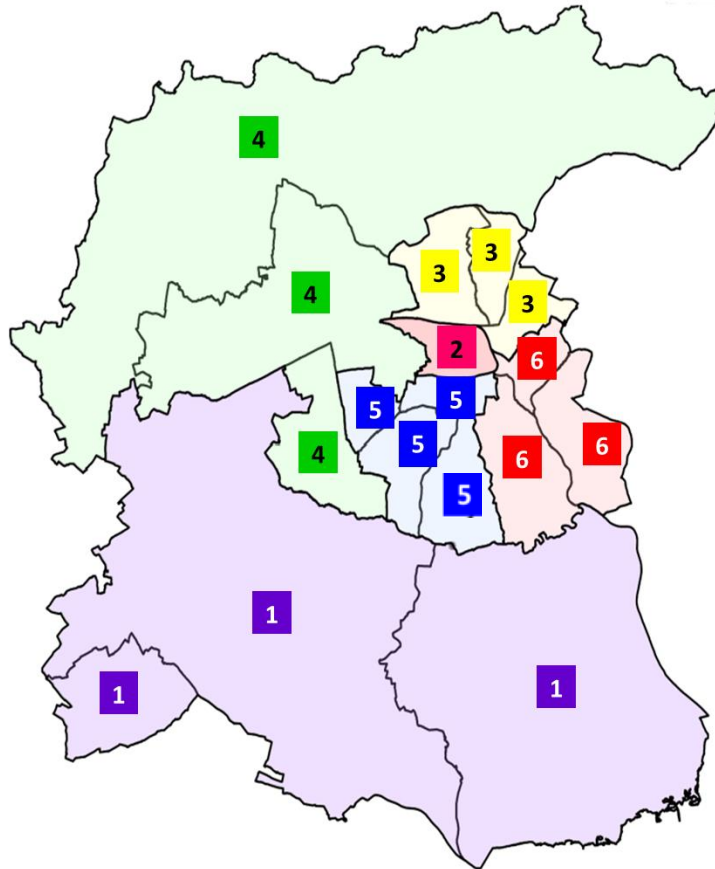
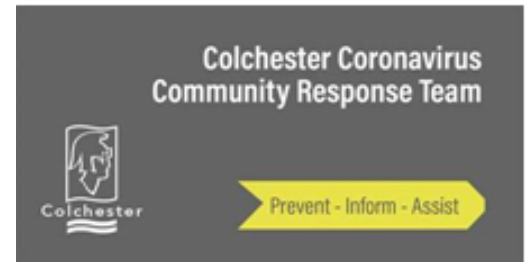


Colchester Borough Residents Contacts Pack

Responding to Community Enquiries Regarding Coronavirus



Neighbourhood Key:	
1	Marks Tey and Layer, Mersea and Pyfleet, and Tiptree
2	Town Centre / Castle Ward
3	Highwoods, Mile End, and St John's and St Anne's
4	Stanway, Lexden and Braiswick, and Rural North
5	Berechurch, New Town and Christ Church, Prettygate and Shrub End
6	Wivenhoe, Old Heath and The Hythe, and Greenstead

This guide provides information on what help and support is available in your local area.

CBC are not affiliated nor associated with anyone, or any group within this document. We are providing this as further assistance to you during the COVID-19 situation.

Areas are split via Neighbourhoods as per map and at the end of the document you will find a section for Colchester Boroughwide information.

Colchester Borough Residents Contacts Pack

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Neighbourhood 1

(Marks Tey & Layer, Mersea & Pyfleet and Tiptree)

Important Contacts		
COMMUNITY RESPONSE TEAM CONTACTS	Yovone Cook Yovone.Cook@colchester.gov.uk 07976 794786	Michael Smith Michael.Smith@colchester.gov.uk 07966 240471
NEIGHBOURHOOD MANAGER CONTACT	Fiona McDonald 07866 896614	For additional information in regards to Neighbourhood 1 visit this link and to find out more about your Neighbourhood Team visit this link .
DIGITAL ACCESS SUPPORT TEAM	For support on how to get online the team are offering over the phone and virtual 1-2-1s to assist people to communicate with friends and family using the devices they have as well as assisting people with online purchasing and using the NHS app to manage medicines, prescriptions and pharmacies, as well as any other digital or online queries you have. This service is bespoke to individual digital and technical needs. Call: 01206 282452 Email: Digital.AccessSupport@Colchester.gov.uk Web: https://www.colchester.gov.uk/digitalaccesssupport/	

Colchester Borough Residents Contacts Pack

Ward Councillors	
Marks Tey and Layer	
Name:	Kevin Bentley
Contact No:	01206 382405
Email:	cllr.kevin.bentley@colchester.gov.uk
Name:	Andrew Ellis
Contact No:	01206 735166 / 07768 986611
Email:	cllr.andrew.ellis@colchester.gov.uk
Name:	Jackie MacLean
Contact No:	01206 212128
Email:	cllr.jackie.maclean@colchester.gov.uk
Mersea and Pyefleet	
Name:	Robert Davidson
Contact No:	07973 760344
Email:	cllr.robert.davidson@colchester.gov.uk
Name:	John Jowers
Contact No:	01206 382975
Email:	cllr.john.jowers@colchester.gov.uk
Name:	Patricia Moore
Contact No:	01206 385361
Email:	cllr.patricia.moore@colchester.gov.uk
Tiptree	
Name:	Barbara Wood
Contact No:	07375 928972
Email:	cllr.barbara.wood@colchester.gov.uk
Name:	Derek Loveland
Contact No:	07786 321749
Email:	cllr.derek.loveland@colchester.gov.uk
Name:	John Elliott

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Contact No:	01621 817234
Email:	cllr.john.elliott@colchester.gov.uk
Parish Councils	
Abberton and Langenhoe	
Clerk:	Carolyn McSweeney
Contact No:	07396 331678
Email:	Parishclerk.al@hotmail.com
Birch	
Clerk:	Mrs E Bowtle
Contact No:	01206 330388
Email:	birchparishclerk@aol.com
Copford with Easthorpe	
Clerk:	Kate Palmer
Contact No:	07939 597176
Email:	copfordwitheasthorpepc@gmail.com
East Mersea	
Clerk:	Sue Pullen
Contact No:	01206 735367
Email:	pullenrosesue@yahoo.co.uk
Fingringhoe	
Clerk:	Mrs R Harvey
Contact No:	01206 729321
Email:	fingringhoepc@btinternet.com
Layer Breton	
Clerk:	Chris Beesley
Contact No:	01206 332904
Email:	layerbretonparishclerk@hotmail.co.uk
Layer de la Haye	
Clerk:	Grahame Walkinshaw
Contact No:	01206 734657

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Email:	layerclerk@hotmail.com
Layer Marney	
Clerk:	Elsie Chapman
Contact No:	01206 330887
Email:	layermarneyparishclerk@btinternet.com
Marks Tey	
Clerk:	Gemma Humphries
Contact No:	01206 213250
Email:	parish.clerk@marksteyparish.org.uk/
Messing	
Clerk:	Fraser Ward
Contact No:	07928 055 604
Email:	messingandinworthparishclerk@gmail.com
Tiptree	
Name:	Rob Williams
Contact No:	01621 817 030
Email:	Clerk@Tiptreeparishcouncil.gov.uk
West Mersea	
Clerk:	Hayley Powling / Petra Palfreyman
Contact No:	01206 489240/ 01206 382128
Email:	office@westmersea.org
Winstred Hundred	
Clerk:	Sue Pullen
Contact No:	01206 735367
Email:	susiepullen@btinternet.com/

Colchester Borough Residents Contacts Pack

Community Groups & Volunteer Information		
Organisation	Support &/or What's Available	Contact Details
Abberton & Langenhoe Parish Council	<p>The Parish Council and Neighbourhood Watch have put in place arrangements to assist any resident in the villages who need help.</p> <p>The website includes a form which you can complete, if you need some assistance or if you would like to volunteer to help your neighbours. This may involve befriending, getting shopping or prescriptions. They can also assist with the Post office friend scheme if required.</p> <p>Also assisting Mersea with their Meals on Wheels. (as of May 2020)</p>	<p>You can also contact the following organisers by telephone: Sue King on 01206 735683, or Margaret Palmer-Slatter on 01206 735980.</p> <p>Email: alcovidhelp@gmail.com</p> <p>Web: https://www.abbertonandlangenhoe.org.uk/covid-19-update/</p>
Birch Village Community group	<p>This group has volunteers that will help those who are isolated with collecting food and takeaways. They also offer a befriending / communicating service for those feeling lonely (as of May 2020).</p>	<p>This is a public Facebook group.</p>
Copford and East Thorpe Parish Council	<p>They have a Volunteer Response Scheme in place for residents needing support and volunteers who wish to help. They offer help with collecting food, prescriptions, help with the garden and befriending service.</p> <p>Complete this form on their website if you require help or would like to volunteer. (as of May 2020)</p>	<p>Call: 07939 597176</p> <p>Email: copfordwitheasthorpepc@gmail.com</p> <p>Web: https://www.copfordwitheasthorpeparishcouncil.co.uk/</p>
Easthorpe, Copford & surrounding areas Facebook group	<p>This group has been created in order to share information, networking, upcoming events and anything really within the area. (as of May 2020)</p>	<p>This is a public Facebook group.</p>

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Layer Parish Council	Layer Parish Council can be contacted by local residents if they have any concerns about the virus, especially if they are self-isolate. They are also available to help collect shopping or for a friendly chat. (as of May 2020)	Contact Ann Hughes by email or visit the website below for more information. Email: mrmushroom@keme.co.uk Web: https://layerdelahayepc.com/parish-council/
Mersea Island Coronavirus Community Support Group	Organised by West Mersea Town Council, this group offers support and information to residents in the local area. They have a team of volunteers who are helping others with shopping, collections of prescription and are also offering a meals on wheels service. £5 a meal or £30 for 7 plus anything else they can help with (as of May2020).	Call: 01206 489240 (8am to 5pm Monday to Friday) This is a public Facebook group.
Secret Layer Facebook Group	Offering to help those residents who are vulnerable or isolated with small jobs like collecting food, cutting the grass and general support and assistance. (As of May 2020)	This is a public Facebook group.
St Luke's Volunteers: Church Group of Volunteers	This is a group of volunteers that can help pick up prescriptions and shopping, as well as any other support (as of May 2020).	Call: St Luke's Church on 01206 598234 option 1 Email: hannah@stlukescolchester.org.uk
Tiptree Good Neighbours Private Facebook Group	This group is designed to offer a helping hand to Tiptree residents who may find themselves in need. (As of May 2020)	This is a private Facebook which you must join to access content.

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Marks Tey Parish Council	Offering assistance to those residents who may need prescriptions and shopping collected. They are also offering a befriending service. (As of May2020)	Call: Councillor Maureen Callen on 07928 810404 or Kate Evans on 07850 695154.
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Shop Information		
Organisation	Support &/or What's Available	Contact Details
An Ethical Life	<p>Delivering shopping to all CO post codes, they offer a multi-range of products not only food for you or your pet but also personal hygiene items.</p> <p>Please visit their website to see the full range of products available for delivery and collection from their shops (as of May 2020).</p> <p>All orders are packed using donated containers (plastic/glass) which have been cleaned, and/or paper bags. The order is then packaged in a recycled cardboard box. It is requested that you don't throw away the packaging, as it can be reused or donated back to them with any future orders/collections.</p>	<p>Email: ZeroWaste@AnEthicalLife.co.uk</p> <p>Web: https://www.anethicallife.co.uk/</p>
Asda Tiptree	<p>NHS/Carer hours - To support the vital work of the NHS and care workers, they are prioritising NHS workers in larger stores every Monday, Wednesday and Friday from 8am to 9am and Sunday 9am to 10am for browsing.</p> <p>They have reduced the normal opening hours of stores to 8am to 10pm, Monday to Saturday to ensure they can clean and fully re-stock shelves ready for customers (as of May 2020).</p>	<p>Call: 01621 725400</p> <p>Address: 25 Church Road, Tiptree, Colchester CO5 0LA</p> <p>Web: https://www.asda.com/</p>
Blackwell's Farm Shop	Delivering general groceries, meat and dairy around Colchester with a £50 minimum order for delivery. No longer taking orders for collection from the farm shop.	Call: 01376 562500

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	<p>Please visit their website to see the full range of products available.</p> <p>The farm Shop opening times are Monday to Friday 8am to 5:30pm, Saturday 8am to 4pm and Sunday 10am to 3pm (as of May 2020).</p>	<p>Email: orders@blackwellsfarmproduce.co.uk</p> <p>Web: https://www.blackwellsfarmproduce.co.uk</p> <p>This is a public Facebook group.</p>
Co-op West Mersea	<p>Opening times: Monday to Saturday 7am to 9pm and Sunday 10am to 4pm.</p> <p>10% off for all NHS workers. 3 of each item per customer. Tissues, toilet paper and kitchen roll. Hand sanitiser, antibacterial soap, antibacterial hand and surface wipes. No special shopping hours. (As of May 2020)</p>	<p>Address: Barfield Road, West Mersea CO5 8RA</p> <p>Web: https://www.eastofengland.coop/supermarket/west-mersea?utm_source=gmb&utm_medium=organic&utm_campaign=food</p>
Iceland Tiptree	<p>Opening times are Monday to Saturday 10am to 7pm and the last hour of trade is reserved for NHS staff only (as of May 2020). NHS ID will need to be provided.</p>	<p>Call: 01621 819297</p> <p>Address: 7 The centre, Tiptree, Colchester CO5 0HF</p> <p>Web: https://www.iceland.co.uk/</p>
Tesco Express West Mersea	<p>Store is open Monday to Saturday 6am to 11pm, Sunday 7am-11pm. Priority times excluded from Express stores (as of May 2020).</p>	<p>Call: 0345 675 7110</p> <p>Address: Griffon Garage, 1 Barfield Rd, West Mersea, Colchester CO5 8QT</p> <p>Web: https://www.tesco.com/</p>

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Tesco Tiptree	<p>Store is open Monday to Friday 8am to 10pm, Saturday 8am to 9pm and Sunday 10am to 4pm.</p> <p>Elderly and vulnerable priority time 9am -10am Monday, Wednesday and Friday.</p> <p>NHS priority time 9am to 10am Tuesday and Thursday and Sunday (as of May2020).</p>	<p>Call: 0345 677 9674</p> <p>Address: 86 Church Road, Tiptree, Colchester CO5 0SU</p> <p>Web: https://www.tesco.com/</p>
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Meal Delivery Information		
Organisation	Support &/or What's Available	Contact Details
Bungalow Diner	<p>Bungalow Diner are offering a takeaway, collections and delivery service, every day for breakfast, lunch and dinner from 11.30am to 9:30pm.</p> <p>They are also offering delivery within a 4 -mile radius otherwise there will be a £3 delivery charge for anywhere outside of this radius (as of May 2020).</p> <p>You can also order via the Just Eat app, use this link for more information.</p> <p>For their menu look on their website.</p>	<p>Address: 45 London Road, Marks Tey, CO6 1DY</p> <p>Call: 01206 210972 or 07930368019</p> <p>Web: http://www.bungalowdiner.co.uk/</p>
China Kitchen	<p>Chinese takeaway.</p> <p>Open 5pm to 9pm. Takeaway menu is available online on their website (as of May 2020)</p>	<p>Address: 13 High Street, West Mersea, CO5 8QD</p> <p>Call: 01206 386363</p>
Cowabunga Pizza	<p>Pizza delivery available visit their website for the menu and you can order by phone (as of May 2020).</p>	<p>Address: 8 Yorick Road, West Mersea, CO5 8HT</p>

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		Call: 01206 234102
Home Kitchen Mersea	<p>Offering wholesome meals and dishes, fully prepared and ready to eat.</p> <p>They currently deliver to Mersea Island, Mondays to Fridays 7:30am to 8am and 12pm to 2pm.</p> <p>They currently deliver to Colchester on Tuesdays at 3:45 to 4:30pm and Thursdays at 11:15 to 11:45am. (As of May 2020).</p>	Call: 07944 443797
Meals on Wheels Mersea	<p>Meals on wheels are being offered on Mersea Island and to surrounding villages, Peldon, Langenhoe, Wigborough and Fingringhoe.</p> <p>They are being prepared at our Mersea Outdoors centre and delivered by volunteers between 12 and 2pm.</p> <p>Please order/make any changes with 24 hours' notice, i.e. if you want a meal on Wednesday, you need to order on Monday.</p> <p>The cost is £5 a day which will include a hot lunch, sandwich and a cold dessert, or £30 for a week. There is a rolling 7 day menu available, unfortunately no changes or swaps are possible.</p> <p>There are three ways to pay: cash, cheque or BACS transfer.</p> <p>Please call or email Thira for more information and the menu (as of May 2020).</p>	<p>Call: 01206 489240 or Thira on 07767 836386 or 01206 382968</p> <p>Email: office@westmersea.org or thiralane@live.co.uk</p>
Mersea Island Fish Bar	Fish and chips delivery and collection.	Address: 37 High Street, West Mersea, CO5 8QA

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	<p>Can pre-order for collection. Card payment only.</p> <p>Free delivery available for pensioners and those who are strictly self-isolating (as of May 2020).</p> <p>Open Thursday 4pm to 8pm, Friday and Saturday 12 to 8pm.</p>	<p>Call: 01206 381999</p>
Nupur	<p>Indian, pizza, chicken and chips, delivery and collection.</p> <p>Open Tuesday to Sunday 5pm to 10pm (as of May 2020).</p>	<p>Address: 37 Kingland Road, West Mersea, CO5 8RA</p> <p>Call: 01206 384823 or 01206 383090</p> <p>Web: http://nupur.org.uk/</p>
The Alma	<p>They are operating a Takeaway food service with customers being given time slots to safely collect their meals. This is available Thursday, Friday and Saturday evenings and Sunday lunch time.</p> <p>For those shielding / self-isolating or infirm they are offering a free delivery service to those in Copford, Marks Tey and Easthorpe.</p> <p>For the menu look on their website.</p> <p>The owners of The Alma pub are also running a not for profit Village Shop, stocking all the essential's such as Milk, Bread, Eggs, Vegetables, and a few treats. They are offering free delivery to Copford, Marks Tey and Easthorpe. As well as opening the shop Tuesday to Saturday 8am to 10am and 4pm to 6pm with Sundays 11:30am to 3pm for those needing to rigidly social distance. Along with these more traditional services they are taking specific food and produce orders, delivering papers, collecting parcels and fuel (as of May 2020).</p>	<p>Address: School Road, Copford, CO6 1BZ</p> <p>Web: http://www.thealma.org.uk/</p> <p>Call: 07889 630144</p>

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The Company Shed	<p>Offering a variety of fresh uncooked and cooked dishes.</p> <p>For their menu look on their website.</p> <p>Please note that there is a fake website for this company as well this is the official site. (As of May 2020)</p>	<p>Address: 129 Coast Road, West Mersea, CO5 8PA</p> <p>Call: 01206 382700</p> <p>Email: Thecompanyshed@yahoo.co.uk</p> <p>Web: http://www.thecompanyshed.co/</p>
The Gilt Rooms	<p>Offering free delivery on Mersea Island of premade meals including breakfast and platters, will deliver to Colchester area at a small charge (as of May2020).</p> <p>For their menu look on their website.</p>	<p>Address: The Gilt Rooms 4 Barfield Road, West Mersea, CO5 8QT</p> <p>Call: 01206 384840 for reservations</p> <p>Web: https://www.thegiltrooms.com/</p>
The Kings Arms Broad Green	<p>Offering takeaway meals, collection, and free local delivery Monday to Saturday 12pm to 2pm and 6pm to 7:30pm (as of May 2020).</p> <p>For their menu look on their website.</p>	<p>Address: A120 Coggeshall Road, Broad Green, CO6 1RU</p> <p>Call: 01376 562006</p> <p>Email: thekingsarms.bedandbreakfast@yahoo.co.uk</p> <p>Web: https://www.kingsarmsbandb.co.uk/</p>
Tiptree Meals	<p>Offering hot meals delivered between 11.30am and 2.30pm.</p> <p>For their menu look on their website (as of May 2020).</p>	<p>Call: 01621 816963</p> <p>Email: info@tiptree-meals.co.uk</p>

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		Web: https://www.tiptree-meals.co.uk/
Tiptree Patisserie	<p>Offering a home delivery or collection service, with a £30 minimum spend for free home delivery or alternatively you can collect from Tiptree Patisserie in Witham with no minimum spend required (as of May 2020).</p> <p>They offer a range of sandwiches, cakes and pies.</p> <p>Orders can be made Monday to Friday 9am to 3:30pm.</p> <p>For their menu look on their website.</p>	<p>Address: Tiptree Patisserie, The Olympic Building, Crittall Road Witham, CM8 3DR</p> <p>Call: 01376 509101</p> <p>Email: tiptreepatisserie@tiptree.com</p> <p>Web: https://www.tiptreecakes.com/</p>
Titash	<p>Indian takeaway, delivery and collection options available. (As of May 2020)</p>	<p>Address: 408 High Street West Mersea CO5 8QA</p> <p>Call: 01206 381778/9</p>
Unique Fish and Kebab Bar	<p>Fish, chips and kebabs for collection only.</p> <p>Open 12 to 10pm (as of May 2020).</p>	<p>Address: 10-12 Church Road, West Mersea, CO5 8QH</p> <p>Call: 01206 386773</p>
West Mersea Town Council	<p>Offering meal delivery service £5 a meal or 7 meals for £30 (as of May 2020).</p>	<p>Call: 01206 489240</p> <p>8am to 5pm Monday to Friday</p>
Yokal Eggs Ltd	<p>Eggs and honey available for collection only (as of May 2020).</p>	<p>Address: 10 East Mersea Road, West Mersea, CO5 8SJ</p>

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Food Delivery Information		
Organisation	Support &/or What's Available	Contact Details
Arthur Cock and Son's Butchers	Offering collection and delivery of local meats and produce. Delivering to Mersea, Peldon, Abberton, Fingringhoe and Langenhoe (as of May 2020).	Address: 2 Yorick Road CO5 8HT Call: 01206 382111 This is a public Facebook group.
Ben's Fish Ltd	Offering a delivery service of fresh fish. Please place your orders before delivery day, they can only handle a certain number of drops in one day, so it is a first come first served basis (as of May 2020).	Call: 01206 386833 Web: https://bensfishmersea.co.uk/
Bonnars Barn	You can shop or get a home delivery of fruit, vegetables and other produce. Open Tuesday to Saturday 9am to 3pm. Please note that currently they are only allowing 8 people into the shop at a time (as of May 2020).	Address: The Strood, West Mersea, CO5 7QL Call: 01206 735756 This is a public Facebook group.
Charley Lewis Fresh Produce	Are delivering mixed boxes of fresh produce with a £10 minimum order and free delivery (as of May 2020).	Address: Gainsborough Close, West Mersea, CO5 8PR Call: 07738 229290 This is a public Facebook group.
Galley Seafoods	Delivery fresh fish. Please order by phone (as of May 2020).	Address: 39 Kingsland Road, West Mersea, CO5 8RA Call: 01206 385588

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<p>Layer Marney Fine Foods</p>	<p>Offering delivery of fresh meat, sausage rolls and pork pies (as of May 2020).</p> <p>For a full range of products available please visit their website.</p>	<p>Address: Unit 1 Heath Road, Stanway, Colchester CO3 0QR</p> <p>Call: 01206 331179 / 07976 225965</p> <p>Email: layermarneylamb@msn.com</p> <p>Web: https://www.layermarneylamb.co.uk/</p>
<p>M. Bruce Fruit and Vegetable Suppliers</p>	<p>Offering delivery of fruit and vegetable boxes.</p> <p>To place an order for delivery you can now complete this form. To place an order for collection you can now complete this form (as of May 2020).</p>	<p>This is a public Facebook group.</p>
<p>Mersea Barns</p>	<p>Offering delivery and collect service (as of May 2020).</p> <p>Offering essential food items as well as collection of ready-to-cook meals, meat and vegetable boxes.</p> <p>For a full range of products available please visit their website.</p>	<p>Address: East Road, East Mersea, Colchester CO5 8TQ</p> <p>Call: 01206 384198</p> <p>Email: info@merseabarns.com</p> <p>Web: https://www.merseabarns.com/</p>
<p>Mersea Island Bakery</p>	<p>Open 7am to 11am Monday to Friday.</p> <p>Gluten free bread available. (As of May 2020)</p>	<p>Address: 8 Barfield Road, West Mersea, CO5 8QT</p> <p>Call: 01206 382186</p>
<p>Mersea Island Fresh Catch</p>	<p>Delivery of fresh fish.</p>	<p>Call: 01206 385421 or 07791 628778</p> <p>This is a public Facebook group.</p>

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Picketts Farm	<p>They are offering a delivery service of fresh produce directly to your doorstep.</p> <p>They are offering “Meat Box” with price ranges of £25 to £40.</p> <p>To order text or Facebook message before 2pm for a delivery the following day. You can also order through their website (as of May 2020).</p>	<p>Address: Church Road, Fingringhoe, CO5 7BL</p> <p>Call: 07966 138647</p> <p>This is a public Facebook group.</p> <p>Web: https://www.pickettsfarm.co.uk/</p>
Richard Howard’s Oysters	Delivery of oysters (as of May 2020).	Web: https://richardhawardsoysters.shop/
Tiptree Food Bank	<p>This is a small food bank who can provide food parcels to anyone in financial difficulty in Tiptree, Tolleshunt Knights, Messing, Inworth and Great Braxted.</p> <p>No voucher is required.</p> <p>They are willing to take referrals from any public service.</p> <p>They are working closely with Colchester Borough Homes. (As of May 2020)</p>	Email: Rev - Anne Marie Renshaw amlrenshaw@btinternet.Fcom
The Deck – Mersea Seafood Co.	Delivery of fresh fish (as of May 2020).	<p>Call: 07835 533675</p> <p>Email: merseaseafoodcompany@gmail.com</p>
The Dukes Seafood	<p>Seafood delivery to Mersea, Tollesbury and Peldon on Fridays only (as of May 2020).</p> <p>They are taking orders by phone and these must be received by Wednesday evening latest for delivery Friday.</p>	Call: 07932 466870

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Neighbourhood 2

(Town Centre / Castle Ward)

Important Contacts		
COMMUNITY RESPONSE TEAM	Lisa Hobson Lisa.Hobson@colchester.gov.uk 07985 383321	Sam Goodman Samantha.Goodman@colchester.gov.uk 07814 694107
NEIGHBOURHOOD MANAGER	Sam Lancaster 07770 365331	For additional information in regards to Neighbourhood 2 visit this link and to find out more about your Neighbourhood Team visit this link .
DIGITAL ACCESS SUPPORT TEAM	For support on how to get online the team are offering over the phone and virtual 1-2-1s to assist people to communicate with friends and family using the devices they have as well as assisting people with online purchasing and using the NHS app to manage medicines, prescriptions and pharmacies, as well as any other digital or online queries you have. This service is bespoke to individual digital and technical needs. Call: 01206 282452 Email: Digital.AccessSupport@Colchester.gov.uk Web: https://www.colchester.gov.uk/digitalaccesssupport/	

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Ward Councillors

Castle	
Name:	Nick Barlow
Contact No:	01206 570753/07981 986375
Email:	cllr.nick.barlow@colchester.gov.uk
Name:	Simon Crow
Contact No:	07870 154554
Email:	cllr.simon.crow@colchester.gov.uk
Name:	Mark Goacher
Contact No:	07504 252323
Email:	cllr.mark.goacher@colchester.gov.uk

Community Groups & Volunteer's Information

Organisation	Support &/or What's Available	Contact Details
Colchester Community, News & Events Facebook Page	A Facebook page where people are encouraged to share news and activities.	This is a public Facebook group that you can join.
Colchester Gateway	<p>Are an independent local charity, who are providing social clubs and activities for adults with learning disabilities.</p> <p>They offer support to people and their families who have learning difficulties. These services can be extended to others in need, for instance an older person who maybe a little confused.</p> <p>They are continuing to support people with learning disabilities and their families during lockdown. They are putting art challenges on their Facebook page as well as sharing information. They are also hosting Facebook lives including quizzes and music.</p>	<p>Address: Wilson Marriage Centre Barrack Street, CO1 2LR</p> <p>Web: http://www.colchestergatewayclubs.org/</p> <p>This is a public Facebook page.</p> <p>Contacts: Mandy Hudson (Administrator) Call: 07999 278472</p>

Colchester Borough Residents Contacts Pack

		<p>Email: Mhudson@colchestergateway.org.uk</p> <p>Roy Clarke (Chairman) Email: Rclarke@colchestergateway.org.uk</p> <p>Victoria Gamble Advocacy) Email: AdviserVictoria.gamble@colchestergateway.org.uk</p> <p>Sally Hargrave (Active Coordinator) Email: Shargrave@colchestergateway.org.uk</p>
St James the Great Church Volunteers	The community of St. James the Great have a small team of volunteers including a safeguarding officer. They can help with shopping online and medicine delivery (as of May 2020).	<p>Call Father James McCluskey: 01206 860419</p> <p>Email: officestjamescolchester@btinternet.com</p>
St Peters Church	Offering chats to those you need to talk over Zoom.	<p>Website: https://www.stpeterscolchester.org/</p> <p>This is a public Facebook page.</p>

Colchester Borough Residents Contacts Pack

Shop Information		
Organisation	Support &/or What's Available	Contact Details
Aldi	<p>All day everyday key workers in the NHS, Police and Fire Service will take priority ahead of queues into stores upon showing a valid ID.</p> <p>From Tuesday 14th April, they have extended the priority shopping time for emergency workers which will now include all groups entitled to a Blue Light card. This is in addition to early access on a Sunday, where they can enter stores 30 minutes prior to opening.</p> <p>Also open 30 minutes early Monday to Saturday for the Elderly (over 70) and vulnerable. Please note, in England and Wales, this is for browsing only.</p> <p>Aldi are offering a "Food Parcels" service, which are available from 18th April 2020, they contain 22 of your essentials, as well as a few treats. Aldi say that this is a great shopping solution for vulnerable people and those who are self-isolating. These are available online only for £24.99 with contactless delivery to ensure everyone's safety.</p> <p>Due to exceptional demand, the food parcels may not be available all day. Please continue to check the website daily, as they replenish their stock every day.</p>	<p>Address: Magdalen Street, Colchester CO1 2FJ</p> <p>Web: https://www.aldi.co.uk/</p> <p>Food parcels website link.</p>
Boots	<p>Boots are limiting the amount of people in store at any one time so at busier times you may be asked to queue outside.</p> <p>To comply with social distancing, they will have floor markings and Perspex protector screens and they are limiting sales of certain products.</p> <p>Please note online restrictions may vary from in store.</p>	<p>Address: 4-6 Lion Walk Colchester, Essex CO1 1LX</p> <p>Call: 01206 577303</p> <p>Web: https://www.boots.com/boots-shopping/shopyourway</p>

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	They have not reduced their opening times.	
Dhaulagiri Asian Grocery Shop	They mainly sell Asian spices and food, rice and meat. Their opening times are Monday to Friday 9am to 8pm.	Address: Store 7, Century House North, Station Road, Colchester CO1 1RE Call: 01206 619264
Feng Huang Asian Grocery Shop	Asian Grocery Shop which sells exotic groceries of China, Korea, Thailand, Philippines, Japan, Malaysia, Vietnam, and Indonesia). There opening times are: Monday to Friday 10am to 6pm, Saturday 10am to 5pm and Sunday 10am to 4pm	Address: 6 Queen Street, Colchester CO1 2PJ Call: 01206 549029
Iceland	Opening times are Monday to Saturday 9am to 6pm and the last hour of trade is reserved for NHS staff only (as of May 2020). NHS ID will need to be provided.	Address: St Johns Walk Shopping Centre, St John's Street, Colchester CO2 7AL Web: https://www.iceland.co.uk/
iChina Chinese Supermarket	This is a Chinese supermarket; they sell a variety of Chinese and Asian products.	Address: 96 High Street, Colchester CO1 1LE Call: 01206 765320
Marks and Spencer (Town Centre)	Offering various 'Food Boxes', kitchen essentials like pasta, sauces and plus a few sweet treats including shortbread and Percy pigs. Fresh produce and meat boxes also available. Price range is £15 to £45	Web: https://www.marksandspencer.com/l/gifts/food-boxes

Colchester Borough Residents Contacts Pack

One Stop	<p>Local convenience store selling chilled and grocery food also alcohol and newspapers.</p> <p>Opening times are Monday to Sunday 7am to 9pm.</p>	<p>Address: 1 and 2, Century House, North Station Road, Colchester CO1 1RE</p> <p>Web: https://www.onestop.co.uk/</p> <p>Call: 01206 575712</p>
Osbourne Convenience Store	<p>Are offering a delivery service for general groceries.</p>	<p>Address: 37 Osborne Street, CO2 7DB</p> <p>Call: 01206 370664</p> <p>This is a public Facebook group</p>
Polski Sklep Food Basket-Deli Shop	<p>This is a Polish deli supermarket.</p> <p>Opening times are Monday to Wednesday 9am to 4pm, Thursday to Friday 9am to 5pm, Sunday 10am to 3pm</p>	<p>Address: 29 Priory Walk, Colchester CO1 1LG</p> <p>Call: 01206 767546</p> <p>This is a public Facebook group</p>
Poundland	<p>Open Monday to Friday 9am to 4pm and Sunday 10:30 to 4:30pm.</p> <p>They are taking precautions to ensure the safety of customers and staff:</p> <ul style="list-style-type: none"> • Perspex screens at checkouts for extra reassurance. • Managed flow of shoppers into and out of stores. • Limited till openings for extra distance at checkouts. • Greater social distancing including 2 metre markers in all of shops. • Extra hand sanitiser for colleagues. • Out of hours stock replenishment to minimise contact in stores. 	<p>Address: 84-86 Culver Street East CO1 1LF</p> <p>Call: 01206 575711</p> <p>Web: https://www.poundland.co.uk/store-finder/store_page/view/id/57/</p>
Premier	<p>Opening times are Monday to Sunday 7am to 3pm.</p>	<p>Address: 43 Head Street, Colchester CO1 1NH</p>

Colchester Borough Residents Contacts Pack

		<p>Call: 01206 711000</p> <p>Web: https://www.premier-stores.co.uk/</p>
Queen Street Continental Supermarket	<p>Sell a wide range of Eastern European, Persian and Middle Eastern foods as well as many of your daily essentials.</p> <p>Opening times are Monday to Sunday 8am to 9pm.</p>	<p>Address: 38 Queen Street, CO1 2PL</p> <p>Call: 01206 765119</p>
Sainsbury's	<p>They have made changes to all supermarket opening hours from Monday 23rd March.</p> <p>NHS ID holders have priority shopping Monday to Saturday 7:30am to 8am.</p> <p>Elderly customers, carers and disabled customers have priority shopping Monday, Wednesday and Friday 8am to 9am.</p>	<p>Address: 11-14 Priory Walk, CO1 1LG</p> <p>Call: 01206 570289</p> <p>Web: https://www.sainsburys.co.uk/shop/gb/groceries</p>
SPAR	<p>Delivering pizzas, snacks and alcohol through Deliveroo. Please note you do have to check their website to see if they will deliver in your area.</p> <p>Opening times are Monday to Sunday 7am to 10pm.</p> <p>You can also order via the Deliveroo app use this link for more information.</p>	<p>Address: 121 High Street, Colchester CO1 1SZ</p> <p>Call: 01206 367460</p> <p>Web: https://www.spar.co.uk/store-locator/afb14727-spar-colchester</p>
Tesco's Express	<p>Store is open Monday to Friday 7am to 10pm. Priority times excluded from Express stores.</p>	<p>Address: 42-46 Crouch Street, CO3 3HH</p> <p>Call: 03450 269718</p> <p>Web: https://www.tesco.com/</p>

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Tesco's Express	Store is open Monday to Friday 7am to 10pm. Priority times excluded from Express stores.	Address: Magdalen Street, CO1 2LA Call: 03456 102954 Web: https://www.tesco.com/
Guntons, Crouch Street	<p>Traditional family grocers and coffee roasters who are offering a collection and delivery service in the CO3 area (as of May 2020).</p> <p>They are taking orders by telephone between 9am to 12am Monday to Friday or you can text them or pop a list which needs to include your address and contact as well as the items you wish to order and they will either deliver them or contact you the next working day.</p> <p>They deliver by at some point throughout the day, however if the order is too heavy, they can deliver by car for a £2 charge. Please visit their website to see the full delivery information.</p>	Address: 81-83 Crouch Street, CO3 3EZ Call: 01206 572200 / 0754367964 Email: info@guntons.co.uk Web: https://www.guntons.co.uk/

Food Delivery Information

Organisation	Support &/or What's Available	Contact Details
Open Door	<p>Support for homeless people.</p> <p>Opening Monday to Friday 12am to 1pm to offer takeaway food to your house but hungry clients (i.e. those who cannot afford food from the shops and would normally rely on us for food).</p>	<p>Call: 07934 907998</p> <p>Email: hello@opendoorcolchester.co.uk/</p> <p>Web: https://www.opendoorcolchester.co.uk/</p> <p>This is a public Facebook group.</p>

Colchester Borough Residents Contacts Pack

Meal Delivery Information		
Organisation	Support &/or What's Available	Contact Details
Dough and Co	<p>Offering a takeaway and delivery service for pizzas and pasta.</p> <p>For their menu and delivery options look on their website.</p>	<p>Address: 48 St John's Street, Colchester CO2 7AD</p> <p>Call: 01206 548331</p> <p>Web: https://colchester.doughandcopizza.co.uk/</p>
Dr Chippy	<p>Are delivering food via Deliveroo and Just Eat (websites) where you will find a full menu of what they have on offer. Please note you do have to check their website to see if they will deliver in your area.</p> <p>You can also order via the Deliveroo app, use this link for more information.</p> <p>You can also order via the Just Eat app, use this link for more information.</p>	<p>Address: 3 St Botolph's Street, Colchester, CO2 7DX</p> <p>Call: 01206 369990</p> <p>This is a public Facebook group</p>
Fais Noodle	<p>Are delivering food via Deliveroo (website) where you will find a full menu of what they have on offer. Please note you do have to check their website to see if they will deliver in your area.</p> <p>You can also order via the Deliveroo app, use this link for more information.</p>	<p>Address: 27 St Botolph's Street, Colchester CO2 7EA</p> <p>Web: http://www.fais-noodle-bar.co.uk/</p>
Love Thy Burger	<p>Takeaway and delivery menu available on their website. They are offering collection from their restaurant.</p>	<p>Address: 58 High Street, Colchester CO1 1DH</p> <p>Call: 01206 544044</p>

Colchester Borough Residents Contacts Pack

	<p>They are delivering food via Deliveroo (website) where you will find a full menu of what they have on offer. Please note you do have to check their website to see if they will deliver in your area.</p> <p>You can also order via the Deliveroo app, use this link for more information.</p>	<p>Web: http://www.lovelthyburger.co.uk/</p>
<p>Miseria e Nobiltá Ristorante Italiano</p>	<p>Takeaway menu available and various offers advertised via their Facebook page. For free delivery in Colchester there is a minimum spend of £14 required (as of May 2020).</p> <p>For their menu look at their website.</p>	<p>Address: 11 Queen Street, Colchester CO1 2PG</p> <p>Call: 01296 760757</p> <p>Web: https://www.miseriaenobilta.co.uk/</p> <p>This is a public Facebook page</p>
<p>North Hill Noodle Bar</p>	<p>Offering a range of Chinese food for delivery and collection.</p> <p>All food deliveries are to be ordered through Deliveroo (a website) or ring ahead to collect from the restaurant. You can also order via the Deliveroo app using this link.</p> <p>Open: 12 to 10pm Monday to Saturday and Sunday 12 to 9:30pm.</p> <p>Please note, they are currently cashless, payment by card or contactless payment only.</p> <p>For their menu look at their website.</p>	<p>Address: 2 North Hill, CO1 1DZ</p> <p>Call: 01206 368889</p> <p>Web: https://www.northhillnoodlebar.co.uk/</p>

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<p>Quality Diner</p>	<p>Offering a range of Mediterranean and soul food for takeaway and delivery.</p> <p>For their menu look on their website.</p>	<p>Address: 49 Street Botolph's Street, Colchester CO2 7EB</p> <p>Call: 01206 544413</p> <p>Web: https://qualitydinercolchester.com/</p>
<p>Sonali Indian Takeaway</p>	<p>Offering freshly prepared Indian meals for collection and delivery. Minimum order of £12. They deliver to CO1, CO2, CO3 and CO4 postcodes.</p> <p>For their menu look on their website.</p>	<p>Address: 22 East Hill, Colchester CO1 2QX</p> <p>Call: 01206 867000</p> <p>Web: http://www.sonaliindian.com/</p>
<p>The Nourish Co</p>	<p>Colchester's The Nourish Co is organising takeaway nights twice a week, offering freshly cooked plant-based meals which are ready to eat after collection from the Crouch Street premises.</p> <p>The firm has also set up the Nourish Market, which will be offering a range of ready-made vegan goodies and plans to offer boxes of vegan cookies in the coming weeks.</p> <p>You need to have an account to shop at The Nourish Co.</p> <p>For their menu look on their website.</p>	<p>Address: 23 Crouch Street, Colchester CO3 3EN</p> <p>Web: www.thenourishco.co.uk/collections/takeaway-menu</p>

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Other Information		
Organisation	Support &/or What's Available	Contact Details
Beacon House	<p>Are a charity that supports homeless people and is mainly for those that are still on the streets.</p> <p>They are providing medical care, hot drinks, hot lunch, and in partnership with Colchester Soup Run, sandwiches to take away for the evening, alongside working to secure accommodation if needed.</p>	<p>Address: 24 Crouch Street, Colchester CO3 3ES</p> <p>Call: 01206 761960</p> <p>Email: office@beaconhouseministries.org.uk</p> <p>Web: https://beaconhouseministries.org.uk/</p> <p>This is a public Facebook group.</p>

Colchester Borough Residents Contacts Pack

Neighbourhood 3

(Mile End, Highwoods, and St John's & St Anne's)

Important Contacts		
COMMUNITY RESPONSE TEAM	Abby Housdon Abby.Housdon@colchester.gov.uk 07966 239441	Ashleigh Sims Ashleigh.Sims@colchester.gov.uk 07908 722279
NEIGHBOURHOOD MANAGER	Jay Regan 07966 238915	For additional information in regards to Neighbourhood 3 visit this link and to find out more about your Neighbourhood Team visit this link .
DIGITAL ACCESS SUPPORT TEAM	For support on how to get online the team are offering over the phone and virtual 1-2-1s to assist people to communicate with friends and family using the devices they have as well as assisting people with online purchasing and using the NHS app to manage medicines, prescriptions and pharmacies, as well as any other digital or online queries you have. This service is bespoke to individual digital and technical needs. Call: 01206 282452 Email: Digital.AccessSupport@Colchester.gov.uk Web: https://www.colchester.gov.uk/digitalaccesssupport/	

Colchester Borough Residents Contacts Pack

Ward Councillors	
Mile End	
Name:	Phil Coleman
Contact No:	07808 530587
Email:	cllr.phil.coleman@colchester.gov.uk
Name:	Martin Goss
Contact No:	07912 396335
Email:	cllr.martin.goss@colchester.gov.uk
Name:	David King
Contact No:	07738 522641 / 01206 852373
Email:	cllr.david.king@colchester.gov.uk
St Anne's and St John's	
Name:	Helen Chuah
Contact No:	01206 865864
Email:	cllr.helen.chuah@colchester.gov.uk
Name:	Chris Hayter
Contact No:	07817 000710
Email:	cllr.chris.hayter@colchester.gov.uk
Name:	Mike Hogg
Contact No:	01206 865864
Email:	cllr.mike.hogg@colchester.gov.uk
Highwoods	
Name:	Beverley Oxford
Contact No:	01206 845545
Email:	cllr.beverley.oxford@colchester.gov.uk
Name:	Gerard Oxford
Contact No:	01206 845545
Email:	cllr.gerard.oxford@colchester.gov.uk

Colchester Borough Residents Contacts Pack

Name:	Philip Oxford
Contact No:	07585 552801
Email:	cllr.philip.oxford@colchester.gov.uk
Parish Councils	
Myland	
Clerk:	Katherine Kane
Contact No:	01206 853400
Email:	clerk@mylandcommunitycouncil.gov.uk

Community Groups & Volunteer's Information		
Organisation	Support &/or What's Available	Contact Details
Chesterwell Community Hub	This is a Facebook page intended for residents of the Chesterwell community, where information and support is shared.	This is a Facebook group which you must join to access content.
Highwoods Colchester Community Group	This is a Facebook group for local residents offering support, general news.	This is a Facebook group which you must join to access content.
Hugh Dickenson Road Neighbours Mile End	This is a local noticeboard for residents of Hugh Dickson Road, Golden Dawn Way, Prior Way, Longacre, Rose Crescent and Enid Way. The group is for neighbours who are offering cooperation & support to help each other get through this together.	This is a private Facebook group which you must join to access content.
Kingswood Heath Residents Group	This is a Facebook page intended for residents of the Kingswood Heath community, where information and support is shared.	This is a Facebook group which you must join to access content.
Mile End & Braiswick Community Hub	The group is providing up to date information for the neighbourhood, with people offering support for residents of the area.	This is a private Facebook group which you must join to access content.

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Northern Approach Group	This is a Facebook group for residents of the Northern Approaches development, where information and support is shared.	This is a Facebook group which you must join to access content.
North East Colchester Support Network	<p>St John's Church created the 'North East Colchester Support Network' which focuses on those who are elderly/vulnerable & self-isolating and signposting them to organisations who may be able to assist them further.</p> <p>They will try to help with picking up shopping, posting mail, a friendly phone call, urgent supplies and dog walking.</p> <p>If you know someone who might benefit from their support or would like assistance yourself, please contact them.</p>	<p>Call or Text: 07858 651871</p> <p>Email: help@colchestersupport.co.uk</p> <p>This is a public Facebook group.</p>
St John's and St Anne's Colchester Community Group	This is a Facebook Group which offers information and news regarding the area, offering help and support for vulnerable/elderly people with lack of supplies in area.	This is a private Facebook group so you must be logged on to your account to access it.
St Luke's Church	There is a small team up and running ready able to go the pharmacy to pick up prescriptions, essential items, shopping etc. for Highwoods residents.	<p>Call: 01206 598234 and select option 1.</p> <p>Email: hannah@stlukescolchester.org.uk</p> <p>Web: https://www.stlukescolchester.org.uk/</p>
The Oak Tree Centre, St Anne's. Colchester	<p>Community centre Facebook page providing information and support for local residents.</p> <p>The Oaktree Centre is now registered with the Colchester Food Bank to issue Food Bank Vouchers to those families living in St Anne's and St John's suffering financial hardship and food poverty.</p>	This is a public Facebook page.

Colchester Borough Residents Contacts Pack

	<p>A voucher can be issued for an emergency 3 day supply of food. The criteria being you must not be claiming from another agency and you live in the Saints. Please phone 01206 865864 from 10am-2pm Monday - Friday and speak to Mike or Helen.</p>	
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Shop Information		
Organisation	Support &/or What's Available	Contact Details
<p>Aldi</p>	<p>All day everyday key workers in the NHS, Police and Fire Service will take priority ahead of queues into stores upon showing a valid ID.</p> <p>From Tuesday 14th April, they have extended the priority shopping time for emergency workers which will now include all groups entitled to a Blue Light card. This is in addition to early access on a Sunday, where they can enter stores 30 minutes prior to opening.</p> <p>Also open 30 minutes early Monday to Saturday for the Elderly (over 70) and vulnerable. Please note, in England and Wales, this is for browsing only.</p> <p>Aldi are offering a “Food Parcels” service, which are available from 18th April 2020, they contain 22 of your essentials, as well as a few treats. Aldi say that this is a great shopping solution for vulnerable people and those who are self-isolating. These are available online only for £24.99 with contactless delivery to ensure everyone’s safety.</p> <p>Due to exceptional demand, the food parcels may not be available all day. Please continue to check the website daily, as they replenish their stock every day.</p>	<p>Address: Colne View Retail Park, Cowdray Avenue, Colchester CO1 1YN</p> <p>Web: https://www.aldi.co.uk/</p> <p>Food parcels website link.</p>

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Asda	<p>NHS/Carer hours - To support the vital work of the NHS and care workers, they are prioritising NHS workers in larger stores every Monday, Wednesday and Friday from 8am to 9am.</p> <p>They have reduced the normal opening hours of stores to 8am - 10pm, Monday - Saturday to ensure they can clean and fully re-stock shelves ready for customers.</p>	<p>Address: Turner Rise, Mile End, Colchester CO4 5TU</p> <p>Call: 01206 543159</p> <p>Web: https://www.asda.com/</p>
Tesco Highwoods	<p>Elderly and vulnerable priority time 9am -10am Monday, Wednesday and Friday.</p> <p>NHS priority time 9am to 10am Tuesday and Thursday.</p>	<p>Address: Highwoods Square, Highwoods, Colchester CO4 9ED</p> <p>Call: 03456 779188</p> <p>Web: https://www.tesco.com/</p>

Food Delivery Information

Organisation	Support &/or What's Available	Contact Details
Allen & Son Butchers	The shop is closed but they are offering a delivery service of fresh meat in Colchester and surrounding areas Monday to Friday. They take card payment via telephone. (As of May 2020).	<p>Address: 13 St Botolph's Street, CO2 7DU</p> <p>Call: 07759 053147</p> <p>There is a public Facebook group.</p>
John Coleman Butchers	<p>They are offering delivery and collection of meat and dairy from there shop.</p> <p>Home deliveries within a 5-mile radius of their Boxted Shop.</p> <p>Minimum £40 order and must include meat products, payment over the phone option available.</p>	<p>Address: Langham Road, Boxted, Colchester, CO4 5HU</p> <p>Call: 01206 272270</p> <p>Email: icwbonline@btconnect.com</p>

Colchester Borough Residents Contacts Pack

	<p>You can call and choose the option 'catering and meat orders' to place an order.</p> <p>If calling during out of hours leave a message including your name and number or if you prefer you can email order sheet found on website. (As of May 2020)</p>	<p>Web: www.johncolemanbutchers.co.uk/</p> <p>This is a public Facebook group</p>
St Anne's & St John's Foodbank	<p>Donations for the food bank can be left at the Oaktree Centre Monday-Friday 9 am -5-30 pm. Residents needing food bank vouchers please phone. Assisted delivery services can be arranged for anyone who is struggling to get to the Food Bank to redeem their vouchers.</p> <p>The Oaktree Centre is now registered with the Colchester Food Bank to issue Food Bank Vouchers to those families living in St Anne's and St John's suffering financial hardship and food poverty.</p>	Call: Mike or Helen 01206 865864

Meal Delivery Information

Organisation	Support &/or What's Available	Contact Details
Frydays Fish and chips	<p>Are delivering food via Deliveroo (a website) where you will find a full menu of what they have on offer. Please note you do have to check their website to see if they will deliver in your area.</p> <p>You can also order via the Deliveroo app, use this link for more information.</p>	Call: 01206 868630
Mirra Turkish Restaurant	<p>Takeaway, collection and delivery service. Delivering within a 4-mile radius. (As of May 2020)</p>	Address: Mirra Restaurant, 98 High Street, Colchester CO1 1TH

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	For their menu look on their Facebook group or website .	Call: 01206 545933 Web: www.mirrarestaurant.co.uk This is a public Facebook group.
The Master Chef	This is a takeaway that is offering delivery within 4-mile radius £2 extra charge. For their menu look on their website .	Address: 44 St Christopher Road, Colchester CO4 0NA Call: 01206 851665 Web: https://themasterchef.co.uk/index.php This is a public Facebook group

Colchester Borough Residents Contacts Pack

Neighbourhood 4

(Stanway, Lexden & Braiswick and Rural North)

Important Contacts		
COMMUNITY RESPONSE TEAM	Cathy Doyle Catherine.Doyle@colchester.gov.uk 07970 991601	Alison Turner Alison.Turner@colchester.gov.uk 07779 345688
NEIGHBOURHOOD MANAGER	Aaron Hunter 07940 021042	For additional information in regards to Neighbourhood 4 visit this link and to find out more about your Neighbourhood Team visit this link .
DIGITAL ACCESS SUPPORT TEAM	For support on how to get online the team are offering over the phone and virtual 1-2-1s to assist people to communicate with friends and family using the devices they have as well as assisting people with online purchasing and using the NHS app to manage medicines, prescriptions and pharmacies, as well as any other digital or online queries you have. This service is bespoke to individual digital and technical needs. Call: 01206 282452 Email: Digital.AccessSupport@Colchester.gov.uk Web: https://www.colchester.gov.uk/digitalaccesssupport/	

Colchester Borough Residents Contacts Pack

Ward Councillors	
Rural North	
Name:	Christopher Arnold
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Email:	cllr.christopher.arnold@colchester.gov.uk
Name:	Nigel Chapman
Contact No:	01206 272908
Email:	cllr.nigel.chapman@colchester.gov.uk
Name:	Peter Chillingworth
Contact No:	01206 240230
Email:	cllr.peter.chillingworth@colchester.gov.uk
Lexden and Braiswick	
Name:	Lewis Barber
Contact No:	07876 237137
Email:	cllr.lewis.barber@colchester.gov.uk
Name:	Brian Jarvis
Contact No:	01206 852563
Email:	cllr.brian.jarvis@colchester.gov.uk
Name:	Dennis Willets
Contact No:	01206 240314
Email:	cllr.dennis.willets@colchester.gov.uk
Stanway	
Name:	Lesley Scott-Boutell
Contact No:	01206 549630
Email:	cllr.lesley.scott-boutell@colchester.gov.uk
Name:	Fiona MacLean
Contact No:	07809 229529 - Contact other Stanway Cllrs first

Colchester Borough Residents Contacts Pack

Email:	cllr.fiona.maclean@colchester.gov.uk
Name:	Paul Dundas
Contact No:	07885 808065
Email:	cllr.paul.dundas@colchester.gov.uk
Parish Councils	
Aldham	
Chairperson:	Jackie Daines
Contact No:	01206 242 538
Email:	jackiedaines@btinternet.com
Boxted	
Clerk:	Karen Thompson
Contact No:	07971 525688
Email:	Boxtedparishcouncil@gmail.com
Chappel	
Clerk:	Helen Cook
Contact No:	01206 589095
Email:	parishclerk@chappel.org
Dedham	
Clerk:	Emma Cansdale
Contact No:	01255 871483
Email:	clerk@dedhamparishcouncil.co.uk
Eight Ash Green	
Clerk:	Katherine Kane
Contact No:	07811 254163
Email:	parish.clerk@eightashgreen.com
Fordham	
Clerk:	George Branagh/Katherine Cameron
Contact No:	07966 442337 / 07453 160831
Email:	George.b@fordham-pc.gov.uk / clerk@fordham-pc.gov.uk

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Great Horkesley	
Clerk:	Penny Mutch
Contact No:	07375 095486
Email:	parish-clerk@greathorkesley-pc.gov.uk -
Great Tey	
Clerk:	David Williams
Contact No:	01787 224895
Email:	greatteyparishcouncil@outlook.com
Langham	
Clerk:	Carol Harbach
Email:	carolharbach@hotmail.co.uk
Little Horkesley	
Clerk:	Joanna Petersen
Contact No:	07747 803870 / 01206 273145
Email:	clerk@littlehorkesleypc.com
Mount Bures	
Clerk:	Liz Malvisi
Contact No:	07891 018162 / 01787 374348
Email:	mountburespc@outlook.com
Stanway	
Clerk:	David Lines / Amanda Ward
Contact No:	01206 542221 or 07485 151248 / 07849 089527
Email:	clerk@stanwaypc.org.uk / amanda.ward@stanwaypc.org.uk
Wakes Colne	
Clerk:	Diane Jacob
Contact No:	07508 787869
Email:	parishclerk@wakescolne.org
West Bergholt	

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Clerk:	Laura Walkinshaw
Contact No:	01206 240772
Email:	westbergholtpc@gmail.com
Wormingford	
Clerk:	Helen Cook
Contact No:	01206 589095
Email:	parishclerk@chappel.org

Community Groups & Volunteer Information

Organisation	Support &/or What's Available	Contact Details
Aldham Parish Church Council	<p>They have volunteers and are co-ordinating support for local residents.</p> <p>A WhatsApp support group for the Ford Street area has also been created.</p>	<p>Address: Marks Tey Rectory, Church Lane, CO6 1LW</p> <p>Email: ian.scott-thompson@virgin.net</p> <p>Web: http://www.aldham-church.co.uk/</p>
Ardleigh and Dedham Help line	<p>Helpline for residents of Dedham and Ardleigh.</p> <p>Leave a message with your name, phone number and what you would like help with, and someone will get back to you the same day.</p> <p>For example, you may like help to get shopping, or a prescription, or just to have a friendly chat with someone.</p>	<p>Call: 01206 322025</p> <p>Email: stmaryda@gmail.com if you would like to volunteer</p> <p>This is a public Facebook page</p>
Boxted Community Hub	<p>Are offering support for any elderly and vulnerable residents who may need help with essentials like food, prescriptions, dog walking, phone call support and meals on wheels.</p>	<p>Address: Cage Lane, Boxted, Colchester, CO4 5RE</p> <p>Call: 01206 272129 or 07488 345019</p>

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		Web: https://the-boxted-community-hub.business.site/
Chappel and Wakes Colne Local Information Facebook Group	A Facebook page for residents to share useful information about events, concerns and to ask questions.	This is a private Facebook community group so you must be logged on to your account to access it.
Chappel and Wakes Colne Local Events and Local Matter Facebook Group	This is a Facebook group for residents who are offering to deliver and/or cook meals and pick up prescriptions for other local residents.	This is a private Facebook group which you must join to access content.
Chappel and Wormingford Parish Council	<p>Are offering support for the local community including essential shopping, prescription collection and delivery.</p> <p>Residents can also call if they are self-isolating and in need of urgent supplies.</p> <p>If you are able to volunteer, you can also get in touch.</p>	<p>Call Helen Cook: 01206 589095</p> <p>Email: parishclerk@chappel.org</p> <p>Email: wormingford@outlook.com</p>
Dedham Vale Voice Facebook Group	For residents of Dedham and the surrounding Vale villages to share information, announcements and support.	This is a private Facebook group so you must be logged on to your account to access it.
Eight Ash Green & Fordham Heath Facebook Group	This is a community Facebook group for residents, sharing information and support.	This is a private Facebook group which you must join to access content.
Eight Ash Green Community Group Facebook Group	This group is for volunteers and people that need help due to the COVID 19 situation.	This is a private Facebook group which you must join to access content.

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<p>Fordham Parish Council Essex Facebook Group</p>	<p>Fordham Parish Council are sharing information about the COVID 19 situation via their Facebook group.</p>	<p>This is a public Facebook group.</p>
<p>Good Neighbours Langham & Boxted</p>	<p>Are offering an assistance and support service, which does not involve food or grocery orders and deliveries.</p> <p>Each day there is a different number to call and the instructions are: Please telephone the relevant number shown for the day you are calling.</p>	<p>Web: www.langhamessex.org.uk/community/good-neighbours/</p>
<p>Great Horkesley Parish Council</p>	<p>Great Horkesley Parish Council have organised a Volunteer Support Group to help anyone that is self-isolating in our village over the coming months.</p> <p>If you are self-isolating due to symptoms, being high risk, age, or any other reason, they can help you for free by: Picking up food or shopping Collecting urgent supplies or medicines Posting mail Finding contacts for mental health support, financial support, animal care, social care etc.</p> <p>If you, or anyone else you know in Great Horkesley may need their help please contact them by one of the following methods so they can put you in touch with your Contact.</p>	<p>Call: 07375095486</p> <p>Email: parish-clerk@greathorkesley-pc.gov.uk</p> <p>This is a public Facebook page.</p>
<p>Great Tey - All Street / Village Matters Facebook Group</p>	<p>Are offering to collect essential food, prescription and shopping for residents in the area.</p>	<p>This is a private Facebook group so you must be logged on to your account to access it.</p>
<p>Great Horkesley and Boxted Community Facebook Group</p>	<p>Here you will find a group of volunteers that are helping with collecting and delivering items that are required for those vulnerable and elderly people within the area who are in need.</p>	<p>This is a private Facebook group which you must join to access content.</p>
<p>Kingsland Church</p>	<p>Are offering a variety of virtual activities using Zoom.</p>	<p>Web:</p>

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	<p>The have activities range from an online playgroup to the Community Gospel Choir.</p> <p>Check their website to join one of their weekly advertised as advertised via their Virtual Church Diary.</p>	<p>https://kingsland.org.uk/virtual-church/</p>
Lexden and Prettygate Community Hub Facebook Group	<p>This Facebook group is for residents to share useful information with each other.</p>	<p>This is a private Facebook group so you must be logged on to your account to access it.</p>
Mile end and Braiswick Community Hub Colchester Facebook page	<p>This is a group for residents to share useful information as well as providing updates on behalf of The Mile End & Braiswick Community Hub.</p>	<p>This is a public Facebook group.</p>
St Albrights Church	<p>Are supporting elderly residents by offering daily phone calls, collecting prescriptions and shopping.</p>	<p>Address: Stanway Rectory, Church Lane, Stanway, CO3 8LR</p> <p>Email: vicar@stalbrights.org</p>
Stanway Evangelical Church	<p>Are offering online lessons for children.</p>	<p>This is a public Facebook group.</p>
Stanway Parish Council	<p>They are offering help and support with collecting shopping, posting mail, urgent supplies/meal service delivery as well as a friendly phone call.</p> <p>If you would like to help others by volunteering, you can also get in contact.</p> <p>Please call Monday to Friday 9am to 5pm.</p>	<p>Address: Victory Hall, Villa Road, Stanway, CO3 0RH</p> <p>Call Catherine Clouston (Deputy Clerk): 01206 542221</p> <p>Email: enquiries@stanwaypc.org.uk</p> <p>Web: www.stanwaypc.org.uk</p>

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	There Facebook group allows for sharing key information with residents as well as enabling the ability to contact them easily for assistance.	This is a public Facebook group
Stanway Residents Group Facebook Group	This is a group whereby individual residents are offering to help and support each other within the community.	This is a private Facebook group so you must be logged on to your account to access it.
Stanway Ward Community - Colchester	This is a Facebook page whereby information is being shared for local residents.	This is a public Facebook page.
St Andrews Church & Wormingford Parish Council	Each week the church publishes a Benefice Bulletin, with details of the services in Wormingford, Mount Bures and Little Horkesley, upcoming events and points for prayer. Wormingford Parish Council also have a public Facebook group where they share information.	Email: wormingford@outlook.com Web: https://www.wormingford.com/the-community This is a public Facebook group
Wakes Colne Parish Council	Are offering a service where they will assist those isolating with things like collecting shopping and prescriptions.	Call: 07508 787869 Dianne Jacobs Email parishclerk@wakescolne.org Web: https://e-voice.org.uk/wakescolne/
West Bergholt Care Network	Are offering a service to help collect prescriptions and shopping for residents within the West Bergholt area. They can help people who are self-isolating with a range of different things, for example cutting the grass or whatever people may require.	Call: 03007773100 Web: http://westbergholt.net/

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West Colchester Community Group Facebook Group	Residents can share useful Information and updates regarding COVID 19.	This is a private Facebook group so you must be logged on to your account to access it.
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Shop Information		
Organisation	Support &/or What's Available	Contact Details
Aldi	<p>All day everyday key workers in the NHS, Police and Fire Service will take priority ahead of queues into stores upon showing a valid ID.</p> <p>From Tuesday 14th April, they have extended the priority shopping time for emergency workers which will now include all groups entitled to a Blue Light card. This is in addition to early access on a Sunday, where they can enter stores 30 minutes prior to opening.</p> <p>Also open 30 minutes early Monday to Saturday for the Elderly (over 70) and vulnerable. Please note, in England and Wales, this is for browsing only.</p> <p>Aldi are offering a "Food Parcels" service, which are available from 18th April 2020, they contain 22 of your essentials, as well as a few treats. Aldi say that this is a great shopping solution for vulnerable people and those who are self-isolating. These are available online only for £24.99 with contactless delivery to ensure everyone's safety.</p> <p>Due to exceptional demand, the food parcels may not be available all day. Please continue to check the website daily, as they replenish their stock every day.</p>	<p>Address: 84 London Rd, Colchester CO3 9DW</p> <p>Phone Number: 08000 420800</p> <p>Website: www.aldi.co.uk/</p> <p>Food parcels website link.</p>

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<p>Sainsbury's, Tollgate</p>	<p>We have extended our opening hours; the Tollgate store is now open from 08.00 – 22.00.</p> <p>NHS ID holders have priority shopping Monday to Saturday 7:30am to 8am.</p> <p>Elderly customers, carers and disabled customers have priority shopping Monday, Wednesday and Friday 8am to 9am.</p>	<p>Address: 1 Western Approach, Stanway, CO3 8AA</p> <p>Call: 01206 203805</p> <p>Website: https://www.sainsburys.co.uk/</p>
<p>Wakes Colne Shop/Post Office in</p>	<p>Post Offices are designated an essential service, staying open to provide a vital lifeline for banking services, collecting benefits, bill payments and to enable letters and parcels to be sent.</p> <p>To help you follow the government's guidance on social distancing, they are using floor markers to ensure customers queue at a 2-metre distance.</p> <p>Opening hours: Monday, Tuesday, Thursday, Friday 8:30am to 17:30pm, Wednesday 8:30am to 12:30pm, Saturday 9am to 16:00pm, Sunday closed.</p> <p>Please note, opening times may change at short notice.</p>	<p>Address: Colchester Road, Wakes Colne, Colchester, Essex CO6 2DF</p> <p>Call: Chris Eaton 01787 222449</p> <p>Website: www.postoffice.co.uk</p>

Food Delivery Information

Organisation	Support &/or What's Available	Contact Details
<p>Brick Kiln Farm Shop</p>	<p>Offer a range of fresh produce with a free delivery to local residents. Please visit their Facebook group for to see the products they have available. (As of May 2020).</p>	<p>Address: Brick Kiln Farm, Turkey Cock Lane, Stanway CO3 8ND</p> <p>Call Debbie Ralph: 07949 180957</p> <p>This is a public Facebook group.</p>

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<p>G & J Barron Farms</p>	<p>They are delivering fruit and vegetables, they will travel to every road around the village and there will be no bulk buying. (As of May 2020)</p> <p>They have some meat, eggs, honey and crisps.</p> <p>They are providing regular updates via their Facebook group.</p> <p>Please do not come to the farm. They are making this a mobile shop to keep farm workers and everybody safe.</p>	<p>Address: Pattocks Farm, Pattocks Lane CO6 2EG</p> <p>This is a public Facebook group.</p>
<p>Langham Community Shop</p>	<p>Sell a variety of produce including dairy, local and seasonal produce, fresh fruit & vegetables as well essential store cupboard items.</p> <p>Call before 11am to make an order of goods (As of May 2020).</p>	<p>Address: Langham Community Shop, Langham Community Centre, School Road, CO4 5PA</p> <p>Call: 01206 272431</p> <p>Email: communityshoplangham@gmail.com</p> <p>Web: http://www.langhamcommunityshop.org.uk/</p> <p>This is a public Facebook group.</p>
<p>John Colemans Butchers</p>	<p>Delivering meat along with bread, eggs, milk, fruit and vegetables.</p> <p>For a full range of products available visit their website.</p>	<p>Address: Langham Road, Boxted CO4 5HU</p> <p>Call: 01206 272270</p> <p>Email: jcwb1@btconnect.com</p>

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		<p>Web: https://www.johncolemanbutchers.co.uk/</p> <p>This is a public Facebook group.</p>
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Meal Delivery Information		
Organisation	Support &/or What's Available	Contact Details
Cricketers Pub	<p>Offer a takeaway food menu.</p> <p>Free deliveries to Eight Ash Green, Aldham, Fordham & West Bergholt.</p> <p>Customers can collect their orders but will need to phone through so a card payment can be taken over the phone.</p> <p>They are offering Ambulance, Police and Fire crews a free soft or hot drink with their order.</p> <p>Open 4pm to 8:30pm Monday to Thursday, 12 to 8:30pm Friday and Saturday, and 12 to 7pm Sundays. (As of May 2020).</p> <p>For their menu look on their website.</p>	<p>Address: Spring Lane, Fordham Heath, CO3 9TG</p> <p>Call: 01206 240666</p> <p>Email: Info@thecricketerscolchester.co.uk</p> <p>Web: http://www.thecricketerscolchester.co.uk/contact.html</p>
The Lexden Crown	<p>Offering a takeaway menu including traditional Sunday roast as a takeaway option and other food options (as of May 2020).</p> <p>For their menu look on their website.</p>	<p>Address: 235 Lexden Road, Colchester, CO3 4DA</p> <p>Call: 01206 548490</p> <p>Web: http://thelexdencrown.com/</p>

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The Live and Let Live	<p>Offering takeaway options and delivery within 2-mile radius (as of May 2020).</p> <p>For their menu look on their Facebook group.</p>	<p>Address: 12 Millers Lane, Colchester CO3 0PS</p> <p>Call: 01206 574071</p> <p>Web: http://www.theliveandletlive.co.uk/</p> <p>This is a public Facebook group.</p>
Half Butt Inn, Great Horkesley	<p>Offering takeaway delivery to the local area. Payment will need to be taken on order. Wednesday to Saturday 3pm to 8pm and Sundays 12pm to 4pm (as of May 2020).</p> <p>For their menu look on their website.</p>	<p>Address: Great Horkesley, Colchester, Essex CO6 4ET</p> <p>Call: 01206 616720</p> <p>Web: https://www.thehalfbutt.co.uk/index</p> <p>This is a public Facebook group.</p>

Other Information

Organisation	Support &/or What's Available	Contact Details
Great Horkesley Garage	<p>As per government guidelines Great Horkesley Garage will be remaining open for fuel, MOT's and essential vehicle maintenance. They are taking all necessary precautions to ensure the safety of staff and customers.</p> <p>Visit their Facebook group to view a list of services they are providing (as of May 2020).</p>	<p>Address: The Causeway, Great Horkesley, CO6 4EJ</p> <p>Call: 01206 271895</p> <p>Email: ghgarage@btconnect.com</p> <p>Web: https://greathorkesleygarage.co.uk/</p>

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		This is a public Facebook group.
Heard Electrical	<p>Bryan is offering a 24-hour electrician service, you can find consumer recommendations on his Facebook page.</p> <p>He will also help where he can if someone needs it with shopping and pharmacy deliveries where he can.</p>	<p>Call: 07403 455640</p> <p>Email: heard.electrical@gmail.com</p> <p>This is a public Facebook group.</p>

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Neighbourhood 5

(Berechurch, New Town and Christ Church, Prettygate and Shrub End)

Important Contacts		
COMMUNITY RESPONSE TEAM	Chrissy Henegan Chrissy.Henegan@colchester.gov.uk 07966 235791	Beth Sokhi Bethany.Sokhi@colchester.gov.uk 07971 340294
NEIGHBOURHOOD MANAGER	Peter Stewart 07811 348855	For additional information in regards to Neighbourhood 5 visit this link and to find out more about your Neighbourhood Team visit this link .
DIGITAL ACCESS SUPPORT TEAM	<p>For support on how to get online the team are offering over the phone and virtual 1-2-1s to assist people to communicate with friends and family using the devices they have as well as assisting people with online purchasing and using the NHS app to manage medicines, prescriptions and pharmacies, as well as any other digital or online queries you have.</p> <p>This service is bespoke to individual digital and technical needs.</p> <p>Call: 01206 282452</p> <p>Email: Digital.AccessSupport@Colchester.gov.uk</p> <p>Web: https://www.colchester.gov.uk/digitalaccesssupport/</p>	

Colchester Borough Residents Contacts Pack

Ward Councillors	
Berechurch	
Name:	Dave Harris
Contact No:	01206 545889
Email:	cllr.dave.harris@colchester.gov.uk
Name:	Chris Pearson
Contact No:	01206 562020
Email:	cllr.chris.pearson@colchester.gov.uk
Name:	Martyn Warnes
Contact No:	07422 575685
Email:	cllr.martyn.warnes@colchester.gov.uk
New Town and Christ Church	
Name:	Lorcan Whitehead
Contact No:	07789 224655
Email:	cllr.lorcan.whitehead@colchester.gov.uk
Name:	Nick Cope
Contact No:	01206 576024
Email:	cllr.nick.cope@colchester.gov.uk
Name:	Theresa Higgins
Contact No:	01206 523501 / 07881 370626
Email:	cllr.theresa.higgins@colchester.gov.uk
Prettygate	
Name:	Roger Buston
Contact No:	07770 305977
Email:	cllr.roger.buston@colchester.gov.uk
Name:	Beverley Davies
Contact No:	07941 903221
Email:	cllr.beverly.davies@colchester.gov.uk
Name:	Sue Lissimore

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Contact No:	07540 328316
Email:	cllr.sue.lissimore@colchester.gov.uk
Shrub End	
Name:	Sam McCarthy
Contact No:	07570 270630
Email:	cllr.sam.mccarthy@colchester.gov.uk
Name:	Pauline Hazel
Contact No:	07754 741315
Email:	cllr.pauline.hazell@colchester.gov.uk
Name:	Lyn Barton
Contact No:	01206 766171
Email:	cllr.linda.barton@colchester.gov.uk

Community Groups & Volunteer Information		
Organisation	Support &/or What's Available	Contact Details
Berechurch Labour	<p>Councillor Martyn Warnes is offering support and information via an on-line advice surgery. Appointments can be made via the Berechurch Labour Team Facebook Page.</p> <p>He is also offering to give Foodbank vouchers to residents who need help.</p>	This is a public Facebook page.
Berechurch and area COVID - 19 community self-help group	<p>A community self-help group to coordinate assistance as and where they can to the most vulnerable in the area.</p> <p>Staying safe and following guidance and health professional advice.</p> <p>Lots of local people are offering help.</p>	This is a public Facebook page.

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<p>Birch Glen Neighbourhood Watch</p>	<p>A local Facebook group for residents of the area, providing information and support.</p>	<p>This is a private Facebook group which you must join to access content.</p>
<p>Blenheim Park Residents</p>	<p>A local Facebook group for residents of Blenheim Park, providing support, practical things to do, information and advice.</p>	<p>This is a private Facebook group which you must join to access content.</p>
<p>Councillor Dave Harris / County Councillor for Berechurch and Shrub End and Borough</p>	<p>Councillor Harris is offering support for residents, with volunteers (DBS checked) who are assisting essential collection and delivery of shopping and urgent medicines/prescriptions.</p> <p>A befriending service is also available.</p>	<p>Call Dave Harris: 07816 168858</p> <p>Email: councillor.dave.harris@hotmail.co.uk</p> <p>Web: https://www.councillordaveharris.com/</p> <p>This is a public Facebook group.</p>
<p>New Town, Old Heath and Hythe Mutual Aid Group - Covid 19</p>	<p>A group set up for residents of Old Heath, New Town & The Hythe to help the most vulnerable within the area.</p>	<p>This is a private Facebook group so you must be logged on to your account to access it.</p>

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Shop Information		
Organisation	Support &/or What's Available	Contact Details
Prettygate Co-op	<p>Open: Monday to Saturday 6am to 11pm and Sunday 7am to 10pm.</p> <p>10% off for all NHS workers and carers.</p> <p>Three items per customer on these items: Paperware including tissues, toilet roll and kitchen roll, Hand sanitiser, Antibacterial soap, Antibacterial hand wipes and surface wipes.</p>	<p>Address: 99 The Commons, Colchester CO3 4NW</p> <p>Call: 01206 575390</p>
Sainsbury's Layer Road Local	<p>Open: Monday to Sunday 7am to 11pm.</p> <p>NHS ID holders have priority shopping Monday to Saturday 7:30am to 8am.</p> <p>Elderly customers, carers and disabled customers have priority shopping Monday, Wednesday and Friday 8am to 9am.</p>	<p>Address: 1 Layer Road, Colchester CO2 7HN</p> <p>Call: 01206 546708</p>

Food Delivery Information		
Organisation	Support &/or What's Available	Contact Details
GO4 Social Enterprises	GO4 Social Enterprises provides a food parcel for those families in need.	<p>Call: 07531 207677</p> <p>Email: pepidepiter@gmail.com</p>
The Munch Club	The Munch Club provides a food parcel for those families in need.	<p>Email: maureenpowell1952@yahoo.co.uk</p>

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		This is a private Facebook group so you must be logged on to your account to access it.
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Meal Delivery Information		
Organisation	Support &/or What's Available	Contact Details
The Prettygate Pub	<p>Are offering a takeaway service for roast dinners on Sundays between 1pm to 4pm.</p> <p>Delivery is within a 1-mile radius from the pub.</p> <p>Orders need to be pre-booked by Saturday afternoon, as there are only a limited number each week (as of May 2020).</p> <p>They are also doing a virtual pub quiz for more details see their Facebook group.</p>	<p>Address: 100 The Commons, Colchester, CO3 4NW</p> <p>Call: 01206 563497</p> <p>Email: lisa@theprettygate.com</p> <p>This is a public Facebook group.</p>
Crazy Chef	<p>Offer a takeaway and delivery service.</p> <p>A minimum order of £20 with an additional £2 delivery charge.</p> <p>To view the menu please visit their Facebook group.</p>	<p>Address: 81 The Commons, Colchester CO3 4NN</p> <p>Call: 01206 514989</p> <p>This is a public Facebook page.</p>

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Neighbourhood 6

(Wivenhoe, Old Heath & The Hythe, and Greenstead)

Important Contacts		
COMMUNITY RESPONSE TEAM	Siobhan McLeod Siobhan.Mcleod@colchester.gov.uk 07966 240457	Sarah Stokes Sarah.Stokes@colchester.gov.uk 07919 624426
NEIGHBOURHOOD MANAGER	Andy Williams 07950 862979	For additional information in regards to Neighbourhood 6 visit this link and to find out more about your Neighbourhood Team visit this link .
DIGITAL ACCESS SUPPORT TEAM	For support on how to get online the team are offering over the phone and virtual 1-2-1s to assist people to communicate with friends and family using the devices they have as well as assisting people with online purchasing and using the NHS app to manage medicines, prescriptions and pharmacies, as well as any other digital or online queries you have. This service is bespoke to individual digital and technical needs. Call: 01206 282452 Email: Digital.AccessSupport@Colchester.gov.uk Web: https://www.colchester.gov.uk/digitalaccesssupport/	

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Ward Councillors	
Greenstead	
Name:	Tina Bourne
Contact No:	07837 735165
Email:	cllr.tina.bourne@colchester.gov.uk
Name:	Julie Young
Contact No:	07905 403188
Email:	cllr.julie.young@colchester.gov.uk
Name:	Tim Young
Contact No:	07949 066915
Email:	cllr.tim.young@colchester.gov.uk
Wivenhoe	
Name:	Mark Cory
Contact No:	07988 800301
Email:	cllr.mark.cory@colchester.gov.uk
Name:	Cyril Liddy
Contact No:	01206 825276
Email:	cllr.cyril.liddy@colchester.gov.uk
Name:	Andrea Luxford-Vaughan
Contact No:	01206 822097
Email:	cllr.andrea.luxfordvaughan@colchester.gov.uk
Old Heath and Hythe	
Name:	Adam Fox
Contact No:	07790 099940
Email:	cllr.adam.fox@colchester.gov.uk
Name:	Mike Lilley
Contact No:	01206 576024 / 07776 257891
Email:	cllr.mike.lilley@colchester.gov.uk
Name:	Lee Scordis

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Contact No:	07947 541573
Email:	cllr.lee.scordis@colchester.gov.uk
Parish Councils	
East Donyland Parish Council - serving Rowhedge	
Clerk:	Elizabeth Nelson-Hayes
Contact No:	01206 729200
Email:	info@eastdonylandpc.co.uk
Wivenhoe Town Council	
Name:	Jo Beighton-Emms
Contact No:	07738 493524
Email:	townclerk@wivenhoe.gov.uk

Community Groups & Volunteer Information		
Organisation	Support &/or What's Available	Contact Details
Rowhedge Covid-19 Support	This Facebook group has been set up to support those self-isolating in order to pick up shopping, post mail, have a friendly phone call, get urgent supplies, medicines delivered and any other help that they can offer.	This the a private Facebook group which you must join to access content.
Rowhedge Village Facebook page	This Facebook page offers a variety of information and conversations for residents of Rowhedge.	This is a private Facebook group so you must be logged on to your account to access it.
Rowhedge Wharf Bloor/Hills "residents" Development Page	This Facebook group offers support for shopping and collecting and or delivering for those residents who are self-isolating.	This the a private Facebook group which you must join to access content.
Wimpole Road Methodist Church	They are proving information and support via their blog as well as online services. If you would like a chat you can also contact them.	Address: 47 Wimpole Road, Colchester CO1 2DL

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		<p>Call: 07847 846292</p> <p>Email: wimpoleroadmc@gmail.com</p> <p>Website: https://wimpoleroadchurch.org.uk/</p> <p>This is the link to their blog.</p>
Wivenhoe Mutual aid	<p>A network of volunteers backed by Helping Hands, Wivenhoe Foodbank, Reach Out At Christmas and Wivenhoe Town Council.</p> <p>The volunteers (all local residents) are able to deliver essentials (if you can't leave your home), give you a call (if you're worried or lonely) and walk your dog (if you don't feel up to it).</p> <p>If you would like help or would like to volunteer, you can call or email.</p>	<p>Call: 01206 657685 or 07394 910486</p> <p>Email: HelpWiv@gmail.com</p> <p>This is a Facebook group so you must be logged on to your account to access it.</p>

Shop Information

Organisation	Support &/or What's Available	Contact Details
Greenstead Co-op	<p>Open: Monday to Saturday 6am to 11pm and Sunday 7am to 10pm.</p> <p>10% off for all NHS workers and carers.</p> <p>Three items per customer on these items: Paperware including tissues, toilet roll and kitchen roll, Hand sanitiser, Antibacterial soap, Antibacterial hand wipes and surface wipes.</p>	<p>Address: The Centre, Greenstead, CO4 3PX</p> <p>Web: https://www.eastofengland.coop/foodstores/greenstead-colchester</p>
Tesco Hythe	<p>Open: Monday to Saturday 8am to 10pm and Sunday 10am to 4pm.</p>	<p>Address: Greenstead Road, CO1 2TE</p>

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	<p>Elderly and vulnerable priority time 9am to 10am Monday, Wednesday and Fridays.</p> <p>NHS priority time 9am to 10am Tuesday and Thursdays.</p>	<p>Call: 0345 6779177</p> <p>Web: https://www.tesco.com/</p>
Waitrose	<p>Open: Monday to Saturday 8am to 8pm and Sunday 10:30am to 16:30pm.</p> <p>First hour of opening dedicated to elderly and vulnerable.</p>	<p>Address: St Andrews Avenue, CO4 3EQ</p> <p>Call: 01206 861230</p> <p>Web: https://www.waitrose.com/</p>
Wivenhoe Co-op	<p>Open: Monday to Saturday 6am to 11pm and Sunday 7am to 10pm.</p> <p>10% off for all NHS workers and carers.</p> <p>Three items per customer on these items: Paperware including tissues, toilet roll and kitchen roll, Hand sanitiser, Antibacterial soap, Antibacterial hand wipes and surface wipes.</p>	<p>Address: The Avenue, Wivenhoe, CO7 9AH</p> <p>Web: https://www.eastofengland.coop/foodstores/wivenhoe</p>

Food Delivery Information

Organisation	Support &/or What's Available	Contact Details
Colchester Foodbank	<p>Colchester Foodbank runs a local service at the Greenstead Co-Operative Resource Centre next to the Greenstead Co-Op store, on Tuesdays and Thursdays, between ten o'clock in the morning and midday.</p> <p>If you cannot afford food, you can call 0808 2082138 for free (open Monday to Friday, 10am to 4pm). You will confidentially talk to a trained Citizens Advice agent and, if needed, they'll issue you with a food bank voucher.</p>	<p>Address: 7 The Centre, Hawthorn Avenue, CO4 3PX</p>

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<p>GO4 Enterprises</p>	<p>Is a social enterprise and community interest company who work with voluntary sector organisations, charities, community groups, jobcentres, probation service, local authorities, churches, and businesses.</p> <p><u>Café on the Rec:</u> Are an emergency point where they are collecting as well as donating food products to create food parcels for those in need. Donations can be left onsite at the cafe or collected from the cafe team. Providing a food delivery service to the most vulnerable residents on Old Heath & Hythe.</p>	<p><u>Café on the Rec:</u> Address: Recreation Park, near the basketball pitch, dog agility and exercise equipment, CO1 2HE Call: 07581 135091</p> <p>Web: https://www.go4enterprises.org/</p> <p>Call: 07581 135091</p> <p>Web: https://www.go4enterprises.org/</p> <p>This is a public Facebook group.</p>
<p>Jam Jar Coffee Shop Rowhedge</p>	<p>Offering takeaway and deliveries to customers as well as an ordering service for the following products: bread, milk, eggs, flour, sugar and cream.</p>	<p>Address: Crow's nest Courtyard, 1 Regent Street, Rowhedge, CO5 7EA</p> <p>Call: 01206 729900</p> <p>This is a public Facebook group.</p>
<p>Lifting Land Group</p>	<p>Offering a food delivery service for most vulnerable in Greenstead.</p>	<p>Email: cdemliftingland@gmail.com</p>

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Meal Delivery Information		
Organisation	Support &/or What's Available	Contact Details
The Filling Station at Greenstead Community Centre	<p>Are offering freshly cooked subsidized meals which can be delivered to the door contact-free, call or email Dale, place an order and pay over the phone.</p> <p>For their menu look on their website as of May 2020 their COVID19 special delivery menu.</p>	<p>Call Dale: 07967 550167</p> <p>Email: info@saintycateringsolutions.co.uk</p> <p>Web: https://www.saintycateringsolutions.co.uk/the-filling-station-cafe</p> <p>Web: http://www.greensteadcommunitycentre.org.uk/</p> <p>This is a public Facebook group.</p>

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Colchester Boroughwide

To access all of the Neighbourhood links and information on Colchester Borough Council's website please click [here](#) or visit:
<https://www.colchester.gov.uk/info/category/?id=neighbourhood-teams>

Boroughwide Contacts		
Age Concern Colchester & North East Essex	Contact No:	01206 368420
	Email/web:	communitycare@ageconcerncolchester.org.uk https://www.ageconcerncolchester.org.uk/
	Support available:	<p>A local independent charitable company providing services and support for older people in the Colchester area such as telephone befriending service, as well as advice and information.</p> <p>Call and select option 1 for care, food, or medical needs. They have adjusted their approach considering COVID-19 and supplied a call centre team who can provide practical guidance for those who are struggling with food, medical supplies and who have unmet care needs in their home.</p> <p>Call and select option 2 for bereavement support.</p> <p>Call and select option 3 to link to a befriender.</p> <p>Call and select option 4 for help with forms and advice.</p> <p>Call and select option 5 for dementia support, speak to an advisor who can guide you through some practical hints and tips to try and help at this time</p>

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Mutual Aid	Name:	Mutual Aid- Info/Resources
	Email / Web:	https://covidmutualaid.org/resources/
	Support available:	<p>Covid-19 Mutual Aid UK is a group of volunteers supporting local community groups organising mutual aid throughout the Covid-19 outbreak in the UK.</p> <p>They focus on providing resources and connecting people to their nearest local groups, willing volunteers and those in need.</p>
Food Voucher Distribution Centres	Name:	Food Voucher Distribution Centres
	Email / Web:	List of Colchester Foodbank Referral Agents and other Food provision providers
Homeless Charities Contacts	Name:	Beacon House
	Contact No:	01206 761960
	Email / Web:	https://www.community360.org.uk/12614-2/
	Name:	Colchester Night Shelter
	Contact No:	01206 549885
	Email / Web:	https://www.community360.org.uk/12614-2/
	Name:	Streetlink
Email / Web:	https://www.community360.org.uk/12614-2/	
Essex Police	Contact No:	101 or 999

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Essex Fire & Rescue	Contact No:	999
East of England Ambulance	Contact No:	999
ECC Schools/Education Queries	Contact No:	03457 430 430 contact@essex.gov.uk
Domestic Abuse Support	Name:	Compass (24/7 Helpline)
	Contact No:	0330 333 7444
	Name:	Next Chapter (Colchester)
	Contact No:	01206 500585
	Name:	National Centre for Domestic Violence
	Contact No:	Call 0800 970 2070 or Text "NCDV" to 60777
	Web:	https://www.ncdv.org.uk/
	Name:	National Domestic Abuse Helpline
Contact No:	0808 2000 247	
Childline	Contact No:	0800 1111 (Helpline number)
	Web:	https://www.childline.org.uk/
	Support available:	Have tips and support on how to cope with the current situation as well as calming activities.

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LiveWell	Name:	LiveWell
	Web:	https://www.livewellcampaign.co.uk/
	Support available:	Provide information about all that is on offer in Essex to improve health and wellbeing.
MacMillan	Name:	MacMillan
	Contact No:	01206 745347
	Web:	https://www.macmillan.org.uk/coronavirus https://www.macmillan.org.uk/get-involved/campaigns/telephone-buddies
	Support available:	Telephone buddy support service, weekly phone calls from your Telephone Buddy. Sign up to register your interest on the website.
St Helena Hospice	Name:	St Helena Single Point 24/7 helpline.
	Contact No:	01206 890360
	Support available:	Support and advice relating to end of life.
Action on Hearing Loss	Name:	Action on Hearing Loss
	Contact No:	07442 538939 Information Line call: 0808 8080 0123 or Text: 0808 8080 9000 or email: information@hearingloss.org.uk
	Email:	Angela.Baker@hearingloss.org.uk
	Web:	www.actionhearingloss.org.uk
	Support available:	Free support service. Working hearing aids are essential when communicating with loved ones over the phones or receiving the news over the TV or radio for those that are encouraged to self-isolate that have hearing aids. If have hearing

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		loss/tinnitus, are worried about your hearing/hearing aids, are adjusting to hearing aids, are uncertain where to obtain batteries and new tubes, not sure how to retube you can contact Angie.
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Colchester Borough Homes Information

THIS INFORMATION IS ONLY RELEVANT FOR TENANTS OF COLCHESTER BOROUGH HOMES

Community Housing Officer's (These details are correct as of May 2020)	Locality:	Old Heath / Tiptree
	Name:	Amanda Mayhew
	Contact No:	01206 282514 / 07930 229275
	Locality:	Greenstead East
	Name:	Jane Graham-Watson
	Contact No:	01206 282514 / 07956 368199
	Locality:	Berechurch / New Town
	Name:	Emma Schofield
	Contact No:	01206 282514
	Locality	Greenstead West
	Name:	Rob Ward
	Contact No:	01206 282514
	Locality:	St Anne's / Mile End / Highwoods
	Name:	Karen Green
	Contact No:	01206 282514
	Locality:	Rural North/Castle/Lexden
	Name:	Michelle Longhurst
	Contact No:	01206 282514
	Locality:	Mersea & Plyfleet / Prettygate / Stanway / Wivenhoe
	Name:	Julie Prior
Contact No:	01206 282514	
Locality:	Shrub End and Marks Tey	
Name:	Rhian James	
Contact No:	01206 282514	

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Community Groups & Volunteer Information		
Organisation	Support &/or What's Available	Contact Details
British Red Cross	<p>Are there for you if you need them, they believe that it is kindness that will keep us together.</p> <p>So, whether you want to give or get help get in touch with them to see if their community reserve volunteers can help.</p>	<p>Web: https://reserves.redcross.org.uk/</p>
Care for our Community	<p>This Facebook group has been set up with the idea of everyone coming together as a community during these very unsettling times.</p> <p>Now making it easier for people to find the information needed, by categorising all posts under 3 main headers, these are Shopping, Advice and Chores. This information can be found by clicking on the 'Units' heading or under the 'Popular Topics' section.</p>	<p>This is a private Facebook page so you must be logged on to your account to access it.</p>
Colchester Borough Emergency Coordinators Group	<p>A volunteering and support Facebook page set up by Ben Sutton, offering a vast amount of advice to the community set up by Ben Sutton.</p>	<p>This is a public Facebook page.</p>
Colchester Community, News & Events	<p>Are reposting advice from both the NHS and Government as well as reposting anything that local businesses may be offering.</p>	<p>This is a public Facebook page.</p>
Colchester For Fogies and Old Farts MK II	<p>A mixed community Facebook group for the Colchester area and is aimed at older people offering information and support.</p>	<p>This is a private Facebook page so you must be logged on to your account to access it.</p>
Community-360	<p>Have a team of volunteers, along with other services, they are able to help you with food provision, signposting and many other areas for those who find themselves in need.</p>	<p>Call: 01206 505250</p> <p>Email: information@community360.org.uk</p>

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		<p>Web: https://www.community360.org.uk/mental-wellbeing/</p> <p>This is a public Facebook group.</p>
Gracious Givers for Golden agers	A community Facebook group created to help the elderly population in and around Colchester, they can help with shopping, meals or pick up a prescription.	This is a public Facebook Group but you must be logged on to your account to access it.
Health Service Discounts	Information for Health workers detailing about lots of business posting things like free coffee for NHS workers and discounts in supermarkets.	This is a public Facebook group.
It all happens in Colchester	This is an open access group whereby you can find out all the information about what's going on in Colchester including businesses that are posting about offers on reduced rates/ free delivery / take outs etc.	This is a public Facebook group.
Let's Talk Colchester!	This is a group to share anything community and crime related whereby businesses may post about offers of free delivery / takeaways etc.	This is a public Facebook group.
Neighbours Information Colchester Essex (NICE)	A Facebook group to provide local information and support in the local communities, paying attention to their neighbours.	This is a public Facebook group.
NextDoor	<p>A social network which aims to bring neighbours closer together, NextDoor aims to encourage social interaction between neighbours as well as making people aware of crime in their area.</p> <p>NextDoor makes it safe to share online the kinds of things you share with your neighbours in person.</p>	Web: https://nextdoor.co.uk/

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	<p>Every neighbour must verify their address in the neighbourhood.</p> <p>Every neighbour must use their real name.</p>	
North East Colchester Support Network	<p>Their focus is on:</p> <ul style="list-style-type: none"> • Those who are elderly and are either self-isolating or having isolation imposed on them • Those who are vulnerable • Those who are not able to cope with being isolated • Signpost to other organisation that can help residents of Colchester 	This is a public Facebook group.
Salvation Army	They have daily affirmations and support on their website.	<p>Address: Butt Road, Colchester, CO3 3DA</p> <p>Web: https://www.salvationarmy.org.uk/colchester-citadel</p>
The Prayer Shelter	<p>This is a place where anyone can come for prayer and feel supported and safe without being judged, give thanks to god for everything and all that he gives us.</p> <p>A space for sharing testimonies, scripture, church events, services and much more.</p>	This is public Facebook group but you must be logged on to your account to access it.
Warm & Toasty Club	<p>Is a unique life-affirming intergenerational community group working in music, arts and history with people over 60.</p> <p>Watch live videos such as singing performances via the Facebook page</p>	<p>Email: thewarmandtoastyclub@gmail.com</p> <p>This is a public Facebook group.</p>

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General Supermarket Information		
Organisation	Support &/or What's Available	Contact Details
Aldi	<p>All day everyday key workers in the NHS, Police and Fire Service will take priority ahead of queues into stores upon showing a valid ID.</p> <p>From Tuesday 14th April, they have extended the priority shopping time for emergency workers which will now include all groups entitled to a Blue Light card. This is in addition to early access on a Sunday, where they can enter stores 30 minutes prior to opening.</p> <p>Also open 30 minutes early Monday to Saturday for the Elderly (over 70) and vulnerable. Please note, in England and Wales, this is for browsing only.</p> <p>Aldi are offering a "Food Parcels" service, which are available from 18th April 2020, they contain 22 of your essentials, as well as a few treats. Aldi say that this is a great shopping solution for vulnerable people and those who are self-isolating. These are available online only for £24.99 with contactless delivery to ensure everyone's safety.</p> <p>Due to exceptional demand, the food parcels may not be available all day. Please continue to check the website daily, as they replenish their stock every day.</p>	<p>Web: www.aldi.co.uk/</p> <p>Food parcels website link</p>
Asda	<p>Has a Volunteer Shopping Card which can be purchased online, then the e-card can be sent to the volunteer directly to use or print and then the volunteer uses the received barcode instore, this is via the printout or email on smart device.</p> <p>Asda is working from the government list and has said that they have written to over 91,000 of their most vulnerable customers who had an email address linked to an Asda customer account.</p>	<p>Web: https://cards.asda.com/volunteer</p>

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	Those who received an email have been sent advice about how to claim a delivery slot free of charge.	
CO-OP	Co-op Gift Card is bought and loaded in store which you then present at check out when buying goods.	Web: https://www.coop.co.uk/terms-and-conditions
Iceland	<p>Iceland have announced that they are temporarily limiting online orders to customers who are over state pension age, self-isolating or otherwise vulnerable, such as those who are disabled.</p> <p>When you go on the Iceland website to book a delivery, a pop up will appear asking if you are over state pension age, vulnerable or self-isolating.</p> <p>If you click yes, you'll be allowed to view the delivery slot calendar.</p>	Web: https://www.iceland.co.uk/
John Lewis and Waitrose	<p>John Lewis Partnership Gift Card has a card that can be purchased online and the e-gift card will be delivered to the recipient's email.</p> <p>Waitrose have said that they have committed "at least 25 per cent of our orders to elderly and vulnerable customers" and confirmed they're in the process of contacting vulnerable customers to offer them delivery slots.</p> <p>Waitrose have said that, to help them cope with demand, they are asking customers to wait until they get in touch with them, rather than customers trying to get in touch with Waitrose.</p>	<p>Web: https://www.waitrose.com/home/about_waitrose/gift-cards.html</p> <p>Web: https://www.johnlewis.com/customer-services/prices-and-payment/gift-cards</p> <p>Web: https://www.waitrose.com/</p>
Marks and Spencer	We are all in this together is an e-gift card which can be purchased online and then this is sent to the recipient via email.	Web: https://www.marksandspencer.com/all-in-this-together/p/p60282075

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	<p>This is ideal for someone purchasing shopping on your behalf as you can email the e-gift card to the volunteer or print it out for collection and then the volunteer is able to use the received barcode instore to purchase your shopping.</p> <p>Offering various 'Food Boxes', kitchen essentials like pasta, sauces and plus a few sweet treats including shortbread and Percy pigs.</p> <p>Fresh produce and meat boxes also available.</p> <p>Price range is £15 to £45.</p>	
Morrison's	<p>Morrison's Gift Card can be bought via Voucher Express and can also be bought through High Street Vouchers, but they are not currently delivering owing to Covid-19 this may be via email.</p> <p>Morrison's has not implemented specific delivery slots for vulnerable customers but has introduced other methods that they are using to try and help those customers.</p> <p>These changes include:</p> <ul style="list-style-type: none"> ▪ Making more delivery slots available to customers through their Morrison's website and through the Morrison's Store on Amazon Prime Now ▪ Launching a customer call centre for orders to be taken over the phone so that people who don't use online shopping can still order food - that phone number is 0345 322 0000 ▪ Launching food boxes that are designed to provide homes with everyday essentials, with both a vegetarian and meat eater option 	<p>Web:</p> <p>https://www.voucherexpress.co.uk/giftcard/morrison's-gift-card.aspx</p> <p>https://www.highstreetvouchers.com/gifts/morrison's-gift-cards-vouchers</p>

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<p>Sainsbury's</p>	<p>Sainsbury have a Gift Card that you can buy in store, but they also offer a corporate scheme for bulk arrangements. These can also be bought online via Voucher Express.</p> <p>There is also the option of a Sainsbury's E Gift Card, but this seems to be only a corporate scheme, but redeemable instore from a printout or by showing on a smart phone.</p> <p>Sainsbury's is working with the government to identify those most in need of their home delivery services. Sainsbury's are working from the list from the government that has the details of those extremely vulnerable to the virus. As soon as Sainsbury's has these details, they will get in touch with those customers.</p>	<p>Web: https://www.sainsburysgifts.co.uk/sainsburys_gift_cards.html</p> <p>Web: https://www.sainsburysbusinessdirect.co.uk/order/</p> <p>Web: https://www.voucherexpress.co.uk/giftcard/sainsbury-s-gift-cards.aspx</p> <p>Web: https://www.sainsburysbusinessdirect.co.uk/products/e-gift-cards/</p>
<p>Shopping Slot</p>	<p>Free site that enables you to search for available home delivery slots.</p>	<p>Web: https://shoppingslot.co.uk/</p>
<p>Tesco</p>	<p>Tesco have a Gift Card that you can buy in store, but they also offer a corporate scheme for bulk arrangements. These can also be bought via Voucher Express and via High Street Vouchers.</p> <p>They will be delivered via an e-voucher to the recipient email</p> <p>Tesco is trying to prioritise home delivery slots for vulnerable customers, reserving “hundreds of thousands of home delivery slots a week” according to a statement from the supermarket chain. They are identifying customers using the list provided by the Government.</p> <p>To try and get access to a priority slot, you can phone 0800 917 7359.</p>	<p>Web: https://www.tesco.com/help/in-store-faq/</p> <p>Web: https://www.voucherexpress.co.uk/giftcard/tesco-gift-cards.aspx</p> <p>Web: https://www.highstreetvouchers.com/gifts/tesco-gift-cards-vouchers</p> <p>Web: https://www.tescoforbusiness.com/</p>

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Food Delivery Information		
Organisation	Support &/or What's Available	Contact Details
Anglia Produce	<p>Are delivering fresh vegetables and fruit, as well as some store cupboard items (as of May 2020).</p> <p>Visit the website for a full list of produce on offer.</p>	<p>Address: Anglia Produce Limited, Foxash Estate, Harwich Road, Lawford, Essex, CO11 2LR</p> <p>Call: 01206 233471</p> <p>Email: sales@angliaproduce.com or homedeliveries@angliaproduce.com</p> <p>Web: http://angliaproduce.com/</p>
Birchwood Farm Shop	<p>A variety of different boxes available with different fruit and vegetables, can pay extra for other extras including milk and bread.</p> <p>Delivery to Langham, Boxted, Dedham, Stratford, Ardleigh, Lawford, Highwoods, and St John's.</p> <p>Call them to place an order and arrange next day delivery or collection.</p> <p>Open Monday to Friday 9am-3pm (as of May 2020).</p> <p>Visit the Facebook page for a full list of products available.</p>	<p>Address: Birchwood Road, CO7 6HX</p> <p>Call: 01206 323797</p> <p>This is a public Facebook group.</p>
Bumbles Greengrocers	<p>Are currently offering a Fruit and Veg Box service with an evening delivery service of after 6pm on Monday, Tuesday or Friday (as of May 2020).</p> <p>Saturday collections are also available.</p> <p>Boxes are a minimum order of £10 and delivery is free of charge within the Brightlingsea area.</p>	<p>Address: 24 High Street, Brightlingsea, Colchester CO7 0AG</p> <p>Call: 07914 496681</p> <p>Email: bumbles.gg@gmail.com</p> <p>This is a public Facebook group.</p>

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<p>Direct Meats</p>	<p>Delivers meats and store cupboard items, they have a minimum spend to qualify for home delivery, which is £25.00.</p> <p>Delivery is free on all orders over £49.99, (as of May 2020).</p> <p>Visit the website for a full list of products available.</p>	<p>Address: Direct Meats, Knights Farm, Swan Street, Chappel, CO6 2EE</p> <p>Call: 01787 223364</p> <p>Web: http://www.directmeats.co.uk/ and https://directmeats-foodstore.co.uk/</p> <p>This is a public Facebook group.</p>
<p>Fairfield Farm</p>	<p>Are delivering a Vegetable Box which includes a variety of vegetables, (as of May 2020).</p> <p>Delivery is offered for Colchester Postcode areas only.</p> <p>Visit the website for a full list of products available.</p>	<p>Address: Fordham Road, Wormingford, CO6 3AQ</p> <p>Call: 01026 241613</p> <p>Web: https://fairfieldsfarmcrisps.co.uk/</p> <p>This is a public Facebook group.</p>
<p>Heinz Beans</p>	<p>Are offering the Essentials Bundle which consists of a variety of beans, soup and hoops, for £10, (as of May 2020).</p> <p>Visit the website for a full list of products available.</p> <p>Delivery is currently available to addresses in England, Wales and Scotland at £3.50 per bundle.</p> <p>Where possible they aim to deliver within 2-3 working days by their courier partner Hermes.</p> <p>After you have placed your order, Hermes will contact you with tracking details where you can request a safe place for the delivery to be placed.</p>	<p>Call: 0116 235 5000</p> <p>Web: www.heinztohome.co.uk</p> <p>This is a public Facebook group.</p>

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<p>Isolation Deliveries</p>	<p>Supporting those businesses that have turned their normal way of trading face to face into delivery services.</p> <p>This includes a list of business that are delivering food in Colchester who provide you with Dairy, Butchery, Green Grocery, Bakery, Eggs, Fishmongers, Potatoes and Garden supplies.</p>	<p>Call: 0330 6061467</p> <p>Email: info@isolationdeliveries.co.uk</p> <p>Web: https://www.isolationdeliveries.co.uk/</p>
<p>Jack & Toms Isolation Essentials</p>	<p>Are offering a variety of food packages for delivery, these can include meat, veg and fruit. For a full list of what is on offer visit their Facebook page.</p> <p>Delivery days are Mondays and Fridays.</p> <p>To order send them a private message including full address, postcode, and what day delivery, (as of May 2020).</p> <p>Pay by bank transfer please note they only accept cash in exceptional circumstances.</p>	<p>Call: 07706 160862</p> <p>Web: https://isolationessentials.uk/</p> <p>This is a public Facebook group.</p>
<p>J Burgess and Sons</p>	<p>Are a local greengrocer who are delivering produce Monday to Saturday, (as of May 2020).</p> <p>Visit the website for a full list of products available.</p>	<p>Address: 197 Old Heath Road, CO2 8AY</p> <p>Call: 01206 795929</p> <p>Email: burgessfruit@hotmail.co.uk</p> <p>Web: https://www.jburgessandsons.co.uk/</p> <p>This is a public Facebook group.</p>

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<p>Layer Marney Lamb</p>	<p>Have a variety of meats available for delivery, orders can be made through email or over the phone, and they can take payment over the phone or cash on delivery.</p> <p>Alternatively, the shop is still open although it is on a 1 out and 1 in basis so you may have to queue and wait a while, (as of May 2020).</p> <p>Visit the website for a full list of products available.</p>	<p>Address: Unit 1 Heath Rd, Stanway, CO3 0QR</p> <p>Call: 01206 331179 or 07976 225965</p> <p>Email: layermarneylamb@msn.com</p> <p>Web: https://www.layermarneylamb.co.uk/</p>
<p>Raynors Fresh Food Delivery</p>	<p>Raynors Fresh Food Delivery Grocery are delivering fresh fruit & veg boxes to your doorstep in their own fleet of refrigerated vans.</p> <p>Vegan boxes are also available. Visit the website for a full list of products available.</p> <p>With free delivery across Essex on orders over £40, they deliver Monday to Saturday.</p> <p>If NHS Workers have any difficulties ordering online, please contact them directly to arrange your delivery, (as of May 2020).</p>	<p>Call: 01245 353249</p> <p>Web: https://freshfooddeliveries.co.uk/</p> <p>This is a public Facebook group.</p>
<p>Stonefield Farm Shop</p>	<p>Due to excessive demand, their delivery service will only be available to their most vulnerable customers (as of May 2020).</p> <p>They will have to apply a £2 delivery charge to every order.</p> <p>They can offer a collection service from the shop for other customers.</p>	<p>Address: Stonefields, Kelvedon Road, CO5 9SH</p> <p>Call: 01376 573618</p> <p>This is a public Facebook group.</p>
<p>Wiltshire Farm Foods</p>	<p>If customers have been identified as extremely vulnerable, they will do their best to help them by delivering frozen ready meals (as of May 2020).</p>	<p>Call: 0800 077 3100</p>

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	Please pay by card if you possibly can to reduce contact with the delivery driver. All their deliveries are currently 'no-contact' as standard, helping to reduce face-to-face contact with others.	Web: https://www.wiltshirefarmfoods.com/
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Meal Delivery Information		
Organisation	Support &/or What's Available	Contact Details
Cricketers Pub	<p>Offer a takeaway food menu.</p> <p>Free deliveries to Eight Ash Green, Aldham, Fordham & West Bergholt.</p> <p>Customers can collect their orders but will need to phone through so a card payment can be taken over the phone.</p> <p>They are offering Ambulance, Police and Fire crews a free soft or hot drink with their order.</p> <p>Open 4pm to 8:30pm Monday to Thursday, 12pm to 8:30pm Friday and Saturday, and 12pm to 7pm Sundays</p> <p>For their menu look on their website or Facebook page.</p>	<p>Address: Spring Lane Fordham Heath CO3 9TG</p> <p>Call: 01206 24066 or 01206 241380</p> <p>Email: Info@thecricketerscolchester.co.uk</p> <p>Web: http://www.thecricketerscolchester.co.uk/contact.html</p> <p>This is a private Facebook group so you must be logged on to your account to access it.</p>
Deliveroo	<p>This is a website where you can order food from a range of different restaurants and takeaways. Please note you do have to check their website to see if they will deliver in your area.</p> <p>You can also order via the Deliveroo app, use this link for more information.</p>	<p>Web: https://deliveroo.co.uk/restaurants/colchester/colchester</p>

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<p>Dinners Direct</p>	<p>Established home-meal delivery for Colchester, Wivenhoe and Alresford areas.</p> <p>They are providing a range of freshly prepared meals, on a daily basis, to those who are maybe finding cooking etc. a little more difficult.</p> <p>Meals are delivered hot, between 12pm to 2pm, Monday to Friday, on real plates. For those who prefer to eat their meals later, they can also deliver a cold version, plated and freshly prepared that morning, which can be re-heated at a time of their choosing.</p> <p>For details of their current menu contact them directly.</p>	<p>Address: Unit 9, Wivenhoe Business Centre, Brook Street, CO7 9DP</p> <p>Call: 01206 826681</p> <p>Web: www.dinnersdirectcolchester.co.uk</p>
<p>Eden Living</p>	<p>This is a delivery service. Their aim is to bring you simple, unpretentious and varied food, using the best quality and value ingredients available.</p> <p>Every Friday and Saturday they will be delivering some of their bestselling dishes to doorsteps.</p> <p>NHS staff are offered a 20% discount.</p> <p>Minimum order of £15 which includes free delivery to Colchester and all villages on route.</p> <p>Pre order only and this must be placed by 5pm Thursdays.</p>	<p>Address: Russel Road, Clacton on Sea, CO15 6BE</p> <p>Call: 01255 428535</p> <p>Email: Eden.message@gmail.com</p> <p>This is a public Facebook group.</p>
<p>Just Eat</p>	<p>Food delivery service from a range of takeaways and restaurants. Please note you do have to check their website to see if they will deliver in your area.</p> <p>You can also order via their app using this link.</p>	<p>Web: https://www.just-eat.co.uk/</p>

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Uber Eats	Food delivery service from a range of takeaways and restaurants. Please note you do have to check their website to see if they will deliver in your area.	Web: https://about.ubereats.com/en/
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Bank Information

Organisation	Support &/or What's Available	Contact Details
Barclays	<p>Until further notice, this branch has changed its regular opening hours to:</p> <p>Are open:</p> <p>Monday to Friday 9am to 2pm Saturday 9am to 12pm</p>	<p>Address: 9 High Street, Colchester CO1 1DA</p> <p>Call: 03457 345345</p> <p>Web: https://www.barclays.co.uk/</p>
Halifax	<p>Are open:</p> <p>Monday to Friday 10am to 2pm</p> <p>They have taken the decision not to open branches at weekends and will not be operating any of their mobile branches until further notice.</p> <p>They are keeping cash in ATMs and continue to offer a counter service for cash and cheques.</p> <p>As well as helping vulnerable customers and those people and businesses in financial difficulty.</p>	<p>Address: 22-26 Head Street, Colchester CO1 1NG</p> <p>Call: 03457 203040</p> <p>Web: https://www.halifax.co.uk/</p>
HSBC	<p>Are open:</p> <p>Monday to Friday 10am to 2pm</p>	<p>Address: 26 High Street, Colchester CO1 1DQ</p> <p>Call: 03457 404404</p>

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	They are offering a counter service and they have disabled access as well as both internal and external ATM and the provision of a talking ATM.	Web: https://www.hsbc.co.uk/
Leeds Building Society	<p>Are open:</p> <p>Monday, Tuesday, Thursday and Friday 10am to 3pm</p> <p>They are limiting the number of visitors, so social distancing can be observed.</p>	<p>Address: 30 High Street, Colchester CO1 1DB</p> <p>Call: 01206 563788</p> <p>Web: https://www.leedsbuildingsociety.co.uk/</p>
Lloyds	<p>Are aiming to keep as many branches open as they can, subject to the availability of colleagues. In some cases, they therefore may have to temporarily close a branch.</p> <p>All branches, effective from the 25th March, will be open from 10am to 2pm Monday to Friday.</p> <p>They have taken the decision not to open branches at weekends. In addition, they will not be operating any of their mobile branches until further notice.</p> <p>They are keeping cash in ATMs and continue to offer a counter service for cash and cheques. And helping vulnerable customers and those people and businesses in financial difficulty.</p>	<p>Address: 27 High Street, Colchester CO1 1DU</p> <p>Call: 03456 021997</p> <p>Web: https://www.lloydsbank.com/</p>
Metro	Are open Monday to Friday 10am to 4pm.	<p>Address: 31-32, High Street, Colchester CO1 1DB</p> <p>Call: 02034 027950</p>

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		<p>Web: https://www.metrobankonline.co.uk/</p>
Nationwide	<p>Are open: Monday to Friday 10am to 2pm.</p>	<p>Address: 10 Culver Street West, Colchester CO1 1JG</p> <p>Call: 0800 554 0601</p> <p>Web: https://www.nationwide.co.uk/</p>
NatWest	<p>Are open: Monday to Friday 10am to 1pm.</p> <p>They also have disabled access.</p> <p>With a cash & cheque deposit machine available</p>	<p>Address: 25 High Street, Colchester, Essex, CO1 1DG</p> <p>Call: 03457 888444</p> <p>Web: https://personal.natwest.com/personal.html</p>
Royal Bank of Scotland	<p>All branches, effective from the 25th March</p> <p>Are open: Monday to Friday 10am to 2pm</p> <p>They have taken the decision not to open branches at weekends. In addition, they will not be operating any of mobile branches until further notice.</p> <p>They are keeping cash in ATMs and continue to offer a counter service for cash and cheques.</p> <p>And continue to help vulnerable customers and those people and businesses in financial difficulty.</p>	<p>Address: 45 Head Street, Colchester CO1 1NW</p> <p>Call: 03457 242424</p> <p>Web: https://www.bankofscotland.co.uk/</p>

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Santander	<p>Are open:</p> <p>Monday to Friday 10am to 2pm.</p>	<p>Address: 48 High Street, Colchester CO1 1DH</p> <p>Call: 0800 912 3123</p> <p>Web: https://www.santander.co.uk/</p>
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Funding Information

Organisation	Support &/or What's Available	Contact Details
The Barclays Foundation:	<p>Have launched a £100 million-pound COVID-19 Community Aid Package to charities working to support vulnerable people impacted by the current situation, and to alleviate the associated social and economic hardship caused by the crisis.</p> <p>The package is made up of two components:</p> <p><u>Component 1 - Charity Partners Programme:</u></p> <ul style="list-style-type: none"> • Funding deployed via partnerships with trusted charities who can have a direct and immediate impact on the communities we wish to help in those geographies. • Funding to be targeted at programmes as local to Barclays major locations as possible – the places where Barclays colleagues live and work, and where they can potentially help directly. • The money will be used to help disadvantaged people (those suffering from social and economic deprivation as a consequence of COVID-19), the elderly and vulnerable communities most at risk 	<p>Web:</p> <p>https://home.barclays/news/press-releases/2020/04/barclays-launches-p100-million-covid-19-community-aid-package/</p>

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	<p>from COVID-19, and to support NHS staff and other keyworker communities.</p> <p><u>Component 2 – Employee Matched Donations Programme:</u></p> <ul style="list-style-type: none"> ▪ Barclays will match an individual colleague’s donations to charities working to support vulnerable people impacted by COVID-19, and in alleviating the associated social and economic hardship caused by the crisis. 	
<p>Morrisons Foundation:</p>	<p>The Morrisons Foundation recognises that homeless people are particularly vulnerable to COVID-19 because they are more likely to have underlying health conditions and are less able to access basic sanitation.</p> <p>For those who are sleeping rough or are in a crowded night shelter, it is impossible to self-isolate and maintain social distance.</p> <p><u>Applicants should:</u></p> <ul style="list-style-type: none"> ▪ Be registered with the Commission/OCSR for a minimum of one year and have filed their documents, for example trustees reports and financial accounts on time. ▪ Work directly with homeless people and provide support of one of more of the areas the fund will cover. <p>Registered charities who care for the homeless can apply for support to cover the following broad areas:</p> <ul style="list-style-type: none"> ▪ Outreach and support for rough sleepers, including provision of essentials ▪ Delivery of services in hostels and shelters 	<p>Web: https://www.morrisonsfoundation.com/latest-news/covid-19/</p>

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	<ul style="list-style-type: none"> ▪ Information and advice 	
Essex Community Foundation Emergency Grants:	<p>The purpose of the Essex Coronavirus Response and Recovery Programme is to get help quickly to voluntary and community organisations in Essex, Southend and Thurrock that are in crisis as a result of the pandemic and need emergency funding to keep their vital services running.</p> <p>Initially grants of up to £15,000 will be available.</p> <p>Priority will be given to those delivering vital services to older and vulnerable people, organisations helping to relieve pressure on public services and those co-ordinating a local community response.</p>	Web: https://www.essexcommunityfoundation.org.uk/grants/grants
National Lottery Community Fund Prioritises COVID-19 Projects:	<p>The National Lottery Community Fund will give priority to:</p> <ul style="list-style-type: none"> ▪ Organisations supporting people who are at high risk from Covid-19 ▪ Organisations supporting communities most likely to face increased demand and challenges as a direct result of Covid-19 ▪ Organisations with high potential to support communities with the direct and indirect impact of Covid-19 	Web: https://www.tnlcommunityfund.org.uk/about/coronavirus-updates
Tesco Bags of Help COVID-19 Communities Fund Accepting UK Applications:	<p>Tesco has created the new short-term Tesco Bags of Help COVID-19 Communities Fund to support local communities across the UK in response to the Covid-19 crisis.</p> <p>Applications will be accepted from organisations such as women’s refuges, food banks, hospices, homeless charities, charities supporting the elderly, and charities supporting children’s activities.</p>	Web: https://tescobagsofhelp.org.uk/grant-schemes/tesco-cv-fund/

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This list is not exhaustive and other organisational types will be considered.

Tesco is looking to support organisations:

- Whose need for services has been disrupted
e.g. A food bank whose stocks are running low and need an immediate donation to enable the food bank is restocked

- Who require to put in place new service
e.g. Charities setting up a new home service to the elderly who usually attend a monthly lunch club or a charity needing to set up a telephone service to support beneficiaries

- Finding increased demand
e.g. A holiday hunger club needs more resources due to schools closing, or a childrens centre requires an additional temporary member of staff

Other Information

Organisation	Support &/or What's Available	Contact Details
Citizens Advice	<p>Telephone Advice, which is usually managed between the hours of 10am to 4pm Monday to Friday.</p> <p>This number is part of an Essex wide group of Citizens Advice offices enabling calls to be answered when an adviser at a client's local office is not available.</p> <p><u>Debt and money advice</u> helpline 07984 405190.</p>	<p>Call: 0300 330 2104 (for all telephone advice)</p> <p>Email: advice.colchester@cabnet.org.uk</p> <p>Web: www.citizensadvice.org.uk</p>

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	<p>A specialist debt adviser accredited by the Institute of Money Advisers is available 9am to 5pm Monday to Wednesday.</p> <p><u>Help to Claim:</u> Get help claiming Universal Credit by contacting their free national helpline 0800 144 8 444. Advisers are usually available 8am to 6pm Monday to Friday.</p> <p><u>Food Bank:</u> They have by arrangement, set up an E-voucher system with Colchester Foodbank which enables clients to access a food parcel within any of the Trussell Trust's food banks.</p>	
Colchester Care Crisis (Helpline)	<p>Caremark Colchester are offering immediate training, support and full PPE equipment for those wanting to help and find employment as a carer.</p> <p>They are also requesting assistance from local businesses and anyone able to donate a service, skill or item that will be of vital importance during this time.</p>	<p>Call: 01206 487398</p> <p>Email: colchestercarecrisis@caremark.co.uk</p> <p>Web: https://www.caremark.co.uk/locations/colchester</p>
First Site	<p>Are offering some online activities including downloadable artist packs.</p>	<p>Address: Lewis Gardens, Colchester, CO1 1JH</p> <p>Call: 01206 713700</p> <p>Web: https://firstsite.uk/</p> <p>This is a public Facebook group</p>
My Social Prescribing	<p>Launched in 2013, 'My Social Prescription (MSP) is a community-based scheme led by Community360 across Colchester. It serves to address the social issues that can affect people's well-being.</p>	<p>Call: 01026 505250</p> <p>Email: mSP@community360.org.uk</p>

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	<p>My Social Prescription does this by connecting people to voluntary and community services, volunteering as well as providing support with health conditions and encouraging self-care.</p> <p>My Social Prescription is designed to empower individuals.</p>	<p>Web: https://www.community360.org.uk/services/wellbeing/my-social-prescription/</p>
NHS App	<p>You can request a new or order a repeat prescription, nominate your preferred pharmacy and see what available medicines there are for you.</p> <p>As well as check your symptoms for instant advice or medical help near you.</p>	<p>Web: https://www.nhs.uk/using-the-nhs/nhs-services/the-nhs-app/</p> <p>Or you can download the app from your device's app store. Android app store link Apple app store link</p>
North East Essex COPD Health Coaching	<p>Free COPD coaching which is normally in person, is now offered on a 1-2-1 basis or group based online.</p> <p>You can join the group and contact and share to let others know the service is available.</p>	<p>Call: 0300 3039 988</p> <p>This is a private Facebook group so you must be logged on to your account to access it</p>
South Lanes Market	<p>The South Lanes Facebook group is promoting a weekly online market:</p> <ul style="list-style-type: none"> ▪ Tuesdays between 12pm and 5pm is specifically an Eco Mini market ▪ Thursdays between 9am and 5pm is The South Lanes Market <p>This is somewhere independent retailers and makers can share their wares and local people can come and find things they might not be able to get hold of while investing in their local community.</p>	<p>This is a Facebook group which you must join to access content</p>

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Children & Families Information		
Organisation	Support &/or What's Available	Contact Details
BBC CBeebies	CBeebies is designed for 0-6 year olds and includes a range of activities (animation, drama, entertainment, factual and live action).	Web: https://www.bbc.co.uk/cbeebies
BBC Bitesize	BBC Bitesize can be used to help with homework, revision, and learning.	Web: https://www.bbc.co.uk/bitesize
Colchester Arts Centre	They are providing online poems, door to door poems, poems on the phone.	Call: 01206 500900 Web: https://www.colchesterartscentre.com/ This is a public Facebook group
Colchester Borough Council - Colchester and Ipswich Museums	Museum From Home: Over the coming weeks the team will be sharing a variety of activities to help educate and entertain. Inspired by the collections across Colchester and Ipswich, from art to nature, archaeology to social history, they hope to bring the museum to you!	Web: https://cimuseums.org.uk/museumfromhome/
Colchester Zoo	<p>During the temporary closure of Colchester Zoo, they are sharing some of what the team and the animals get up to across their social media channels.</p> <p>From updates, to animal enrichment videos, live chats with the keepers and more!</p> <p>You can also follow some of their videos via their YouTube playlist.</p> <p>As well as fun videos and information shared on social media, their education team have also put together some fantastic wildlife activities to do at home with the family.</p>	<p>Website: https://www.colchester-zoo.com/bringing-the-zoo-to-you/</p> <p>This is a public Facebook page.</p> <p>Press here for the Twitter link.</p> <p>Press here for the Instagram link.</p>

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<p>Essex Child and Family Wellbeing Service</p>	<p>On behalf of Essex County Council and the NHS, Virgin Care and Barnardo's provide a range of child and family services throughout Essex that are free at point of delivery.</p> <p>They support children, young people, and their families, and provide access to support and services to help children and families achieve the best start in life.</p> <p>Follow their local Facebook page for information and support, along with their Daily Activity Ideas.</p>	<p>Call: 0300 247 0015</p> <p>Web: https://essexfamilywellbeing.co.uk/</p> <p>This is a public Facebook page.</p>
<p>Essex Libraries</p>	<p>Essex Library staff are now keeping in touch with babies and toddlers while their buildings are shut. Parents can download 'Rhyme time' rhymes, songs and stories and read short stories from the main county council web site. Both will be updated weekly.</p> <p>However, they are all asked to hold onto books we have borrowed until the libraries re-open. There will be no overdue fines.</p>	<p>Web: https://libraries.essex.gov.uk/children-and-young-adults/babies-and-toddlers/</p>
<p>Essex Youth Service</p>	<p>Helping young people in Essex to get the most out of school, work, and life. Weekly activities available via Zoom.</p>	<p>Web: https://youth.essex.gov.uk/young-people/online-activities/</p>
<p>Home-Start Colchester</p>	<p>Home-Start Colchester is an independent local charity committed to making a real difference to the lives of local children and families.</p>	<p>Web: https://www.homestartcolchester.org.uk/2020/03/23/help-needed/</p> <p>This is a public Facebook page</p>
<p>La Leche League Colchester</p>	<p>Advice on breastfeeding whilst in isolation for families. Free online courses can be accessed via their Facebook page.</p>	<p>This is a public Facebook group</p>

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Precious Bundles	Providing free quality clothing and equipment for children aged 0 to 5 and new-born starter packs to anyone who needs them.	This is a public Facebook group
The Mercury Theatre	Are showing you how to make puppets online, as well as showing plays, reading, and telling stories.	Call: 01206 573948 Web: http://www.mercurytheatre.co.uk
Tots to Teens	A volunteer based and run community group bringing clothes and accessories and essentials to families that need them due to circumstances. They cater for new-born to 16 years of age.	This is a Facebook group so you must be logged on to your account to access it.
Wild Time	Wilderness Foundation has created Wild Time to help everyone through lock down! With activities to keep the whole family engaged in nature and the outdoors and activities to keep your mind healthy with Mindfulness and Reflections! Every week they have new footage from Badger Cam (Link), updates on what you can see at this time of year, nature activities and more.	Web: https://wildernessfoundation.org.uk/wildtime/ This is a public Facebook page. Instagram: Wilderness Foundation UK Instagram: Chatham Green Twitter: Wilderness Foundation
Multi Schools Lowdown	The Multi School Council based at Market Field School in Elmstead Market, is launching 'Multi Schools Lowdown' This is a free podcast discussing how the group is adapting to the impacts of coronavirus pandemic, information on SEND (Special Education Needs Department) education and targeted support for young people's mental health.	To access the podcast search for 'Multi Schools Lowdown' on Spotify and other podcast providers. Spotify: Multi Schools Lowdown

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Black, Asian And Minority Ethnic (BAME) & Faith Groups Information

Religion/Group	Support &/or What's Available	Contact Details
Buddhism	Buddhist Door: Senior Thai Monk offers a Buddhist perspective on dealing with COVID-19.	Web: Senior Thai Monk Offers a Buddhist Perspective on Dealing with COVID-19
	For COVID-19 updates.	Available via West London Buddhist Centre and Diamond Way Buddhism
	For classes, courses, and other events.	Web: https://manchesterbuddhistcentre.org.uk/ Or https://bristol-buddhist-centre.org/
Colchester Chinese association	Are delivering a gift of groceries to their Colchester Chinese Association senior members aged 65 or above who do not live with extended family and helping them in any other way that they can.	Address: 1-3 Bloomfield Place, 25 St Botolph's Street, CO2 7EA Web: https://www.colchesterchineseassociation.co.uk/ This is a public Facebook group.
Christianity	Church buildings are currently closed for public worship, private prayer and all other meetings and activities except for vital community services until further notice. Find out more via the website about what is on offer.	Web: https://www.churchofengland.org/more/media-centre/coronavirus-covid-19-guidance-churches

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	<p>An organisation that works through the Church of England’s local parish networks, with churches and alongside other faith-based and secular organisations, national and local government, charities, and foundations, as well as individual supporters, to bring about positive change in communities.</p>	<p>Web: https://cuf.org.uk/</p>
	<p>Christian Aid exists to create a world where everyone can live a full life, free from poverty.</p> <p>Find out more about their Coronavirus Emergency Appeal here.</p>	<p>Web: https://www.christianaid.org.uk/</p>
Hinduism	<p>Hindu Council UK represents an amalgamation of various Hindu denominations in the UK through their temple bodies and cultural organisations.</p> <p>Guidance on temple closures: Temple management for temples across the UK have been encouraged to close temples and take steps that elder devotees are being looked after.</p> <p>It is very important that older people are not isolated, therefore, if the temples have facilities and volunteers then meals can be prepared and delivered to the people most in need.</p> <p>You can also access further guidance from:</p> <ul style="list-style-type: none"> • Hindu Forum of Britain • National Hindu Students Forum 	<p>Web: http://www.hinducounciluk.org/2020/04/01/temples-lock-down-advice/</p>
Islam	<p>Colchester Islamic Cultural Association. The mosque is closed until further notice. They have a page on their website with COVID-19 updates and information. For more updates visit their Facebook page.</p>	<p>Address: 1-3 Bloomfield Place, 25 St Botolph’s Street, CO2 7EA</p> <p>Web: Colchester Islamic Cultural Association</p>

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		This is a public Facebook group.
	<p>The Muslim Council of Britain regularly updates their guidance to help inform a range of groups. Including individuals, mosques, and educational institutions.</p> <p>They also provide advice for parents, and guidance on coping with stress during COVID-19.</p>	Web: https://mcb.org.uk/mcb-updates/coronavirus-guidance-for-mosques-and-madrassas/
	<p>The British Islamic Medical Association has put together an information leaflet to help inform the decision making for those responsible for administering religious burials.</p> <p>There is also an accompanying flowchart to show the correct pathway to follow.</p>	Press here for the leaflet link
	<p>The National Zakat Foundation is offering support through four funds:</p> <ul style="list-style-type: none"> • Hardship Relief Fund • Housing Fund • Work Fund • Education Fund 	Web: https://nzf.org.uk/apply-for-zakat/
	<p>In partnership with Louise Butt Copywriting, AWN is offering a free bid writing service to support individuals and organisations applying for funding.</p> <p>AWN also has a list of available COVID-19 related funding pots.</p>	Web: https://www.alwaysnetwork.org.uk/funding-pots

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Judaism	The Jewish Leadership Council brings together the major British Jewish organisations to work for the good of the Jewish community.	Web: https://www.thejlc.org/
	In the face of the Covid-19 crisis, Jewish Care, Nightingale Hammerson and The Fed have come together to make sure the most vulnerable members of the Jewish community receive the additional care they so urgently need.	Web: https://www.jewishcare.org/jewishhohomesemergencyappeal/donate
	Union of Jewish Students along with most of the world are responding to the needs of our community, alongside the challenges faced by the necessary restrictions imposed You can read the full UJS Guidelines on Coronavirus here .	Web: https://www.ujis.org.uk/
Sikhism	Sikh coalition. A range of resources and guides from the Sikh Coalition, including travel restrictions and an e-learning resource. Most resources available in both English and Punjabi.	Web: https://www.sikhcoalition.org/our-work/empowering-the-community/covid-19-response-resources/
	Sikh Helpline. Free professional and confidential counselling over telephone or email.	Call: 08456 440704 Web: https://www.sikhhelpline.com/coronavirus/

Further information is available in other languages via the [GOV.UK website](#) they have a variety of public health messages related to Covid-19.

Alternatively you can visit the AskDoc [website](#) which has a number of short videos translating the NHS England Covid-19 advice in various languages via [here](#).