the cafe or collected from the cafe team. Providing a food delivery service to the most vulnerable residents on Old Heath & Hythe.
The Filling Station at Greenstead Community Centre	<p><b>Call:</b> 07967 550167  <b>Email:</b> <a href="mailto:info@saintycateringsolutions.co.uk">info@saintycateringsolutions.co.uk</a>  <b>Web:</b> <a href="http://www.greensteadcommunitycentre.org.uk/cafe/">http://www.greensteadcommunitycentre.org.uk/cafe/</a></p>	The Filling Station café is run by Sainty Catering Solutions who provides a variety of hot and cold food Monday to Friday 8:30am-2:30pm.

# Colchester Borough Residents Contacts Pack

## Colchester Boroughwide

To access all of the Neighbourhood links and information on Colchester Borough Council's website please click [here](#) or visit: <https://www.colchester.gov.uk/info/category/?id=neighbourhood-teams>

<b>Boroughwide Contacts</b> <i>All information is correct as of November 2020 unless stated otherwise</i>		
<b>Age Concern Colchester &amp; North East Essex</b>	Contact No:	01206 368420
	Email / Web:	<a href="mailto:communitycare@ageconcerncolchester.org.uk">communitycare@ageconcerncolchester.org.uk</a> <a href="https://www.ageconcerncolchester.org.uk/">https://www.ageconcerncolchester.org.uk/</a>
	Support available:	<p>A local independent charitable company providing services and support for older people in the Colchester area such as telephone befriending service, as well as advice and information.</p> <ul style="list-style-type: none"><li>• Call and select option 1 for care, food, or medical needs. They have adjusted their approach considering COVID-19 and supplied a call centre team who can provide practical guidance for those who are struggling with food, medical supplies and who have unmet care needs in their home.</li><li>• Call and select option 2 for bereavement support.</li><li>• Call and select option 3 to link to a befriender.</li><li>• Call and select option 4 for help with forms and advice.</li><li>• Call and select option 5 for dementia support, speak to an advisor who can guide you through some practical hints and tips to try and help at this time</li></ul>
<b>Essex Wellbeing Service</b>	Contact No:	0300 303 9988
	Email / Web:	<a href="http://www.essexwellbeingservice.co.uk">www.essexwellbeingservice.co.uk</a>
	Support available:	Supports people in the community and at work with a range of health, wellbeing, and welfare needs. They help people access information and support to stay healthy, safe, and well from help to quit smoking to supporting families adapt to 'new normal'.

## Colchester Borough Residents Contacts Pack

		They also coordinate requests and referrals for support and connect them to our volunteers.
<b>Mutual Aid</b>	Email / Web:	<a href="https://covidmutualaid.org/resources/">https://covidmutualaid.org/resources/</a>
	Support available:	COVID-19 Mutual Aid UK is a group of volunteers supporting local community groups organising mutual aid throughout the COVID-19 outbreak in the UK.  They focus on providing resources and connecting people to their nearest local groups, willing volunteers and those in need.
<b>Homeless Charities Contacts</b>	<b>Name:</b>	<b>Beacon House</b>
	Contact No:	01206 761960
	Web:	<a href="https://beaconhouseministries.org.uk/">https://beaconhouseministries.org.uk/</a>
	<b>Name:</b>	<b>Colchester Night Shelter</b>
	Contact No:	01206 549885
	Web:	<a href="http://colchesternightshelter.org.uk/">http://colchesternightshelter.org.uk/</a>
	<b>Name:</b>	<b>Streetlink</b>
	Web:	<a href="https://www.streetlink.org.uk/">https://www.streetlink.org.uk/</a>
	<b>Name:</b>	<b>Open Door</b>
Contact No:	07934 907998	
Email / Web:	<a href="mailto:hello@opendoorcolchester.co.uk">hello@opendoorcolchester.co.uk</a> <a href="https://www.opendoorcolchester.co.uk/">https://www.opendoorcolchester.co.uk/</a>	
<b>Essex Police</b>	Contact No:	101 or 999
<b>Essex Fire &amp; Rescue</b>	Contact No:	999
<b>East of England Ambulance</b>	Contact No:	999
<b>ECC Schools/Education Queries</b>	Contact No:	03457 430 430
	Email:	<a href="mailto:contact@essex.gov.uk">contact@essex.gov.uk</a>
<b>Domestic Abuse Support</b>	<b>Name:</b>	<b>Compass (24/7 Helpline)</b>
	Contact No:	0330 333 7444
	<b>Name:</b>	<b>Next Chapter (Colchester)</b>
	Contact No:	01206 500585
	<b>Name:</b>	<b>National Centre for Domestic Violence</b>

## Colchester Borough Residents Contacts Pack

	Contact No:	Call 0800 970 2070 or Text "NCDV" to 60777
	Web:	<a href="https://www.ncdv.org.uk/">https://www.ncdv.org.uk/</a>
	<b>Name:</b>	<b>National Domestic Abuse Helpline</b>
	Contact No:	0808 2000 24
	<b>Name:</b>	<b>Essex Police</b>
	Web:	<a href="https://www.essex.police.uk/advice/advice-and-information/daa/domestic-abuse/">https://www.essex.police.uk/advice/advice-and-information/daa/domestic-abuse/</a>
	Contact No:	999
<b>Childline</b>	Contact No:	0800 1111 (Helpline number)
	Web:	<a href="https://www.childline.org.uk/">https://www.childline.org.uk/</a>
	Support available:	Have tips and support on how to cope with the current situation as well as calming activities.
<b>LiveWell</b>	Web:	<a href="https://www.livewellcampaign.co.uk/">https://www.livewellcampaign.co.uk/</a>
	Support available:	Provide information about all that is on offer in Essex to improve health and wellbeing.
<b>MacMillan</b>	Contact No:	01206 745347
	Web:	<a href="https://www.macmillan.org.uk/coronavirus">https://www.macmillan.org.uk/coronavirus</a> <a href="https://www.macmillan.org.uk/get-involved/campaigns/telephone-buddies">https://www.macmillan.org.uk/get-involved/campaigns/telephone-buddies</a>
	Support available:	Telephone buddy support service, weekly phone calls from your Telephone Buddy. Sign up to register your interest on the website.
<b>St Helena Hospice Single Point 24/7 helpline.</b>	Contact No:	01206 890360
	Support available:	Support and advice relating to end of life.
<b>Action on Hearing Loss</b>	Contact No:	07442 538939 Information Line call: 0808 8080 0123 or Text: 0808 8080 9000
	Email:	<a href="mailto:Angela.Baker@hearingloss.org.uk">Angela.Baker@hearingloss.org.uk</a> or <a href="mailto:information@hearingloss.org.uk">information@hearingloss.org.uk</a>
	Web:	<a href="http://www.actionhearingloss.org.uk">www.actionhearingloss.org.uk</a>



## Colchester Borough Residents Contacts Pack

	Support available:	Free support service. Working hearing aids are essential when communicating with loved ones over the phones or receiving the news over the TV or radio for those that are encouraged to self-isolate that have hearing aids. If have hearing loss/tinnitus, are worried about your hearing/hearing aids, are adjusting to hearing aids, are uncertain where to obtain batteries and new tubes, not sure how to retube you can contact Angie.
<b>Essex Sight</b>	Contact No:	01206 548196 (This is a helpline)
	Web:	<a href="https://www.essexsight.org.uk/">https://www.essexsight.org.uk/</a>
	Email:	<a href="mailto:services@essexsight.org.uk">services@essexsight.org.uk</a>
	Support available:	Essex Blind Charity has been caring for the blind and visually impaired of Essex since the 1920s. Their aim is to deliver a range of excellent support services to visually impaired people in Essex and the adjacent East London Boroughs.

### Colchester Borough Homes Information

*All information is correct as of November 2020 unless stated otherwise*

#### THIS INFORMATION IS ONLY RELEVANT FOR TENANTS OF COLCHESTER BOROUGH HOMES

<b>Community Housing Officer's</b>	<b>Locality:</b>	<b>Old Heath / Tiptree</b>
	Name:	Amanda Mayhew
	Contact No:	01206 282736
	<b>Locality:</b>	<b>Greenstead East</b>
	Name:	Jane Graham-Watson
	Contact No:	01206 505347
	<b>Locality:</b>	<b>Berechurch / New Town</b>
	Name:	Emma Schofield
	Contact No:	01206 506427
	<b>Locality</b>	<b>Greenstead West</b>
	Name:	Rob Ward
	Contact No:	01206 506691
<b>Locality:</b>	<b>St Anne's / Mile End / Highwoods</b>	

## Colchester Borough Residents Contacts Pack

	Name:	Karen Green
	Contact No:	01206 506023
	<b>Locality:</b>	<b>Rural North/Castle/Lexden</b>
	Name:	Michelle Longhurst
	Contact No:	01206 508091
	<b>Locality:</b>	<b>Mersea &amp; Pyefleet / Prettygate / Stanway / Wivenhoe</b>
	Name:	Julie Prior
	Contact No:	01206 506595
	<b>Locality:</b>	<b>Shrub End and Marks Tey</b>
	Name:	Rachel Bushell
	Contact No:	01206 508771

### Community Groups & Volunteer Information

*All information is correct as of November 2020 unless stated otherwise*

Organisation	Support &/or What's Available	Contact Details
<b>British Red Cross</b>	Are there for you if you need them, they believe that it is kindness that will keep us together.	<b>Web:</b> <a href="https://reserves.redcross.org.uk/">https://reserves.redcross.org.uk/</a>
<b>Colchester's Anti Loo Roll Brigade</b>	This group has been put together by Peter Dutch to help local people reach out for whatever they may need, and members of public will help as they can.	This is a public <a href="#">Facebook</a> group
<b>Colchester business advertisements</b>	This group is for anyone to join and support businesses around Colchester. Follow their deals, offers, availability and to advertise your own businesses, please invite friends and family to follow for support, this is a great way to boost our businesses to success.	This is a public <a href="#">Facebook</a> group
<b>Colchester Community Mask / Face Covering Tree</b>	The community group has set this up to provide masks for those that need them. A small donation can be made at the tree's location.	This is a public <a href="#">Facebook</a> group

## Colchester Borough Residents Contacts Pack

<b>Colchester Community, News &amp; Events</b>	Are reposting advice from both the NHS and Government as well as reposting anything that local businesses may be offering.	This is a public <a href="#">Facebook</a> group
<b>Colchester Community Volunteer Group</b>	This group is for helping the community with local volunteers.	This is a public <a href="#">Facebook</a> group
<b>Colchester For Fogies and Old Farts MK II</b>	A mixed community Facebook group for the Colchester area and is aimed at older people offering information and support.	This is a private <a href="#">Facebook</a> group which you must join to access content.
<b>Colchester Gateway</b>	They are continuing to support people with learning disabilities and their families during lockdown. They are putting art challenges on their Facebook group as well as sharing information. They are also hosting Facebook lives including quizzes and music.	<b>Address:</b> Wilson Marriage Centre Barrack Street, CO1 2LR <b>Web:</b> <a href="http://www.colchestergatewayclubs.org/">http://www.colchestergatewayclubs.org/</a> This is a public <a href="#">Facebook</a> group.
<b>Community-360</b>	Have a team of volunteers, along with other services, they are able to help you with food provision, signposting and many other areas for those who find themselves in need.	<b>Call:</b> 01206 505250 <b>Email:</b> <a href="mailto:information@community360.org.uk">information@community360.org.uk</a> <b>Web:</b> <a href="https://www.community360.org.uk/">https://www.community360.org.uk/</a> This is a public <a href="#">Facebook</a> group.
<b>Essex Coronavirus Action Support</b>	A space for Essex residents to connect and discuss a variety of issues during the Coronavirus / Covid-19 outbreak.	This is a public <a href="#">Facebook</a> group.
<b>Gracious Givers for Golden agers</b>	A community Facebook group created to help the elderly in and around Colchester with shopping, meals or to pick up a prescription.	This is a public <a href="#">Facebook</a> group.
<b>Health Service Discounts</b>	Information for Health workers detailing about lots of business posting things like free coffee for NHS workers and discounts in supermarkets.	This is a public <a href="#">Facebook</a> group, that you do have to sign up for.
<b>It all happens in Colchester</b>	This is an open access group whereby you can find out lots of information about what's going on in Colchester.	This is a public <a href="#">Facebook</a> group.
<b>Let's Talk Colchester!</b>	On this group you may find information that is community related for example, businesses may post about offers of free delivery / takeaways.	This is a public <a href="#">Facebook</a> group.
<b>Neighbours Information</b>	A Facebook group to provide local information and support in the local communities, paying attention to their neighbours.	This is a public <a href="#">Facebook</a> group.

## Colchester Borough Residents Contacts Pack

<b>Colchester Essex (NICE)</b>		
<b>NextDoor</b>	<p>A social network which aims to bring neighbours closer together, encouraging social interaction as well as making people aware of crime in their area.</p> <p>To join every neighbour must use their real name and verify their address.</p>	Web: <a href="https://nextdoor.co.uk/">https://nextdoor.co.uk/</a>
<b>North Colchester's Men Shed Facebook Group</b>	A dynamic group of men who share a common goal in supporting one another, learn new skills together and grow old disgracefully.	This is a private <a href="#">Facebook</a> group, which you must join to access content.
<b>Salvation Army</b>	They have daily affirmations and support on their website.	<p><b>Address:</b> Butt Road, Colchester, CO3 3DA</p> <p><b>Web:</b> <a href="https://www.salvationarmy.org.uk/colchester-citadel">https://www.salvationarmy.org.uk/colchester-citadel</a></p>
<b>The Prayer Shelter</b>	<p>This is a place where anyone can come for prayer and feel supported and safe without being judged, give thanks to god for everything and all that he gives us.</p> <p>A space for sharing testimonies, scripture, church events, services and much more.</p>	This is private <a href="#">Facebook</a> group which you must join to access content.
<b>Warm &amp; Toasty Club</b>	<p>Is a unique life-affirming intergenerational community group working in music, arts and history with people over 60.</p> <p>Watch live videos such as singing performances via the Facebook group.</p>	<p><b>Email:</b> <a href="mailto:thewarmandtoastyclub@gmail.com">thewarmandtoastyclub@gmail.com</a></p> <p>This is a public <a href="#">Facebook</a> group.</p>

## Colchester Borough Residents Contacts Pack

### Food Bank Information

*All information is correct as of November 2020 unless stated otherwise.*

Organisation	Support &/or What's Available	Contact Details
Colchester Food Bank	<p>Open Monday to Saturday: 10am to 2pm (Sunday - Closed)</p> <p>The process for obtaining a food voucher is: Residents contact a referral agency, who will then take some basic details to complete the voucher application.</p> <p>This will help to identify the cause of the crisis and offer practical guidance. It also means they can prepare suitable emergency food for the right number of people.</p> <p>Once someone has been issued with a voucher, they can exchange this for three days of emergency food at their nearest foodbank centre.</p> <p>The latest version of the Community Response Pack which can be found via <a href="#">Colchester Borough Council website</a>, will provide you with full information on what is available.</p>	<p><b>Website:</b> <a href="https://colchester.foodbank.org.uk/">https://colchester.foodbank.org.uk/</a></p> <p><b>Email:</b> <a href="mailto:info@colchester.foodbank.org.uk">info@colchester.foodbank.org.uk</a></p> <p><b>Phone:</b> 01206 621 998</p> <p><b>Address:</b> 33 Moorside Business Park (Off East Hill, past Rollerworld onto the Moorside Estate), Moorside, Colchester CO1 2ZF</p>

### Other Food Provision Providers

Organisation	Support &/or What's Available	Contact Details
Tiptree Churches Food Bank	Supporting those in need within Tiptree, Tolleshunt Knights, Messing, Inworth and Great Braxted	<p>Please contact The Revd Annee-Marie Renshaw</p> <p><b>Email:</b> <a href="mailto:amlrenshaw@btinternet.com">amlrenshaw@btinternet.com</a></p>
The Munch Club	New clients will need proof of Universal Credit or low income. Colchester.	<p><b>Phone:</b> 07974 113341</p> <p><b>Email:</b> <a href="mailto:maureenpowell1952@yahoo.co.uk">maureenpowell1952@yahoo.co.uk</a></p>
GO4 Social Enterprises	New clients will need proof of Universal Credit or low income. Colchester.	<p><b>Phone:</b> 07531 207677</p> <p><b>Email:</b> <a href="mailto:pepidepiter@gmail.com">pepidepiter@gmail.com</a></p>

## Colchester Borough Residents Contacts Pack

West Mersea Porch Pantry	Supporting West Mersea residents	<b>Phone:</b> 07593 429114 <b>Email</b> <a href="mailto:admin@freshsalt.uk">admin@freshsalt.uk</a>
--------------------------	----------------------------------	---

<p><b>General Supermarket Information</b>  <i>All information is correct as of November 2020 unless stated otherwise</i></p>
--

Organisation	Support &/or What's Available	Contact Details
Aldi	Due to changing circumstances please view the website for information relating to your store's health and hygiene measures, click and collect and opening times.	<b>Web:</b> <a href="http://www.aldi.co.uk/">www.aldi.co.uk/</a>
Asda	Due to changing circumstances please view the website for information relating to your store's health and hygiene measures, click and collect and opening times.	<b>Web:</b> <a href="https://www.asda.com/">https://www.asda.com/</a>
CO-OP	Due to changing circumstances please view the website for information relating to your store's health and hygiene measures, click and collect and opening times.	<b>Web:</b> <a href="https://www.coop.co.uk/">https://www.coop.co.uk/</a>
Iceland	Due to changing circumstances please view the website for information relating to your store's health and hygiene measures, click and collect and opening times.	<b>Web:</b> <a href="https://www.iceland.co.uk/">https://www.iceland.co.uk/</a>
John Lewis and Waitrose	<p>Due to changing circumstances please view the website for information relating to your store's health and hygiene measures, click and collect and opening times.</p> <p>They are also providing a card service that can be purchased on-line, the website will give you more details.</p>	<b>Web:</b> <a href="https://www.waitrose.com/">https://www.waitrose.com/</a>
Lidl	Due to changing circumstances please view the website for information relating to your store's health and hygiene measures, click and collect and opening times.	<b>Web:</b> <a href="https://www.lidl.co.uk/">https://www.lidl.co.uk/</a>
Marks and Spencer	<p>Due to changing circumstances please view the website for information relating to your store's health and hygiene measures, click and collect and opening times.</p> <p>They are also offering a service which allows you to reserve a shopping slot, to find out more visit their website.</p>	<b>Web:</b> <a href="https://www.marksandspencer.com/">https://www.marksandspencer.com/</a> <a href="https://www.marksandspencer.com/c/book-and-shop">https://www.marksandspencer.com/c/book-and-shop</a>

## Colchester Borough Residents Contacts Pack

Morrisons	<p>Due to changing circumstances please view the website for information relating to your store's health and hygiene measures, click and collect and opening times.</p> <p>They are also providing a food box service to find out more visit their website.</p>	<p><b>Web:</b> <a href="https://groceries.morrisons.com/webshop/startWebshop.do">https://groceries.morrisons.com/webshop/startWebshop.do</a></p> <p><a href="https://www.morrisons.com/food-boxes/">https://www.morrisons.com/food-boxes/</a></p>
Sainsbury's	<p>Due to changing circumstances please view the website for information relating to your store's health and hygiene measures, click and collect and opening times.</p> <p>They are also offering a delivery pass service where you can pay an upfront fee and then pay no delivery charge on your online grocery orders for the next 3, 6 or 12 months, for more information visit their website.</p>	<p><b>Web:</b> <a href="https://www.sainsburys.co.uk/">https://www.sainsburys.co.uk/</a></p> <p><a href="https://help.sainsburys.co.uk/help/delivery-collection/what-is-delivery-pass">https://help.sainsburys.co.uk/help/delivery-collection/what-is-delivery-pass</a></p>
Shopping Slot	Free site that enables you to search for available home delivery slots.	<b>Web:</b> <a href="https://shoppingslot.co.uk/">https://shoppingslot.co.uk/</a>
Tesco	Due to changing circumstances please view the website for information relating to your store's health and hygiene measures, click and collect and opening times.	<b>Web:</b> <a href="https://www.tesco.com/">https://www.tesco.com/</a>

### Shop and Food Delivery Information

*All information is correct as of November 2020 unless stated otherwise*

Organisation	Support &/or What's Available	Contact Details
Allen & Son Butchers	They have a delivery service of fresh meat in Colchester and surrounding areas Monday to Friday.	<p><b>Address:</b> 13 St Botolph's Street, CO2 7DU</p> <p><b>Call:</b> 01206 573443</p> <p>There is a public <a href="#">Facebook</a> group.</p>
Anglia Produce	<p>Are delivering fresh vegetables and fruit, as well as some store cupboard items.</p> <p>Visit the website for a full list of produce on offer.</p>	<p><b>Address:</b> Anglia Produce Limited, Foxash Estate, Harwich Road, Lawford, Essex, CO11 2LR</p> <p><b>Call:</b> 01206 233471</p>

## Colchester Borough Residents Contacts Pack

		<b>Email:</b> <a href="mailto:sales@angliaproduce.com">sales@angliaproduce.com</a> or <a href="mailto:homedeliveries@angliaproduce.com">homedeliveries@angliaproduce.com</a> <b>Web:</b> <a href="http://angliaproduce.com/">http://angliaproduce.com/</a>
Birchwood Farm Shop	<p>A variety of fruit and vegetable boxes available for more information visit their Facebook group.</p> <p>Visit the Facebook group for a full list of products available.</p>	<b>Address:</b> Birchwood Road, CO7 6HX <b>Call:</b> 01206 323797 This is a public <a href="#">Facebook</a> group.
Direct Meats	Delivers meats and store cupboard items, for more information visit their website.	<b>Address:</b> Direct Meats, Knights Farm, Swan Street, Chappel, CO6 2EE <b>Call:</b> 01787 223364 <b>Web:</b> <a href="http://www.directmeats.co.uk/">http://www.directmeats.co.uk/</a> and <a href="https://directmeats-foodstore.co.uk/">https://directmeats-foodstore.co.uk/</a>
Fairfield Farm	Are delivering a Vegetable Box which includes a variety of seasonal vegetables, for more information visit their website.	<b>Address:</b> Fordham Road, Wormingford, CO6 3AQ <b>Call:</b> 01026 241613 <b>Web:</b> <a href="https://fairfieldsfarmcrisps.co.uk/">https://fairfieldsfarmcrisps.co.uk/</a>
Heinz Beans	Are offering the Essentials Bundle which consists of a variety of beans, soup and hoops, for £10. Visit the website for a full list of products available.	<b>Call:</b> 0116 235 5000 <b>Web:</b> <a href="http://www.heinztohome.co.uk">www.heinztohome.co.uk</a>
Isolation Deliveries	The purpose of this site is to support you at home and struggling to get a delivery slot with a Supermarket. This includes a list of business that are delivering food in Colchester who provide you a range of groceries.	<b>Call:</b> 0330 6061467 <b>Email:</b> <a href="mailto:info@isolationdeliveries.co.uk">info@isolationdeliveries.co.uk</a> <b>Web:</b> <a href="https://www.isolationdeliveries.co.uk/">https://www.isolationdeliveries.co.uk/</a>
Jack & Toms Isolation Essentials	Are offering a variety of food packages for delivery, these can include meat, veg and fruit. For a full list of what is on offer visit their Facebook group.	<b>Call:</b> 07706 160862 <b>Web:</b> <a href="https://isolationessentials.uk/">https://isolationessentials.uk/</a> This is a public <a href="#">Facebook</a> group.
J Burgess and Sons	<p>Are a local greengrocer who are delivering produce.</p> <p>Visit the website_ for a full list of products available.</p>	<b>Address:</b> 197 Old Heath Road, CO2 8AY <b>Call:</b> 01206 795929 <b>Email:</b> <a href="mailto:burgessfruit@hotmail.co.uk">burgessfruit@hotmail.co.uk</a> <b>Web:</b> <a href="https://www.jburgessandsons.co.uk/">https://www.jburgessandsons.co.uk/</a> This is a public <a href="#">Facebook</a> group.



## Colchester Borough Residents Contacts Pack

John Coleman Butchers	Delivery of Meat, Fresh fruit & Veg, Bread, Milk & Eggs, subject to availability. Delivery in a 10-mile radius of Boxted shop.	<b>Address:</b> Langham Road, Boxted, Colchester, CO4 5HU <b>Call:</b> 01206 272270 <b>Email:</b> <a href="mailto:jcwbonline@btconnect.com">jcwbonline@btconnect.com</a> <b>Web:</b> <a href="http://www.johncolemanbutchers.co.uk/">www.johncolemanbutchers.co.uk/</a> This is a public <a href="#">Facebook</a> group
Layer Marney Lamb	Have a variety of meats available for delivery.  Visit the website for a full list of products available.	<b>Address:</b> Unit 1 Heath Rd, Stanway, CO3 0QR <b>Call:</b> 01206 331179 or 07976 225965 <b>Email:</b> <a href="mailto:layermarneylamb@msn.com">layermarneylamb@msn.com</a> <b>Web:</b> <a href="https://www.layermarneylamb.co.uk/">https://www.layermarneylamb.co.uk/</a>
Norwegian Bakers	A tiny bakery located in Wivenhoe offering delivery of authentic Norwegian and 100% vegan bakes. Visit the website for more information.	<b>Address:</b> Brook street, CO79DP Wivenhoe <b>Web:</b> <a href="http://www.norwegianbakers.com">www.norwegianbakers.com</a>
Raynor's Fresh Food Delivery	They are delivering fresh fruit & veg boxes to your doorstep in their own fleet of refrigerated vans. Visit the website for a full list of products available.	<b>Call:</b> 01245 353249 <b>Web:</b> <a href="http://www.freshfooddeliveries.co.uk/">www.freshfooddeliveries.co.uk/</a> This is a public <a href="#">Facebook</a> group.
Sonali Indian Takeaway	Offering freshly prepared Indian meals for collection and delivery. Minimum order of £12. They deliver to CO1, CO2, CO3 and CO4 postcodes. For their menu look on their website.	<b>Address:</b> 22 East Hill, Colchester CO1 2QX <b>Call:</b> 01206 867000 <b>Web:</b> <a href="http://www.sonaliindian.com/">http://www.sonaliindian.com/</a>
Wiltshire Farm Foods	They offer a pre-paid meal delivery service and if customers have been identified as extremely vulnerable, they will do their best to help them by delivering frozen ready meals. Visit their website for more information.	<b>Call:</b> 0800 077 3100 <b>Web:</b> <a href="https://www.wiltshirefarmfoods.com/">https://www.wiltshirefarmfoods.com/</a>

## Colchester Borough Residents Contacts Pack

### Online Meal Delivery Information

*All information is correct as of November 2020 unless stated otherwise*

Organisation	Support &/or What's Available	Contact Details
Deliveroo	This is a website where you can order food from a range of different restaurants and takeaways. Please note you do have to check their website to see if they will deliver in your area.	<b>Web:</b> <a href="https://deliveroo.co.uk/restaurants/colchester/colchester">https://deliveroo.co.uk/restaurants/colchester/colchester</a>
Dinners Direct	Established home-meal delivery for Colchester, Wivenhoe and Alresford areas, providing a range of freshly prepared meals, on a daily basis, to those who are maybe finding cooking etc. a little more difficult.	<b>Address:</b> Unit 9, Wivenhoe Business Centre, Brook Street, CO7 9DP <b>Call:</b> 01206 826681 <b>Web:</b> <a href="http://www.dinnersdirectcolchester.co.uk">www.dinnersdirectcolchester.co.uk</a>
Just Eat	This is a website where you can order food from a range of different restaurants and takeaways. Please note you do have to check their website to see if they will deliver in your area.	<b>Web:</b> <a href="https://www.just-eat.co.uk/">https://www.just-eat.co.uk/</a>
Uber Eats	This is a website where you can order food from a range of different restaurants and takeaways. Please note you do have to check their website to see if they will deliver in your area.	<b>Web:</b> <a href="https://about.ubereats.com/en/">https://about.ubereats.com/en/</a>

### Bank Information

*All information is correct as of November 2020 unless stated otherwise*

Organisation	Support &/or What's Available	Contact Details
Barclays	Until further notice, this branch has changed its regular opening hours to: Monday to Friday 9am to 4pm and Saturday 9am to 2pm. Please visit the website for more information.	<b>Address:</b> 9 High Street, Colchester CO1 1DA <b>Call:</b> 03457 345345 <b>Web:</b> <a href="https://www.barclays.co.uk/">https://www.barclays.co.uk/</a>
Halifax	Are open: Monday to Friday 9:30am to 3:30pm and Saturday 9am to 1pm. Please visit the website for more information.	<b>Address:</b> 22-26 Head Street, Colchester CO1 1NG <b>Call:</b> 03457 203040 <b>Web:</b> <a href="https://www.halifax.co.uk/">https://www.halifax.co.uk/</a>
HSBC	Are open: Monday to Friday 10am to 4pm. Please visit the website for more information.	<b>Address:</b> 26 High Street, Colchester CO1 1DQ

## Colchester Borough Residents Contacts Pack

		<b>Call:</b> 03457 404404 <b>Web:</b> <a href="https://www.hsbc.co.uk/">https://www.hsbc.co.uk/</a>
Leeds Building Society	Are open: Monday to Thursday 10am to 4:30pm. Please visit the website for more information.	<b>Address:</b> 30 High Street, Colchester CO1 1DB <b>Call:</b> 01206 563788 <b>Web:</b> <a href="https://www.leedsbuildingsociety.co.uk/">https://www.leedsbuildingsociety.co.uk/</a>
Lloyds	Are open: Monday to Friday 9:30am to 3:30pm. Please visit the website for more information.	<b>Address:</b> 27 High Street, Colchester CO1 1DU <b>Call:</b> 03456 021997 <b>Web:</b> <a href="https://www.lloydsbank.com/">https://www.lloydsbank.com/</a>
Metro	Are open: Monday to Saturday 9am to 5pm, Sunday 11am to 5pm. Please visit the website for more information.	<b>Address:</b> 31-32, High Street, Colchester CO1 1DB <b>Call:</b> 02034 027950 <b>Web:</b> <a href="https://www.metrobankonline.co.uk/">https://www.metrobankonline.co.uk/</a>
Nationwide	Are open: Monday, Tuesday, Thursday, and Friday 9am to 3pm, Wednesday 10am to 3pm and Saturday 9am to 12pm. Please visit the website for more information.	<b>Address:</b> 10 Culver Street West, Colchester CO1 1JG <b>Call:</b> 0800 554 0601 <b>Web:</b> <a href="https://www.nationwide.co.uk/">https://www.nationwide.co.uk/</a>
NatWest	Are open: Monday to Friday 10am to 3pm. Please visit the website for more information.	<b>Address:</b> 25 High Street, Colchester, Essex, CO1 1DG <b>Call:</b> 03457 888444 <b>Web:</b> <a href="https://personal.natwest.com/personal.html">https://personal.natwest.com/personal.html</a>
Royal Bank of Scotland	Are open: Monday to Friday 9:30am to 4:30pm. Please visit the website for more information.	<b>Address:</b> 45 Head Street, Colchester CO1 1NW <b>Call:</b> 03457 242424 <b>Web:</b> <a href="https://www.bankofscotland.co.uk/">https://www.bankofscotland.co.uk/</a>
Santander	Are open: Monday to Friday 10am to 2pm. Please visit the website for more information.	<b>Address:</b> 48 High Street, Colchester CO1 1DH <b>Call:</b> 0800 912 3123 <b>Web:</b> <a href="https://www.santander.co.uk/">https://www.santander.co.uk/</a>

## Colchester Borough Residents Contacts Pack

### Other Information

*All information is correct as of November 2020 unless stated otherwise*

Organisation	Support &/or What's Available	Contact Details
Citizens Advice	<p>Offering support and guidance on:</p> <ul style="list-style-type: none"> <li>• Debt and money advice helpline 07984 405190 available 9am to 5pm Monday to Wednesday.</li> <li>• Help to Claim Universal Credit helpline 0800 144 8 444 available 8am to 6pm Monday to Friday.</li> </ul> <p>And much more, visit their website for more information.</p>	<p><b>Call:</b> 0300 330 2104 (for all telephone advice)</p> <p><b>Email:</b> <a href="mailto:advice.colchester@cabnet.org.uk">advice.colchester@cabnet.org.uk</a></p> <p><b>Web:</b> <a href="http://www.citizensadvice.org.uk">www.citizensadvice.org.uk</a></p>
GOV.UK	<p>Visit the GOV.UK website for all information relating to the coronavirus situation including:</p> <ul style="list-style-type: none"> <li>• All recent and upcoming changes</li> <li>• What you can and cannot do</li> <li>• Self-isolating and testing</li> <li>• Work and financial support</li> <li>• Businesses and self-employed</li> <li>• School, education, and childcare</li> <li>• Travel and transport</li> <li>• The latest announcements</li> <li>• The latest statistics</li> </ul> <p>Workers across the United Kingdom will benefit from increased support with a five-month extension of the furlough scheme into Spring 2021.</p> <p>Part of the Support for businesses and self-employed people during coronavirus. This information is updated daily on the gov website</p>	<p><b>Web:</b> <a href="https://www.gov.uk/coronavirus">https://www.gov.uk/coronavirus</a></p>

## Colchester Borough Residents Contacts Pack

NHS App	Download the NHS to help you manage your own and your family's health and wellbeing. You can book appointments, order repeat prescription, nominate your preferred pharmacy and see what available medicines there are for you. For more information visit their website.	<b>Web:</b> <a href="https://www.nhs.uk/using-the-nhs/nhs-services/the-nhs-app/">https://www.nhs.uk/using-the-nhs/nhs-services/the-nhs-app/</a>
North East Essex COPD Health Coaching	Free COPD coaching which is normally in person, is now offered on a 1-2-1 basis or group based online.  You can join the group and contact and share to let others know the service is available.	<b>Call:</b> 0300 3039 988  This is a private <a href="#">Facebook</a> group so you must be logged on to your account to access it.
Colchester Community Market (Previously South Lanes)	This is somewhere independent retailers and makers can share their wares and local people can come and find things they might not be able to get hold of while investing in their local community.	This is a <a href="#">Facebook</a> group which you must join to access content.

### Children & Family Activities and Information

*All information is correct as of November 2020 unless stated otherwise*

Organisation	Support &/or What's Available	Contact Details
BBC CBeebies	CBeebies is designed for 0-6-year olds and includes a range of activities (animation, drama, entertainment, factual and live action).	<b>Web:</b> <a href="https://www.bbc.co.uk/cbeebies">https://www.bbc.co.uk/cbeebies</a>
BBC Bitesize	BBC Bitesize can be used to help with homework, revision, and learning.	<b>Web:</b> <a href="https://www.bbc.co.uk/bitesize">https://www.bbc.co.uk/bitesize</a>
Colchester Arts Centre	They are providing online poems, door to door poems, poems on the phone.	<b>Call:</b> 01206 500900 <b>Web:</b> <a href="https://www.colchesterartscentre.com/">https://www.colchesterartscentre.com/</a> This is a public <a href="#">Facebook</a> group.
Colchester Borough Council - Colchester and Ipswich Museums	Museum from Home: Over the coming weeks the team will be sharing a variety of activities to help educate and entertain. Inspired by the collections across Colchester and Ipswich, from	<b>Web:</b> <a href="https://cimuseums.org.uk/museumfromhome/">https://cimuseums.org.uk/museumfromhome/</a>

## Colchester Borough Residents Contacts Pack

	art to nature, archaeology to social history, they hope to bring the museum to you!	
Colchester Zoo	<p>Please check the website for the current open/closed status of the Zoo.</p> <p>When the Zoo is closed, they are sharing some of what the team and the animals get up to across their social media channels.</p>	<p><b>Web:</b> <a href="https://www.colchester-zoo.com/bringing-the-zoo-to-you/">https://www.colchester-zoo.com/bringing-the-zoo-to-you/</a>  This is a public <a href="#">Facebook</a> group.  Press here for the <a href="#">Twitter link</a>.  Press here for the <a href="#">Instagram link</a>.</p>
Essex Child and Family Wellbeing Service	Are supporting children, young people, and their families, and providing access to support and services to help children and families achieve the best start in life.	<p><b>Call:</b> 0300 247 0015  <b>Web:</b> <a href="https://essexfamilywellbeing.co.uk/">https://essexfamilywellbeing.co.uk/</a>  This is a public <a href="#">Facebook</a> group.</p>
Essex Libraries	<p>Please check the Essex Library website for the current open/closed status of the Zoo.</p> <p>When the libraries are closed, different activities are current information is uploaded to the website.</p>	<p><b>Web:</b> <a href="https://libraries.essex.gov.uk/">https://libraries.essex.gov.uk/</a>   <a href="https://libraries.essex.gov.uk/children-and-young-adults/babies-and-toddlers/">https://libraries.essex.gov.uk/children-and-young-adults/babies-and-toddlers/</a></p>
Essex Youth Service	Helping young people in Essex to get the most out of school, work, and life. Weekly activities available via Zoom.	<p><b>Web:</b> <a href="https://youth.essex.gov.uk/young-people/online-activities/">https://youth.essex.gov.uk/young-people/online-activities/</a>  This is a public <a href="#">Facebook</a> group</p>
First Site	Are offering some online activities including downloadable artist packs.	<p><b>Address:</b> Lewis Gardens, Colchester, CO1 1JH  <b>Call:</b> 01206 713700  <b>Web:</b> <a href="https://firstsite.uk/">https://firstsite.uk/</a>  This is a public <a href="#">Facebook</a> group</p>
La Leche League Colchester	Advice on breastfeeding whilst in isolation for families. Free online courses can be accessed via their Facebook group.	This is a public <a href="#">Facebook</a> group
Precious Bundles	Providing free quality clothing and equipment for children aged 0 to 5 and new-born starter packs to anyone who needs them.	This is a public <a href="#">Facebook</a> group
Tots to Teens	A volunteer based and run community group bringing clothes and accessories and essentials to families that need them due to circumstances. They cater for new-born to 16 years of age.	This is a <a href="#">Facebook</a> group so you must be logged on to your account to access it.
Wild Time	Wilderness Foundation has created Wild Time to help everyone through lock down! With activities to keep the whole family engaged in nature and the outdoors and activities to keep your mind healthy with Mindfulness and Reflections!	<p><b>Web:</b> <a href="https://wildernessfoundation.org.uk/wildtime/">https://wildernessfoundation.org.uk/wildtime/</a>  This is a public <a href="#">Facebook</a> group.</p>

## Colchester Borough Residents Contacts Pack

		<b>Instagram:</b> <a href="#">Wilderness Foundation UK</a> <b>Instagram:</b> <a href="#">Chatham Green</a> <b>Twitter:</b> <a href="#">Wilderness Foundation</a>
Multi Schools Lowdown	This is a free podcast discussing how the group is adapting to the impacts of coronavirus pandemic, information on SEND (Special Education Needs Department) education and targeted support for young people's mental health.	To access the podcast search for 'Multi Schools Lowdown' on Spotify and other podcast providers. <b>Spotify:</b> <a href="#">Multi Schools Lowdown</a>

### Black, Asian And Minority Ethnic (BAME) & Faith Groups Information

*All information is correct as of November 2020 unless stated otherwise*

Religion/Group	Support &/or What's Available	Contact Details
Buddhism	Buddhist Door: Senior Thai Monk offers a Buddhist perspective on dealing with COVID-19.	<b>Web:</b> <a href="https://www.buddhistdoor.net/news/senior-thai-monk-offers-a-buddhist-perspective-on-dealing-with-covid-19">https://www.buddhistdoor.net/news/senior-thai-monk-offers-a-buddhist-perspective-on-dealing-with-covid-19</a>
The Catholic Church England and Wales	Guidance for collective worship.	<b>Web:</b> <a href="https://www.cbcew.org.uk/home/our-work/health-social-care/coronavirus-guidelines/guidance-collective-worship/">https://www.cbcew.org.uk/home/our-work/health-social-care/coronavirus-guidelines/guidance-collective-worship/</a>
Gov UK COVID-19 - 19	Guidance for the safe use of places of worship.	<b>Web:</b> <a href="https://www.gov.uk/government/publications/covid-19-guidance-for-the-safe-use-of-places-of-worship-during-the-pandemic-from-4-july/covid-19-guidance-for-the-safe-use-of-places-of-worship-during-the-pandemic-from-4-july">https://www.gov.uk/government/publications/covid-19-guidance-for-the-safe-use-of-places-of-worship-during-the-pandemic-from-4-july/covid-19-guidance-for-the-safe-use-of-places-of-worship-during-the-pandemic-from-4-july</a>
Colchester Chinese association	Are delivering a gift of groceries to their Colchester Chinese Association senior members aged 65 or above who do not live with extended family and helping them in any other way that they can.	<b>Address:</b> 1-3 Bloomfield Place, 25 St Botolph's Street, CO2 7EA <b>Web:</b> <a href="https://www.colchesterchineseassociation.co.uk/">https://www.colchesterchineseassociation.co.uk/</a> This is a public <a href="#">Facebook</a> group.

## Colchester Borough Residents Contacts Pack

Christianity	Find out information on church coronavirus guidance and information via the website.	<b>Web:</b> <a href="https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-guidance-churches">https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-guidance-churches</a> Or <a href="https://www.chelmsford.anglican.org/">https://www.chelmsford.anglican.org/</a>
	Christian Aid exists to create a world where everyone can live a full life, free from poverty.	<b>Web:</b> <a href="https://www.christianaid.org.uk/">https://www.christianaid.org.uk/</a>
Hinduism	Hindu Council UK represents an amalgamation of various Hindu denominations in the UK through their temple bodies and cultural organisations.	<b>Web:</b> <a href="http://www.hinducounciluk.org/2020/04/01/temples-lock-down-advice/">http://www.hinducounciluk.org/2020/04/01/temples-lock-down-advice/</a> Or <a href="http://www.hfb.org.uk/">http://www.hfb.org.uk/</a>
	Temple management for temples across the UK have been encouraged to close temples and take steps that elder devotees are being looked after.	
Islam	Colchester Islamic Cultural Association. They have a group on their website with COVID-19 updates and information. For more updates visit their Facebook group.	<b>Address:</b> 1-3 Bloomfield Place, 25 St Botolph's Street, CO2 7EA <b>Web:</b> <a href="https://colchestermosque.co.uk/">https://colchestermosque.co.uk/</a> This is a public <a href="#">Facebook</a> group.
	The Muslim Council of Britain regularly updates their guidance to help inform a range of groups. Including individuals, mosques, and educational institutions.	<b>Web:</b> <a href="https://mcb.org.uk/mcb-updates/coronavirus-guidance-for-mosques-and-madrassas/">https://mcb.org.uk/mcb-updates/coronavirus-guidance-for-mosques-and-madrassas/</a>
	The British Islamic Medical Association has put together an information leaflet to help inform the decision making for those responsible for administering religious burials.	<b>Web:</b> <a href="https://www.gmcvo.org.uk/system/files/BI%20Ghusl%20guidelines%20QA.pdf.pdf">https://www.gmcvo.org.uk/system/files/BI%20Ghusl%20guidelines%20QA.pdf.pdf</a>
Judaism	The Jewish Leadership Council brings together the major British Jewish organisations to work for the good of the Jewish community.	<b>Web:</b> <a href="https://www.thejlc.org/">https://www.thejlc.org/</a>
	Union of Jewish Students along with most of the world are responding to the needs of our community, alongside the challenges faced by the necessary restrictions imposed.	<b>Web:</b> <a href="https://www.ujs.org.uk/">https://www.ujs.org.uk/</a>



## Colchester Borough Residents Contacts Pack

Sikhism	Sikh coalition. A range of resources and guides from the Sikh Coalition, including travel restrictions and an e-learning resource. Most resources available in both English and Punjabi.	<b>Web:</b> <a href="https://www.sikhcoalition.org/our-work/empowering-the-community/covid-19-response-resources/">https://www.sikhcoalition.org/our-work/empowering-the-community/covid-19-response-resources/</a>
	Sikh Helpline. Free professional and confidential counselling over telephone or email.	<b>Call:</b> 08456 440704 <b>Web:</b> <a href="https://www.sikhhelpline.com/coronavirus/">https://www.sikhhelpline.com/coronavirus/</a>

Further information is available in other languages via the [GOV.UK website](#) they have a variety of public health messages related to COVID-19.

Alternatively you can visit the AskDoc [website](#) which has a number of short videos translating the NHS England COVID-19 advice in various languages via [here](#).