



Village Bulletin

Issue 158 Summer 2019



In this issue:

*** Village Fete Pull-Out!**

Your 4-page guide pull-out guide inside

www.westbergholt.net

West Bergholt Indoor Bowls Club



Patrick McCarthy, a member of the West Bergholt Bowls Club, has been chosen to represent Essex in the singles competition at the 'Champion of Champions' in Durham next month.

In March the bowls club held their AGM. The committee elected for 2019/2020 were as follows:

Chairman - John Rookard

Secretary - Jan Lumb

Treasurer - Marie Rookard

Mike Clement, Sheila Higgins, Doreen and Ivan Payne and Sue Brainwood.

26 members sat down to a fish and chip supper, which was enjoyed by all. This was followed by the AGM and prize winners were as follows:

Singles

Winner - Doreen Payne

R.U. - Jan Lumb

Third - David Foley

Pairs

Winners - Pat McCarthy and Marie Rookard

R.U. - Doreen Payne and David Foley

Triples

Winners - Catherine Kelly, Sheila Higgins and Doreen Payne

R.U. - David Foley, Pat McCarthy and Jean Harvey

Points Winner - Jan Lumb

Chairman's trophy - Catherine Kelly



The evening finished with 'Guess the antique item' and bingo.

A day trip to Cromer on Tuesday 17th September 2019 is being arranged. This outing is to see the best of the end of pier show and a lunchtime meal will also be arranged in Cromer.

The bowls club will be holding a tombola stall at the Village Fete in July.

We bowl at the Orpen Hall on Thursday and Sunday evenings at 7.15pm. We look forward to seeing you there and beginners are always welcome.

For any information on the bowls club, please call 01206 240824

Women's Institute



March was our 'Members' Evening' when the committee can sit back and enjoy a relaxing time. The members' committee invited Cara Vince to take us through chair yoga with the title 'The Happy Yoga Life'. Social time was 'What's in your Handbag?' won by Susan Leng. The competition was something beginning with 'Y'. There was a great variety of entries, the winner being Marie Louise Fuell with her yam.

April is always an 'Open Meeting' when local WI's and friends join us for an Edinburgh Woollen Mill Fashion Show. 10 Models from our WI braved the catwalk with a commentary by our secretary. Visitors always enjoy our homemade cakes and the opportunity to purchase or order garments on the night.

Our Annual Meeting in May elected a new president, Marion Hart. Retiring president, Sheila Boxshall was presented with a large garden tub of flowers. Both national resolutions were passed, namely 'decline in local bus services' and 'don't fear the smear'.

Sheila and Marion gave a report on their impressions of the County Annual Meeting held at the Charter Hall with guest speaker, Richard Cole. A game of bingo followed.

Here comes the summer...

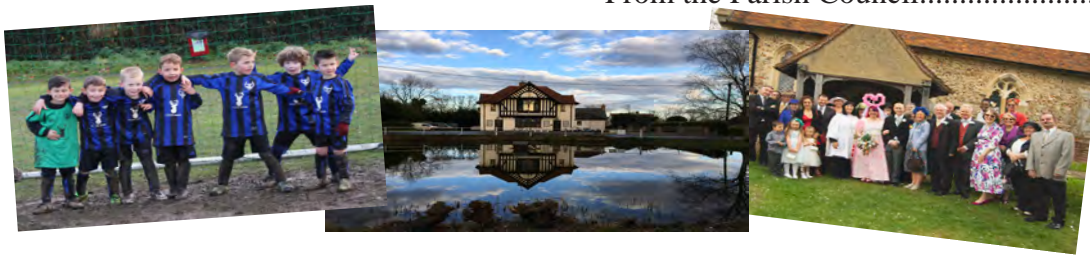
The weather is definitely warming up and the days getting longer as we look forward to another (hopefully) sunny summer.

In this issue, we have a great four-page special pull-out for the upcoming Village Fete on the 13th July, containing what's on and application forms. It makes for a fun family day out in the heart of our village so why not come along?

We feature a new charity this issue, too, called Precious Bundles who are doing an amazing job of providing children's clothing and equipment to those in need, so please show your support where you can.

Also, Bluebell's Preschool will be holding a party on the 20th July to celebrate its 50th birthday, and all children old and new are welcome to come and celebrate with them.

Jacqui



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Hall Booking Information

Orpen Hall (108 – 150 persons) & **John Lampon Hall** (30 – 50 persons). Contact hall-admin@westbergholt.net

St Marys Church (60 persons) & **Church Hall** (20 – 40 persons). Contact Nicole Long 01206 240443

Methodist Church Hall (20 – 60 persons). Contact David Kay 01206 243 574

At our meeting on the 19th June we welcome back Vicky Hease from Great Finborough. The Title of her demonstration is "Treasured Moments Part II - The Missing Years".

Our meeting on the 17th July takes the form of a workshop when a representative from the Area Group will be coming along to host this.

Manya is hosting an afternoon tea on Friday 7th June at her home, and members are to let her know if they are attending.

The club does not meet in August. Visitors at our meetings are always welcome at a charge of £6.

For any further details, please ring Manya Barrow on 07759331719 or Alison Bradshaw on 01206 973563

West Bergholt Gardeners



Although our 2018/2019 programme of talks ended in May, during the Summer we are looking forward to getting out together on organised trips to attractive gardens at West Stow in Suffolk and Bressingham in Norfolk.

Our meetings this year have been very well attended and we welcomed a number of new members and visitors to presentations by a variety of interesting and informative speakers. In March, Jim Marshall, aided by his wife who is also a skilled plantswoman, told us how his interest led him to set up the National Collection of the 'Malmasion Carnation', a flower for which he has won many horticultural awards. We learnt that this elegant and beautiful flower, which had been very popular in Edwardian times but had declined in favour, was quite distinct from the flowers we currently know as carnations and how it could make a colourful addition to any garden. At this meeting, our Chairman, David Withnall, presented a cheque for £2,000 to Nikki and Richard Bowdidge, a donation from 2018 Open Gardens proceeds to the Tom Bowdidge Foundation.



Then in April, Nick Dobson gave a talk full of useful and background facts about 'Dahlias, Pelargoniums and Fuchsias', the flowers which he had grown and been passionate about since his childhood, and which are to be found in most British gardens. Finally, in May, Matt Tanton-Brown, brought lots of expert advice and tips for gardening in small spaces, which could also be applied to larger gardens too.

The Committee are presently working to finalise the topics and speakers for the 2019/2020 programme and plans for Open Gardens in 2020 are already underway. Evening meetings start again in September (7.30 pm in the Orpen Hall, contact Terry Claydon on 01206 241256 or email: terryclaydon@aol.com for details) but, in the meantime, if you would like to find out more, please visit our stall at the Village Fete in July.

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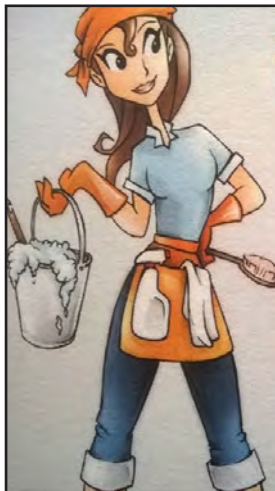
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Orpen Players



To accompany the performances of The Vicar of Dibly, the wedding ceremony of characters Alice and Hugo was filmed at St Mary's old Church on Saturday 27th April. The cast were joined by a large number of people who all turned out in their finery to act as members of the congregation. The Orpen players would like to thank everyone who attended, especially as the weather was not as good as we had hoped for.

A gold star goes to Holly Snowling (Director) for organising the event, and special thanks goes to Andrew Bott, for filming it.

Ticket sales were very encouraging, with the matinee proving to be popular. We would like to thank you for your continued support.

Michael Poole will be directing for the autumn. His selection is likely to be a Thriller to complete our wonderful 50th Year as a group!!



Don't forget to visit our website for news of our activities www.orpenplayers.co.uk

1st West Bergholt Rainbows



We have a full pack at the moment, welcoming new members this term who have really flourished in the spirit of Girlguiding at Rainbows.

The unit has had a busy term, enjoying the new programme that went "live" in September. We as Voluntary leaders have to work the new programme around six themes, including Unit meeting activities, Skill builders badges and the Rainbows gaining their own interest badges of choice from their books. This is a new concept for the young Rainbows and are building blocks for Brownies. So its all a new look to Guiding.

We have experimented with lots of the themes and also included the old guiding traditions – we attended St Mary's Church for our "Thinking Day" service and all took part in looking at the centres around the world. Rainbows had Switzerland, so enjoyed finding out facts about an establishment that has been in the Guiding community since 1929!! During the service we all renewed our Promise and enjoyed the company from others in the District.

During our unit meeting we have enjoyed looking at other traditions in Great Britain:- St David's Day – making Love spoons, planting daffodils and of course making a magic potion for a sleeping dragon!!! Pancake Day - making and competitions for flipping the highest pancake. St Patricks Day - scavenger hunt for the "Little fella", a Leprechaun and learning about St Patrick. We also thought about the Spring, making Bird feeders and thought about the different birds that visit our gardens.

Mum's were spoilt with their gifts of a bath bomb that the Rainbows made for Mothering Sunday as a thank you for all they do during the year.

We finished term with our Easter Party and Easter egg hunt, which got very competitive but enjoyed by everyone. Now looking forward to the summer term with the girls and doing outdoor activities in the warmer weather.

Karen Howard

Leader of 1st West Bergholt Rainbows.



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The Friends committee have been busy planning events for the summer. There is to be a talk by Peter Noakes of the History Group on Saturday 18th May at 2.30pm. Peter has some interesting facts and pictures of the church and its place in the history of our village.

This will be followed by an exhibition, "Art in the Old Church", scheduled for the weekend 15th/16th June. We would welcome items of artwork and photos for display at the exhibition, and anyone interested in having their work displayed should contact us at fosmochurch@gmail.com or call Jane on 01206 240167.

The next event will be the Comrie Singers concert which is scheduled for Sunday 14th of July at 2pm. This is always a very good musical event involving the multi-talented Comrie Singers and their musicians. Excellent refreshments are provided to make a pleasant summer afternoon. Tickets available at the door.

The Vicar of Dibley "wedding" was staged in the church and filmed for the Orpen Players' production. Although a cold day, many villagers took up the invitation to attend as "extras", wearing their wedding finery. Pictures of the event are on the village website and the Orpen Players' facebook page. Great fun was had by all on the day.

We are still awaiting details as to when the re-decoration will take place and are hopeful that it will happen soon thereby completing the refurbishment of our lovely old building.

We still have a large number of visitors who have signed the book which shows that folk appreciate the building and the displays we have. If you do come by the church please sign the visitor's book as it helps with the funding.

The Churches Conservation Trust are celebrating their 50 year anniversary, having been established in 1969. Various events are planned nationally as they now look after over 300 venerable old buildings which would otherwise have been lost to the nation, of which our building is one.

The Friends group is open to all who love the church and support the endeavours of the group to see it used and become a focal point in the community. A modest membership fee of £5 is charged, which does not bring any benefits other than the knowledge that you are helping to keep the old place alive for generations to come.

Martin Long
Chairman
01206 240 443

Care Network

The Care Network is available to anyone of any age who needs help getting to the local surgery, hospital or other appointment such as physiotherapy, chiropody, optician, osteopath, etc. It is also available to take people to visit others in hospital.



Telephone 0300 7773100 to speak to someone who will arrange the transport for you. Transport is only provided within the local area, but in exceptional cases a longer journey may be considered. The Care Network always needs more driver volunteers to enable the service to work efficiently. If you are able to offer an hour or two from time to time, as much or as little time as you are able, please contact Harry Stone on 01206 241026.

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The team have created a guide to help you understand how you can plan for the future. It explains the nature of the options available to you and the effect on your family and friends if you have Wills and LPAs in place, and if you do not.

Download the guide from www.tsplegal.com/planningahead or contact us on 01206 217058 and we will send you a hard copy in the post.

Aileen Hirst, who lives in West Bergholt, can provide you with advice on the full range of private client matters listed above. She is an accredited member of Solicitors for the Elderly (SFE) and STEP, The Society of Trust and Estate Practitioners.

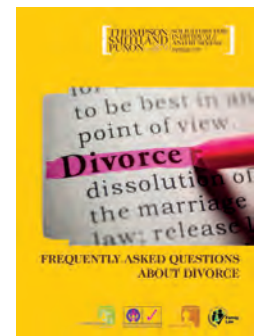


A Guide to Divorce

Going through a divorce can be a stressful, confusing and painful time and there are always lots of questions that need answering. The TSP Family team have put together a comprehensive guide to Divorce. In the guide they have outlined the main points for you to be aware of when you are going through a divorce and also answered some of the questions they are most frequently asked.

The guide can be downloaded from www.tsplegal.com/divorce

Shelley Cumbers, a Family and Divorce law solicitor who lives in West Bergholt, can offer a free initial telephone chat to assess your circumstances and provide general information. As well as advising on divorce Shelley can help with all aspects of family law.



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Here we are 6 months into 2019 and what a year it has been so far. Despite an unsteady climate in the country, we are thrilled to report the charity had its second-best year financially, confirming that there are still very generous people out there. Your donations and fundraising efforts allowed the Foundation to fund two much needed teenage and young adult spaces in two hospitals to a cost of £51,000.

The first was a new Young Adult Living Room in University College Hospital in London on T13, a ward for 19 –25-year olds. The room, which was designed by young cancer patients, helps to bring this patient community together and offers an age-appropriate environment within a hospital setting for young adults to meet each other, relax, watch a film, play games and make a hot drink. Doing such normal things during hospital-based cancer treatment helps reduce isolation and loneliness and is important for people's physical and emotional wellbeing. The photos show a beautiful backdrop of bluebells and this is a nod to Tom and his love for Hillhouse Wood in the village.

Our second project was to open the Teenage and Young Adult Rooms on two inpatient wards at the Mount Vernon Cancer Centre in North London. The two rooms include a feature mural, artwork, a TV, bedside mobile and gaming unit, laptop table, armchair and blinds. The rooms will provide a sanctuary to young patients by providing them with a calm and relaxing place to recover from their treatment.



A massive thank you to everyone who took part in the West Bergholt Bunny Hunt. The weather was perfect, and the village was full of eagle-eyed Bunny hunters clutching their maps. A huge thanks must go to Jenny Noakes and her wonderful team of knitters in Knit one, Down One who probably don't want to see a bunny for a while. Thank you to all the Bunny Hunt Angels for hiding them, collecting them and then washing them ready for sale; to all the shops and businesses that sold the maps and to our printer and sponsor CreativeREPRO who saved us on costs. We are so pleased to report that the event raised £560. Thank you everyone. Nikki picked the winner of the draw recently and we are thrilled to say that Josie Martin won the giant cuddly toy. Well done Josie.

Richard and Nikki went to receive a cheque for £1000 at a Gardeners Association meeting in March. This was money raised from the Allotment stall. We are so lucky to have this facility in the village, even more so because it provides invaluable funds to local charities. Thank you to everyone that supports this stall and to all the gardeners who provide the produce.

On a cold evening in March, a packed church was transported to warmer climes when Quire came to give us a taste of the Caribbean through song. Joined by members of the Heathlands Choir, the church was full of familiar tunes and some not so familiar. The evening was made even more poignant when Richard and Nikki were introduced to a lovely lady whose daughter had just passed away and had been using Tom's room in Colchester General Hospital. She told them how invaluable the room had been and how much comfort it had brought during such a horrendous time. It's always very sad to hear the room has been needed but so good to hear how much comfort it has brought to others. Thank you so much to Carol Carter, who suggested the concert, Sarah White and the Heathlands Choir and Jenny Noakes and Liz Dixon for running the refreshment stall. An amazing £400 was raised so thank you to you all. If you want to find out more about events coming up or the work we do then please visit the website www.tombowdidgefoundation.org or follow us on Facebook, Instagram and Twitter.

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Events throughout the year

See website for full details



West Bergholt Concert & Training Bands

West Bergholt Concert & Training Band ended their spring events with a flourish and a band first... for the first time in our 40+ years the band went out on tour! Members of Training Band played 3 concerts in a day at primary & junior schools from Great Maplestead to Wivenhoe, with over 400 pupils hearing the diverse types of music we play, learning about our instruments and seeing how much fun a band like ours is. Hopefully we'll have inspired some of them to take up an instrument and join us in the future.

Training Band also visited Highfields Primary School in Lawford two days before the tour to hold our first Training Band school workshop for a while. A good number of beginning youngsters from the area joined us for a fun afternoon of music, playing everything from Raiders & Moana to Lady Gaga & The Final Countdown. Fingers crossed all of this will help encourage more youngsters our way to replace those that head off for University.



Prior to the tour and workshop we played our first full concert of the year at Clacton's West Cliff theatre. As always at the West Cliff we had a thoroughly enjoyable afternoon of great music and we also raised over £900 for Parkinson's UK, a charity to which the band has a personal connection. The finale of the concert was a rousing selection of WWII songs, during which the audience of course joined in, and as our first summer concert is very close to this year's commemorations of the 75th anniversary of D-Day, we'll be playing that again along with some of our favourites (the Big Bands, Sousa, Luftwaffe March) plus some new pieces (The Greatest Showman, America, Intermezzo Sinfonico). All of those wonderful pieces can be heard for free in the beautiful setting of Flatford on Sunday 9th June at 2:30pm - we're looking forward to a lovely afternoon of great music and lots of sunshine.



After playing at Flatford we'll be returning to St Luke's in Tiptree (a church in which the band sounds fabulous) for "A Night At The Movies" on July 13th at 7:30pm. The concert will feature music from John Williams, The Lion King, Beauty And The Beast, Chitty Chitty Bang-Bang, West Side Story, The Wizard of Oz and more, and will also see another group of our younger members leaving for University, some of which will be playing the obligatory leaving solos.

Hopefully we'll see you at one of our events this summer, or at one of our Friday rehearsals if you'd like to join in with us. Please check our website (www.wbc.org) for details of the band and of our events, or you can contact our conductor on 07941 947541 or at Conductor@wbc.org.



WEST BERGHOLT PARISH COUNCIL

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Webmaster:	Dave Kingaby	dave@kingserv.org
Neighbourhood Plan Rep.:	Chris Stevenson	chair@westbergholt.net
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A daily diary of village events can be found on the home page of our village web site at www.westbergholt.net

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West Bergholt Village Fete 2019

Saturday 13th July

Earlier that day.....



West Bergholt 5-Mile Race

A 5 mile race along the Colne Valley & Essex Way, taking in the beautiful countryside around West Bergholt.

Fast, undulating course. Suitable for all abilities.



Diary Date: Saturday 13th July 2019 11.00 a.m. race starts
Race Headquarters: West Bergholt Football Club Clubhouse, CO6 3BW
Cost: £15 (Entry on Day £17)

Prizes: 1st senior man/vet 35/vet 45/vet 55
1st woman senior woman/vet 35/vet 45/vet 55
1st local man/1st local woman

Online Entries: www.jmeevents.co.uk

West Bergholt 1-Mile Race

Diary Date: Saturday 13th July 2019 10.15 a.m. race starts
Warm Up Event: 10:00 a.m.
Cost: £3 (will accept entries on the day)
Note: Under 11's must be accompanied by an adult**



WBFC Youth Football Tournament 2019

Teams from across Essex & Suffolk will once again take part in the annual football tournament, which was won in 2018 by Eight Ash Green.

Competing for the Mantis Trophies.

The Tournament kicks-off at 9.30 a.m. with the semi-finals and finals being played from 12.00 p.m. onwards.

West Bergholt Village Fete & Produce Show 2019

Saturday 13th July 12-4pm
at the Orpen Hall & Lorkin Daniell Field

West Bergholt's Village Produce Show for 2019 will be:

The show is to be held at **Orpen Memorial Hall**, Lexden Road, West Bergholt, CO6 3BW
The show is open to the public from 12:00 noon, with the prize giving at 3:00pm.

Our show is an open show, so anyone can enter - you do not need to be a member of the allotments or gardener's club society nor do you need to live in the village.

Schedules (Entry Classes & details for exhibitors) are now available from the Charity Allotment Stall or you can download it from westbergholt.net.

Please bring your completed entry forms (together with entry fee) to the Orpen Memorial Hall on Saturday 6th July 2019 from 10:00 am to 12:00 noon or deliver them to the Parish Clerk at 80 Chapel Road by 10:00 am Saturday 6th July 2019.

Please note, if you were one of the lucky trophy winners last year, please do not forget to return you trophy to us at 80 Chapel Road or to the Hall Administrator by the 15th June 2019. Many thanks

WEST BERGHOLT PRODUCE SHOW - ENTRY FORM 2019

All entry forms and monies must be returned by Saturday 6th July 2019. The Orpen Hall will be open from 10-12 am to receive entries on Sat 6th July 2019 or return them via the Parish Clerk at 80 Chapel Road by 10am on Sat 6th July 2019.

Please circle classes to be entered and indicate how many entries per class if more than one

FLORAL ART	FA1	FA2	FA3																	
FLOWERS	F1	F2	F3	F4	F5	F6	F7	F8	F9	F10	F11	F12	F13							
CHILDREN'S CLASSES	CH1	CH2	CH3	CH4	CH5	CH6	CH7	CH8	CH9	CH10	CH11	CH12	CH13	CH14	CH15	CH16				
VEGETABLES & FRUIT	V1	V2	V3	V4	V5	V6	V7	V8	V9	V10	V11	V12	V13	V14	V15	V16	V17	V18	V19	V20
HOME PRODUCE - COOKERY	C1	C2	C3	C4	C5	C6	C7	C8												
HANDICRAFTS	H1	H2	H3	H4	H5															
PHOTOGRAPHY	PH1	PH2	PH3	PH4																
HOME PRODUCE - PRESERVES & WINES	P1	P2	P3	P4	P5	P6	P7	P8	P9											

Please Print:

NAME _____

ADDRESS _____

TEL. NO. _____

Exhibitors class entry fees: 25p per class

Children's Classes (Under 16) – free

Number of entries _____

I enclose £ _____ entry fee
(Maximum £5.00)

I confirm that the above details are correct and I agree to abide by the rules as stated in the Show Schedule.

SIGNED _____

DATE _____



West Bergholt Village Fete 2019

Saturday 13th July 12-4pm

at the Orpen Hall & Lorkin Daniell Field



Call for Tug of War Teams!

Would your pub, club or firm like to enter the Village Fete's Tug of War competition?

Sign up (your team of 6) on the sheets provided (email westbergholtpc@gmail.com) by 1st July and we will come & collect the form.

Crate of beer and trophy for the winning team

Clubs/Organisations/Local Businesses

Stalls are still available at the West Bergholt Village Fete 2019

If you are interested in booking a pitch please contact hall-admin@westbergholt.net or phone 07434 949631

Entertainment

If you are part of a band, dance group or just want to show off your talent please contact hall-admin@westbergholt.net or phone 07434 949631



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Calling all quizzers!

St Mary's Church are hosting a quiz night on Saturday 6th July to raise funds to help finance the work of our Families' Worker, Jo Jeffery. Jo has been in post for about 18 months now and here she tells us about some of the projects she is involved in:

"As the parish Families' Worker, I regularly support the work of Heathlands Primary School – for example, enabling St Mary's to host the School Art Exhibition last year and creating an opportunity for collaboration between the pupils, pre-school children and the church's 5Ts coffee group for the over 60s. I support groups of children from Heathlands to lead their school services in church at Christmas, Easter and Harvest, and last year helped them launch an initiative to become a Zero Waste school, possibly the first in the UK.

Other collaborative projects with which I have been involved include working with the school, church and parish council to support the WW1 Centenary, whereby the children lit the beacon at the Orpen Hall and then rang the church bell at St Mary's as a sign of peace as part of the national initiative. I have also been working with the school, the church, Bluebells pre-school and the Bishop of Colchester to promote awareness of the lack of safe maternity care for mothers in Sierra Leone, including creating a piece of artwork to present to the Mayor of Colchester.

I help at the Wired youth group every month which gives the opportunity to support young people if they wish and I also go to the village toddler group periodically and spend time with the parents and children. There is a lot more I could add but I would just like to finish with my sincere thanks for all the opportunities within this job. It is a privilege to serve the community".

Quiz Night – Saturday 6th July @ 7pm in St Mary's Church Quiz Masters = Mick and Anita Morrissey

Teams of up to 6 people

Light refreshments provided during the interval but please bring your own drinks.

Tickets £7 per adult, under 18s free, available from
Caroline Finlay: cfinlay2412@gmail.com or 01206 241517. **Please book by 30th June.**

For details of all our Sunday services and other regular events, or to receive a copy of our monthly electronic newsletter, please contact Liz in the church office 01206 243683 or visit our website: <https://sites.google.com/stmaryswestbergholt.co.uk/stmaryswestbergholt>



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The Summer term always gives us the opportunity to plan a few outside activities as well as our usual indoor playtime.

We have had a few new volunteers step forward to help at the group - more always welcome and we look forward to working together over the next year to keep the group going. In the meantime, we would officially like to thank our outgoing committee members (many long-serving), Kay, Karen, Andrea and Suzanne. Their organisation, energy and ideas have made us what we are today and we hope we can continue to do you proud. Thank you and please keep in touch!

We hope all of our “regulars” have a great Summer and remember if you are at a loose end we have our WhatsApp group and secure Facebook site where you can arrange a group meet up or maybe share an idea about an activity you can recommend. The Summer break can sometimes be a daunting prospect so don't despair!

If you don't get a chance to join us before the Summer holidays then we hope to see you in September on the first Monday of the Heathlands School term (at time of writing, assumed to be Monday 9th September).

We ask for a £1 donation after you have joined us for the first time. This includes story/singing time, refreshments and often a craft or sensory activity. Please come and say hello. We meet at the Methodist Church Hall, off Chapel Lane.

10th June - Bring your Grandad! To celebrate Father's Day, we will be inviting you to bring your Grandad along to the group this week

14th June - Please join us for a Group social evening - maybe the White Hart as they have a beer garden.

17th June - Teddy Bears' Picnic at West Bergholt's park next to Orpen Hall (weather permitting). We will meet at the Methodist Hall as usual for a play and snack time, then at about 10.30 we will walk over to the park together, collecting stamps on provided stamp collection cards enroute! Don't forget a blanket to sit on and your favourite Teddy Bear and picnic. Sponsorship encouraged please, all funds going to our Summer Party/the new Orpen Park play equipment fund!

24th June - The Great Toddler Bake Off! Get baking with your little one. Every entrant wins a prize and after the tasting by our lovely tea ladies the bakes will be for sale by donation with proceeds going to our groups Summer Party.

1st July - Year 6 children from Heathlands will visit to read books with our pre-schoolers.

8th July - The group will meet in the Methodist Hall as usual for play and snacks and then walk over to the Allotments together at around 10.30. Keep your eyes peeled to see what different types of Fruit and Vegetables you can spot growing!

15th July - Know a pop up shop that would like to visit us? Or do you have an idea for a visitor? Let us know.

22nd July - Summer party. We are delighted that we will be having a magic/puppet/music and bubble show at our Summer party this year! Phew! We will also be serving ice lollies for the children and strawberries and cream for the grown-ups. Tickets will be on sale at the group in the weeks prior to the party.

We have had a very good start to the year and the Guides have been working hard with the new programme introduced last year. They have worked on one of the Theme Awards, titled Be Well and have completed the 5 challenges for First Aid in the Skills Builder section. To gain this Theme Award they will also need to complete an interest badge and can choose either Fitness, Meditation, Mixology or Natural Remedies and then complete a total of 5 hours of Guide Activities related to this theme. They have just started working on Live Smart Skills Builder which is part of the Skills For My Future Theme Award.

Once the Guides have gained the 6 Theme Awards they can then go for the Guide Gold Award which has replaced the BP Challenge. The programme is very innovative and motivating.

The Guides helped raise some funds by collecting 20 pence pieces in Smarties Tubes for the Grace Beverton Tree of Hope. Well Done!

This term we have a lot of exciting events including Colchester North Division Summer Mayhem on 22nd June, Ten-pin bowling and the beach on 29th June.

If anyone is interested in becoming a volunteer or wishing to add their child's name to the waiting list, please contact our County Office on 01376 570464 or by using the following link <http://www.girlguidingsexne.org.uk/Home/Contact+us/>

We hope you all have a lovely summer.
Sandra Gates
Guide Guider



Volunteer with us...

BE PART OF IT.....

Girlguiding is the leading charity for girls and young women in the UK. Our amazing volunteers inspire girls to find their voice and be their best. If you are looking to work with young people, gain voluntary experience or develop skills from first aid to fundraising, it's time to get involved. Our volunteers work directly with Rainbows (aged 5 -7) Brownies (aged 7 -10) and Guides (aged 10 – 14). Volunteering is flexible and can be arranged to fit around a busy lifestyle. Do something amazing – help us continue to give girls in West Bergholt more opportunities for fun, friendship, challenges and adventure as without people like you stepping forward now, some long established units in the village will be at risk of closure.

To register your interest and to find out more information, visit www.girlguiding.org.uk/interested and select Braiswick as your local area.

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Whilst we had some glorious weather over the Easter weekend the following Saturday brought strong winds, overcast skies and the threat of rain. It was in this environment that a hardy band of helpers came together to erect our 'information point' prior to the annual Spring Flower Walk lead by Steve Hallam.

Having successfully led the walk, Steve reported, "As you might expect, the annual Spring flowers walk can be quite variable in the weather conditions encountered, and over the years we have experienced most things. However, this year produced something a bit different – as I was nearly blown over at one point (with only a slight exaggeration for dramatic effect). As luck would have it, Storm Hannah chose that afternoon to blow some cobwebs away.



Despite the 'challenging' forecast I was pleased and relieved to see 22 people assemble for 'the off'. The graveyard and adjacent track hold a varied display of flowers, each with a story to tell. I was able to show the group 13 species before we had walked 30 yards. It is always nice to show people how much there is that they would otherwise have walked straight past. Whilst things calmed down a bit after such a racing start, the track down to the entrance of the wood still revealed a lovely spread of Speedwells tucked into its verge. And I was able to explain how Groundsel got its name.

Once in the wood I was able to find a last few Lesser celandine and Wood anemones – well past their prime, but still providing some colour. In contrast, the Early purple orchids were showing well, with a good number of flower spikes. Regular readers will recall that every year there is some variation in what we see. And so, it was that this year there were several lovely Violets flowering right by the path, while last year there were none. In contrast, this year I could not find a single Lady's smock or Bugle.

As the 'bracing' weather had encouraged us to keep walking at a good pace, I decided that this year we would detour down to the bottom stream to see the Wild garlic. This turned out to be an effort worth making, as the group were most interested in it. It also provided me with yet another opportunity to say one thing, while 'nature' catches me out by doing the opposite. I explained how the garlic only ever grows within a certain number of yards of the water and wondered how this was so precise. Naturally, a few yards further along the path we found a patch of garlic growing three times this distance away from the water!

We then visited all of the three main areas of Bluebells, which were just about fully out. We felt that the display was not quite up to the standard of some years, as we could see individual flower spikes, as opposed to a solid 'carpet' of blue. Perhaps last summer's drought was the reason? Still impressive, though. Finally, I was able to show the group the 'non-flowers' of Golden saxifrage, so easy to miss. And then also the tiny and weird symmetrical flowerhead of Moschatel, or Town-hall clock."

We hope that the weather will be better for the Village Fete in July and look forward to you visiting us in our gazebo where we will, hopefully, be sheltering from the sun.

Andrew Savage
Chair
Andrewsavage123@googlemail.com
01206 242015



Introducing Precious Bundles

All parents know that having children can be expensive! And sometimes, through no fault of their own, families can find it hard to meet the rising costs of parenthood.

Precious Bundles is a new community project set up to provide free, quality clothing, equipment and toiletries for children aged 0-5, to anyone in the Colchester area who needs them. We aim to support families who are struggling, to show them that someone cares and to offer a message of hope for a better tomorrow.

Can we help you?

From the beginning of June, we will be holding drop-in sessions between 10am and 12pm on the 2nd and 4th Thursday of every month (during term time), at Kingsland Church, 86 London Road, Colchester CO3 9DW. No referral is necessary; just come and speak to one of our friendly volunteers. There will be tea and coffee available, as well as a small area for children to play while you choose the items you need. If you need signposting to other organisations or maybe just a listening ear, we can help with that too.

If you or anyone you know might benefit from our service, please do get in touch with us. You can contact us on our Facebook page or email us at preciousbundles@kingsland.org.uk. Or why not come along one Thursday and let us know what we can do for you?

Can you help us?

In order to provide families with the items they need, we are looking for good-quality donations of the following:

- Children's clothes, ages 0-5
- Shoes and boots (up to infant size 12)
- Muslins and bibs
- Towels
- Bedding and baby sleeping bags
- Baby carriers
- Sterilisers, sterilising fluid, new bottles and teats
- Moses Baskets
- Nappies (including open packs)
- Unopened baby wipes, nappy cream, bubble bath, body wash and shampoo

If you would like to give any of these items to a family in need you can drop them off at St Mary's Church, West Bergholt or Kingsland Church, Colchester, who have both kindly agreed to accept donations whenever the centres are open.

To keep up-to-date with the project and any other specific items that have been requested, please join our Facebook group. We also welcome volunteers to help with sorting donations. If you would like to be involved, please email us at preciousbundles@kingsland.org.uk. We would love to hear from you!

Many thanks,
Julia Odd and Lindsay Gough



As season 2018/2019 comes to an end, West Bergholt Football Club can reflect on another successful season as a club. The first team completed their campaign and finished in a respectful 4th position in the league behind Champions Gas Recreation, Tiptree Heath & Alresford Colne.

The “Brewers” have now completed 31 consecutive years in the Premier League since being promoted in 1987/88.

West Bergholt Reserves finished in a respectable eighth position under the management of Craig Isom & Nigel Walker and are serious contenders for the fair play award for League One.



Bergholt Heath YFC

At the time of writing, the season is reaching a conclusion and we are all looking forward to the summer recess.

Bergholt Heath Academy

The 4, 5 and 6 year olds have played through wind, rain, snow and, occasionally, even sunshine! They have had great fun learning to play football. All the children have improved so much. Many of the current Year 1 children now look forward to forming next season's Under 7's. Due to the number of children who attend, we are delighted that there will be 2 teams again next season! The current Reception class will continue with us, and we look forward to welcoming a new group of children in September. Training takes place at the Lorkin Daniell Field between 9 - 10am on a Saturday morning and costs just £2 per week, only payable on the weeks children actually train (no termly payments) and all the money taken goes straight back into offering opportunities to children involved in the football club (all of the coaches supporting the academy offer their time free of charge!). For more details of the training enjoyed by so many children living in the village over the past three years, please contact Gareth Minter at gj_minter@hotmail.co.uk.

Under 7 Reds & Blues

They have enjoyed a fantastic first season of organised football. Everyone has improved significantly over the course of the year and have always looked to rise to the various challenges they are set. All of the children have played every position, also having the chance to celebrate their first goal. Results are not recorded at this age but the children themselves now realise the result is not important. This really helps coaches focus on the development of the players themselves, encouraging the boys to ‘stay on the ball’, be confident with it at their feet and make decisions about when to keep the ball, pass or shoot. All boys have shown great ability and improved significantly in the last year. They are a credit to themselves and the local West Bergholt community.

Under 8

The boys have experienced the highs and lows of the game, with wins and losses over the season. We also experienced some very friendly matches. In 1 game, the opposition kindly offered one of their substitutes when our keeper had to go off 10 mins from the end through injury. The team have progressed very well over the course of the season and there has been some marked improvement in skill levels, listening and development and understanding of the game. We are looking forward to next season when we will be going up to 7-a-side on a slightly bigger pitch. As a result we will be looking for a few new players to join and expand this friendly and football-loving team.

Under 10

The Under 10's have finished their season in great style with a superb team display, coming out triumphant with a 4-1 win against Wivenhoe Town. As we now reflect on the season, we have recorded more wins than losses and scored more

than we have conceded. With only 4 draws amongst the results the coach is extremely proud of the boys' performances over the duration of the season. Overall we would declare this campaign a successful one.

Under 14

They have now finished a credible 4th in the League. Combining the league and friendly results, the team has performed amazingly well to have a record of 12 wins. The squad is now looking very solid with some new recruits added since the turn of the year. On a sadder note, we say goodbye to Kelly McLean who has worked tirelessly in a number of roles, but officially as Fixture Secretary. We wish her well.

I would like to refer you to our new club website www.bergholtheathfc.co.uk which has information about the values and people behind the club, and the teams, as well as lots of other useful information. It has just been set up so is still being populated. We also have our Awards Evening at Lorkin Daniell Hall on 8 June and our Annual General Meeting on 1 July at The White Hart.

Leslie Wright



HAPPY 50th BIRTHDAY
1969-2019
Bluebells Preschool

We would like to ask past and present children under 10 parents/carers and staff to join us to celebrate 10-12am Saturday 20th July at our party!

Captain Fantastic will be entertaining us and each child will have a plate of party food. Refreshments for adults.
Tickets £3 each available from Preschool

**West Bergholt
Baby & Toddler
GROUP**

Join in and help raise funds by buying a ticket for our Christmas raffle!

Prizes Include:

- Free food from The Queens Head and The Treble Tile!
- Free entry passes to Hastys Farm
- Free child passes to Colchester Zoo
- £10 off meat at John Coleman Butchers
- £10 voucher from Blue Owl
- Voucher from Beauty at the Bay
- A month free entry to Little Giggles
- Goodies from Manor Grove Farm, Sunnyfields Honey and Home and Scissorhands

Tickets just 20p!

Pop along to the group or call Gemma 07909 678976 to buy your tickets before 17th December

Bluebell Pre-School Learning Through Play

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We are open from 9.15am to 3.15pm. Full day care and sessions available for 2 - 5 year olds. Sessions are held in two large halls daily.

If you would like to know more or put your child's name on our waiting list, contact Jackie Leach on 07855 715 658



West Bergholt Film Club

Save the Dates!

For Grownups:

15th June

21st September

19th October

23rd November

14th December

Keep an eye out for posters around the village also on our Facebook page 'West Bergholt film club' and the West Bergholt Hub to find out which films will be showing!

Childrens films and dates
TBC!

We would like you to have your say and decide which films we should show. Please tick which film(s) you would come and watch (if none take your fancy, please leave a suggestion below):

Stan and Ollie

Fisherman's Friends

Aquaman

The Greatest Showman

Rocketman

Mary Poppins Returns

Dumbo

Other

Please cut out this feedback survey and return to the Orpen Hall Letterbox!

Vocal Zones Choir

We would like to thank everyone for making our first concert in West Bergholt an outstanding success. Over 70 people joined us in St Mary's Church. Many people were joining in with the singing which was great to see and hear! Martin Hopkins played two fantastic solos on the saxophone and Emma Bishton accompanied and directed us. After the concert we had a fantastic display of homemade cakes and biscuits which were dealt with very quickly! We were amazed that most people stayed for refreshments and the raffle. It was really great to meet and talk to many people about our new choir. In fact we now have two new members with others coming along later this month.

Don't forget there are no auditions for our choir, you just need to enjoy singing! We meet at Heathlands Primary School in West Bergholt (side entrance!) from 7pm until 8.30pm every Tuesday in term time. You can simply turn up on the night - first night is free! Or contact Ann Long 07596 071636, Linda Truluck 07545 572157 or message us through our Facebook page Vocal Zones Choir or even our website www.vocalzoneschoir.co.uk

Look forward to seeing you soon.

Nayland Choir

Midsummer Cabaret

An evening of light entertainment with Nayland Choir and friends.

Join us for an evening of songs from Cabaret, Chicago, Fiddler on the Roof and others together with some instrumental surprises.

Tickets £15 to include refreshments (under 18 £5).
Friday 28th June in
Nayland Village Hall.
Bar opens 7.30pm.
Entertainment starts
8.00pm



Chairman's Musings



Parish Councillors

The Parish Council elections were uncontested, there being eleven candidates for eleven Cllr positions. All existing Cllrs were duly re-elected and have been joined by a new Cllr Norma Smith. We wish Norma every success in her new role.

Playground Survey

Thank you to all of you who took part in the survey. At the time of writing over 100 survey forms had been completed the majority supporting the proposals to refurbish the play area and to provide additional equipment. This feedback when analysed will inform the next stage of the plan.

Annual Parish Meeting

Many thanks to all of you who came to the annual meeting. There were presentations from many community groups including Heathlands School and the Orpen Players.

Methodist Church Buildings

The Methodist Church and Church Hall have been placed on the market for sale. These buildings would make an excellent community hub as well as continuing in the role of hosting meetings for a variety of groups. The Parish Council is in discussions with the agents to determine whether it would be a useful purchase for the community. There are many hurdles to overcome before a decision can be made so watch this space in future Bulletins!

Neighbourhood Plan (NP) & Planning

The final version of the NP is now with an Independent Planning Inspector appointed by Colchester Borough Council. We are hopeful that he will find the plan sound in the next few weeks. On a related matter the PC took part in two Planning Appeals recently namely the Gladman development of Colchester Road and that by NEEB Holdings on the other side of Colchester Road and also Armoury Road.

Chris Stevenson, Chairman

From the Parish Council

Clerk's Jottings



Bus shelter

We have a splendid new bus shelter in Colchester Road as you will have no doubt noticed. It is a grand affair and was made possible by funding from the Local Highways Panel. At last the most popular of our bus stops has some shelter from the elements and seating.

Meeting Facilities available at Social Club

A reminder that you may book the Social Club room for meetings during the day, at a cost of just £5 per hour currently. Full details are on our website, please contact hall-admin@westbergholt.net to book.

Village Fete

Don't forget to put this year's Village Fete in your diaries, Sat 13th July 2019. There will be stalls, entertainment and of course, the Annual Produce Show in the Orpen Memorial Hall. Further details are available in the centre pages of this Bulletin.

Pond Railings

The Queen's Head Pond is looking delightful this year following its renovation work, as is the Hall Road Pond. The plants are thriving, the areas are teeming with wildlife and the railings at Hall Road have been given a bright new coat of white paint. However, those at the Queen's Head were found to be in a bit worse state than we initially thought, meaning a slight delay to their paint job until a quote for the repairs has been sought and agreed.

Orpen Memorial Hall Roof Refurbishment

A tendering process is currently underway for the partial re-roofing of the Orpen Hall. This is a big project, as you can imagine, which is planned to take place during the summer holidays this year.

Essex Village of the Year competition

Following our success in 2015 (winning our class and being placed second overall) we have been short-listed once again and at the time of writing were awaiting a visit by the panel for the first round of judging. Fingers crossed!

Laura Walkingshaw, Parish Clerk

Village Diary

Sunday

Service of Worship, St Mary's Church 1st Sunday 9.30am Holy Communion; 2nd Sunday 9.30am Messy Church; 6.30pm in summer, Evening Prayer; 3rd Sunday 11.15am Holy Communion; 4th Sunday 9.30am Praise on 4 Cafe Church; 5th Sunday variable.

Contact Rev. Dr. Mandy Elmes 01206 240906

Service of Worship, 10.30am, Mile End Methodist Church. Contact 01206 241969 or 01206 2425211

Bowls Club, 7.30pm Orpen Hall.

Contact John Rookard, 01206 619497

Monday

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Bluebells Preschool, 9.15am - 3.15pm, Orpen Hall.

Contact Jackie Leach 01206 241677

Baby & Toddler Group, 9.15-11.15am Term time only. Methodist Church Hall. Contact Gemma 07909 678976.

Kelly's HIIT, 9.30am, St Mary's Church Hall.

Contact Kelly 07453 859583

WB Cubs, 6.30pm-8pm Scout Hut.

Contact Charles Hart 01206 241666

Pilates, 6.30pm. Methodist Church Hall.

Contact Jo Clarke 01206 272759.

Gardeners Association, 7.30pm 3rd Monday.

Contact Terry Claydon 01206 241256

SG Karate Club, 8.30pm-9.30pm Scout Hall.

Contact Stuart Glister 01206 365150

Tuesday

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Bluebells Preschool, 9.15am - 3.15pm, Orpen Hall.

Contact Jackie Leach 01206 241677

NHS Primary Care Trust Baby Clinic, 9.30-10.30, Methodist Church Hall 2nd & 4th Tuesdays.

Baby Clinic, Methodist Church Hall, 2nd & 4th Tuesday. Clinic will run with our support as a drop in for families.

Pilates, 9.30am-10.30am, Scout Hut.

Contact Mrs Smith 01206 564348

Jumble Juniors, 9.45 - 10.45am, Methodist Church Hall, 1st, 3rd & 5th Tuesday, term-time only.

Contact Dawn Edwards 07532 160610

Kelly's HIIT, 6.30pm, St Mary's Church Hall.

Contact Kelly 07453 859583

((BOUNCE)) 6.30pm -7.30pm, Orpen Hall.

Contact Kerry King 07886369450

Vocal Zones Choir, 7pm, Heathlands School.

Contact Ann 07596 071636 or Linda 07545 572157

Badminton Club, 8pm-10pm Orpen Hall.

Contact Ian Hersey 01206 243378/07754140707

W.E.A., 7.45pm, Methodist Church Hall.

Contact Gill Poole 01206 240512

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Wednesday

Bluebells Preschool, 9.15am - 3.15pm, Orpen Hall.

Contact Jackie Leach 01206 241677

Mid-Week Worship, 1st Wednesday, 10am. Methodist Church Hall.

Coffee Morning, 2nd Wednesday, 10am. Methodist Church Hall.

Bible Study Book Club, 3rd Wednesday, 10.45am Methodist Church Hall

Pat's Pals, 1st, 2nd, 4th & 5th Wednesdays, 1.30pm, Methodist Church Hall.

Wednesday Fellowship, 3rd Wednesday, 2.30pm Methodist Church Hall

Ladies Afternoon Badminton, 2.30pm - 4pm Orpen Hall. Contact Carol Felton 01206 240126

WB Knitting & Crochet Group, 3rd Wednesday, 2.30pm - 4pm, house group Meeting. Contact 01206 242015

Women's Institute, 1st Wednesday, 7.15pm, Orpen Hall.

Contact Jacqui Hunns 01206 240712

Slimming World, 5.30pm and 7.30pm, Heathlands Primary School. Contact Nicky 07957 656 939

Colne Valley Flower Club, 3rd Wednesday, 7.30pm, Orpen Hall. Contact 01206 241155

History Group, 2nd Wednesday, 7.30pm, Orpen Hall. (visits between April and September).

Contact Gill Poole 01206 240512

Parish Council Meeting, 4th Wednesday, 7.30pm, John Lampon Hall

W.B. Scouts, 7.30pm-9.30pm, Scout Hut.

Contact Kevin Sturdy 01206 240549

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Thursday

Open House, 9.00 -11.00am (in term time)

St Mary's Church Hall

Bluebells Preschool, 9.15am - 3.15pm, Orpen Hall.

Contact Jackie Leach 01206 241677

60+ Dance for Health, 11 - 12pm, Methodist Church Hall.

Contact Chloe Brooks 07984 739584/01206 617 110

5T's, 2.30pm-4pm Weekly, St Mary's Church Hall.

Contact Murray Harlow 07989720256

Kelly's HIIT, 6.30pm, St Mary's Church Hall.

Contact Kelly 07453 859583

Bowls Club, 7.30pm Orpen Hall.

Contact John Rookard 01206 619497

Colchester & District Model Railway Club, 8pm, Armoury Farm.

Contact www.colchestermrcc.org

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Friday

Bluebells Preschool, 9.15am - 3.15pm, Orpen Hall.

Contact Jackie Leach 01206 241677

Kelly's HIIT, 9.30am, St Mary's Church Hall.

Contact Kelly 07453 859583

WB Beavers, 4.45pm-6.00pm, Scout Hut.

Contact Charles Hart 01206 241666

WB Concert Band, 6pm-7pm (Training) 7pm-9pm (Band), Heathlands School. Contact Karen Wilson 01206 824157

WB Cubs, 6.30pm-8.00pm, Scout Hut.

Contact Kevin Sturdy 01206 240549

Bergholt Youth Group (BYG), Alternate Friday, 6.30pm-8pm, John Lampon Hall. Amber Harlow 01206 242007

Wired, 1st Friday, 7pm-9pm, St. Mary's Church Hall.

Contact Mark Partridge 01206 241617

Orpen Players, 8pm Orpen Hall.

Debbie Hornigold 01206 242111

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Saturday

NEEGOG Model Railway Club, 2nd Saturday, 2pm, St Mary's Church Hall. Contact Martin Long 01206 240443

((BOUNCE)) 8am - 9am, Orpen Hall.

Contact Kerry King 07886369450