



Village Bulletin

Issue 157 Spring 2019

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- * **Save the date - Village Fete**
- * **West Bergholt Cricket Club**

www.westbergholt.net

Orpen Players

Peter Cox, the director of our pantomime "Alice in Wonderland", had to step into the role of the Mad Hatter at very short notice because one of the cast was taken ill. The director, of course, is the ideal person to fill the role and save the day, so well done Peter.



The set and costumes were very colourful and enhanced the magical atmosphere and excellent performances from our cast.

Mike Poole stepped into his bloomers to portray Dame Molly Moppit, ably assisted by Abby Sadler as Jack Diamond, her son, the court jester. Lucy Free portrayed Alice, and Holly Snowling and Karen-Jane Linsell were hilarious as Tweedle Dum and Tweedle Dee. Every member of the cast gave it their all to ensure that our audiences enjoyed the show.

Our Spring Production will be "The Vicar of Dibley" and is to be directed by Holly Snowling. This will be a debut as a director for her, although she has acted as assistant director before.

Production dates will be **9th, 10th, and 11th May 2019**. Make a note in your diaries and be sure not to miss this one.

For our activities visit our website orpenplayers.co.uk

3rd West Bergholt Brownies

Brownies

We have had a very busy Spring term, welcoming our new girls and working on the new Guiding programme. The girls have enjoyed craft activities, games, acting, dancing and cooking.

In January, 15 girls enjoyed a matinee performance of Alice in Wonderland thanks to The Orpen Players! Our district Thinking day event was held at St Mary's Church on Saturday 23rd February. Senior section, Guides, Brownies and Rainbows from West Bergholt, Myland and Great Horkeley joined in an afternoon of readings, songs and presentations to celebrate all the Guides and Girl Scouts around the world. Our unit did a presentation on the World Centre in Sangram.

During the summer term we are planning activities out and about, fire lighting and some first aid skills. We are also hoping to attend a tribute band concert "GIG4GIRLS" at the Charter Hall", with acts including Olly Murs, The Spice Girls and Little Mix.

Anyone wishing to volunteer or wishing to add their child's name to the waiting list, please visit www.girlguiding.org.uk

Brown Owl – Diana Woodgate

Spring is on its way...

The frost seems to have come and gone, and on writing this the sun is shining, flowers are blooming and spring definitely seems to have sprung! The New Year has come and gone, and we now look forward to the summer.

As the weather improves, we have another packed Bulletin for you, with news on the upcoming Village Fete - remember to save the date! - and the next film to be shown by the Village's Film Club. These are great events that are fundraising for a new playground at the Orpen Hall, so any and all support is always greatly received. The latest children's film during the half term holiday was a great success and a big thank you goes out to all those who supported this fun morning. Keep an eye out in this edition for news of their next fabulous movie night!

A big thank you also goes out to all the distributors of the Bulletin for your help over the last 12 months in delivering the magazine to every home in the village. Your help and ongoing support is very much appreciated.

Jacqui

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Hall Booking Information

Orpen Hall (108 – 150 persons) & **John Lampon Hall** (30 – 50 persons). Contact hall-admin@westbergholt.net

St Marys Church (60 persons) & **Church Hall** (20 – 40 persons). Contact Nicole Long 01206 240443

Methodist Church Hall (20 – 60 persons). Contact David Kay 01206 243 574

The Village Hall Complex

The Village Hall Complex is comprised of three halls of various sizes for use by the community. The principal among them is the Orpen Memorial Hall, which was built from money left in Osmond Orpen's will in 1938. All three of these halls are available for hire for parties, etc.

This main hall can accommodate 150 standing or 120 seated in a theatre-style layout. The smaller John Lampon Hall, at the rear, can accommodate 60. This hall can be divided into 2 rooms (known as Joyce Lucking & Ernest Blackwell rooms), each holding up to 30 people. The Social Club hall is also now available for hire during the day (times vary according to the day) for £5/hr.



To book any of the halls, please contact the Hall Administrator, Victoria Beckwith-Cole by email at hall-admin@westbergholt.net or phone 07434 949631, at any reasonable time. Bookings can also be made at the Hall Office via the side entrance, on Thursdays between 7pm and 8pm.

West Bergholt Open Gardens 2010

Plans are already afoot for the next Open Gardens event, which will be in eighteen months time on **Sunday 28th June 2020**. We have taken on board various comments and suggestions and hope that 2020's event will be the best yet.

However, the most important ingredient for the event is gardens. We need gardens to open. We need big gardens, small gardens, cottage gardens, formal gardens, all sorts of gardens. If you are proud of your garden, then why not show it off and, at the same time, help inspire others while also raising money for a local charity.

If you would like to become involved, please contact me by emailing wbopengardens@gmail.com.

David Withnall
Chair, West Bergholt Gardeners

Come Mr Tallyman!

Or rather, come West Bergholt, to a concert of music from the Caribbean with Colchester World Music Quire, featuring Heathlands' School choir to raise money for the Tom Bowdidge foundation. "Don't worry about a thing..." Just sit back and listen to (or join in with) songs from a lovely warm climate.



We will be at St. Mary's Church at 7pm on Saturday 23rd March. Tickets are £10 per adult. Accompanied children are free. Tickets available from Heathlands School, St. Mary's Church office or on the door.

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Lucia's Light

Lucia's Light aims to help people deal more effectively with Post Traumatic Stress Disorder (PTSD) and Generalised Anxiety Disorder (GAD). While PTSD is a less common diagnosis, traumatic experiences (especially from childhood) can adversely affect us, leading to anxiety, phobias and panic attacks. Furthermore, stressful jobs or caring for vulnerable family members can lead to sleepless nights, stress-related illnesses or real angst.



Obvious ports of call for stress, anxiety and trauma are firstly your GP and possibly counselling. However, some feel that it is their physiology that has been badly affected, as well as their mental health, which may not be completely addressed by both medication and talking therapies.

Recent studies from the USA from leading psychiatrists have indicated that alongside traditional routes, body-based approaches can sometimes help switch off fight/flight/freeze mechanisms that fire up constantly in those who have experienced trauma or live with anxiety. For those diagnosed with PTSD, treatments that are effective over the long-term can be lacking and living with flashbacks and night terrors is disabling. Studies have shown that gentle yoga, provided it is delivered from trauma-informed professionals, can prove effective in providing some respite from these symptoms.

Lucias Light offers 1:1 specialised trauma sensitive yoga practices that can alleviate fight/flight/freeze tendencies and calm down the nervous system to promote a calmer mental state. You don't need to have any previous experience of yoga or be particularly agile.

If you are suffering from anxiety or have survived a traumatic experience and need help with sleep or flashbacks, do have a look at www.luciaslight.org to see if help could be at hand.

Women's Institute



December was our Christmas celebration meeting. Members enjoyed a buffet supper after the Angela Dennis Duo. Everyone was given a free raffle ticket and a new idea of a Secret Santa was tried out with great success. Susan Leng produced our usual enjoyable, if sometimes puzzling, quizzes whilst we ate.

The competition, which takes place throughout the year, was won by Susan Leng. The finale to the evening was the committee performing the traditional 'Twas the Night Before Christmas', followed by the politically correct version, causing much amusement from the audience.

January began with the return of historian, David Ablewhite, who talked about 'The Other Prince William', who died whilst performing stunts at an air show in the early 70s. He was admired greatly by Prince Charles, who named his first-born after him.

Susan Leng presented the annual review of all our activities during 2018, bringing back fond memories.

February was our 98th birthday meeting, with two long-standing members, Maimie Lampon and Jan Lumb, cutting the cake. The president announced that tea and coffee would be free for this year. We celebrated our birthday with lunch at the Green Room in Colchester.

Norman Jacobs was welcomed with his talk entitled 'Pie 'n Mash and Prefabs'. With the aid of slides and soundtracks, memories of the 50s and 60s were brought back to life. The competition was a childhood souvenir which was won by Angela Frearson with her photograph of a prefab.

The president welcomed two new members who have joined us from Fordham WI that has now closed.





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For more information visit www.luciaslight.org or call 01206 272453. Email info@luciaslight.org



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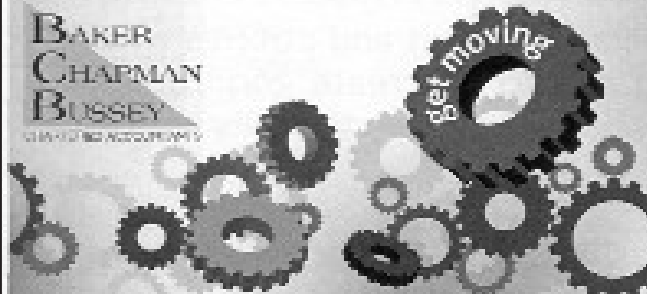
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From the Parish Council

Chairman's Musings



Parish Councillors

Janet Crichton has resigned from the PC for family reasons. Janet made a valuable contribution since September 2016 to both the Environment & Premises Committees. We thank her for her work & wish her well for the future. The vacancy will be held over until the May elections.

Refurbishment of Orpen Hall Roof

The majority of our Orpen Hall roof is now over 50 years old and is showing its age. We will be applying for grants and seeking quotations for this major piece of work. If successful, the re-roofing would take place later this year.

Precept

You will notice that the part of your Council tax which relates to the Parish Council will go up from April this year. This reflects the need to upkeep our wonderful assets, such as the Hall roof. The charge per band D property per week is still economical at just £1.32 per week.

Devolution Pilot

The PC has been offered the chance to take part in an Essex Highways project to take over the smaller works needed around the highway and footway networks. We will receive a small amount of funding to enable us to do this work.

Neighbourhood Plan (NP)

Following the success of our last consultation, the final version of the NP has been submitted to Colchester Borough Council who will take the plan through its statutory stages including an examination by an Inspector and a referendum.

Policing

The PC has agreed to take part in a Policing initiative to source a Special Police Constable who would be dedicated to our village. Successful applicants have been selected by the police and are undergoing training before they can start their work. More applicants can still apply (see Essex Police website for details).

Chris Stevenson, Chairman

Clerk's Jottings



Bus shelter

Following the demolition of the shelter opposite the Orpen Hall by one of buses last year, the PC has been endeavouring to have this replaced. The good news is that the bus company and its underwriters have accepted liability and agreed funding to enable us to progress this. Installation will be over the course of the Spring.

Get ready of the elections!

Want to be a Parish Councillor or know someone who would? Well the opportunity for you to take part in elections is nearly upon us. Elections will be held for West Bergholt Parish Council on 2nd May 2019 and nominations packs are available from CBC on elections@colchester.gov.uk.

Local Council Award Scheme

We now have another opportunity to demonstrate our credentials as a top-notch council through the Local Council Award scheme. By the time you read this we should (fingers crossed!) be fully accredited to Quality Status, having obtained the Foundation level a few years ago. Take a look at our revamped PC web pages on www.westbergholt.net to see more.

Annual Parish Meeting

The Annual Parish Meeting will take place on 24th April at 7.30pm. We would love to hear from any local clubs or organisations who would like to take the opportunity to update the parish on their latest achievements or events. Please contact the Clerk on westbergholtpc@gmail.com

Essex Village of the Year competition

We were successful in 2015, winning our class and coming second overall in all classes of Essex Village. Since then we have let other villages have their turn (!), but it is now time for us to enter once again. We will be contacting village organisations for assistance should we be selected for the shortlist of villages who will be visited by the judging panel.

Laura Walkingshaw, Parish Clerk

Living and Working in Your Community

Planning Ahead?

The TSP Wills and Estates team can provide you with advice and assistance tailored to your particular circumstances in the following areas:

- Wills
- Inheritance Tax
- Powers of Attorney and Court of Protection
- Estate Planning
- The Administration of Estates (Probate)
- Trusts
- Elderly and Vulnerable Client Matters

The team have created a guide to help you understand how you can plan for the future. It explains the nature of the options available to you and the effect on your family and friends if you have Wills and LPAs in place, and if you do not.

Download the guide from www.tsplegal.com/planningahead or contact us on 01206 217058 and we will send you a hard copy in the post.

Aileen Hirst, who lives in West Bergholt, can provide you with advice on the full range of private client matters listed above. She is an accredited member of Solicitors for the Elderly (SFE) and STEP, The Society of Trust and Estate Practitioners.

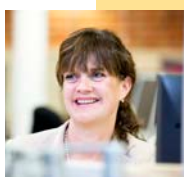
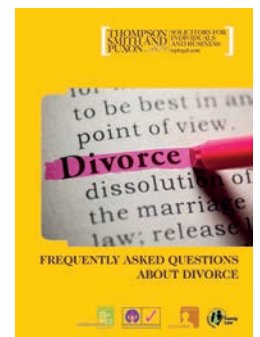


A Guide to Divorce

Going through a divorce can be a stressful, confusing and painful time and there are always lots of questions that need answering. The TSP Family team have put together a comprehensive guide to Divorce. In the guide they have outlined the main points for you to be aware of when you are going through a divorce and also answered some of the questions they are most frequently asked.

The guide can be downloaded from www.tsplegal.com/divorce

Shelley Cumbers, a Family and Divorce law solicitor who lives in West Bergholt, can offer a free initial telephone chat to assess your circumstances and provide general information. As well as advising on divorce Shelley can help with all aspects of family law.



Aileen Hirst
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aileen.hirst@tsplegal.com



Shelley Cumbers
Associate Solicitor
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St Mary's Old Church

The Festive season is now behind us and we were pleased that the Village Carol Service was resumed in December. The Friends decorated the church with appropriate greenery and it looked charming in the candlelight. The service was not as packed out as it has been, which made things more comfortable for the attendees. People were most generous with the collection, which was split with the New Church.



2019 will see work commence on the interior of the building, Hopefully this will not take too long, but as at this time we have no indication as to when the decoration will start. In the meantime, the churchyard spring flower display will hopefully provide cheer to the walkers who pass by the building.

The Friends committee are planning events for the summer. The first is to be an exhibition, "Art in the Old Church", scheduled for the **weekend 15th June**. We would welcome items of artwork and photos for display at the exhibition and anyone interested should contact Nicole on 01206 240443.

After that, it will be the Comrie Singers concert, which is scheduled for **16th of July**. This is always a very good musical event involving the multi talented Comrie Singers and their musicians.

We are also to host two weddings for villagers during the summer and we are happy to host anyone wishing to have their big day using our lovely old Church. Due to the rather bureaucratic process involved, it is a case of the sooner the better as far as booking is concerned.

We still have a large number of visitors who have signed the book. If you do come by the church, please sign the visitor's book as it helps with the funding. The Friends group is open to all who love the church and support the endeavours of the group to see it used and become a focal point in the community. A modest membership fee of £5 is charged, which does not bring any benefits other than the knowledge that you are helping to keep the old place alive for generations to come. The annual accounts have been checked by our auditor and will be circulated to the Friends Group.

Further details available from Martin Long, 01206 240443.

Martin Long
Chairman Friends of St Mary's Old Church

The Care Network is available to anyone of any age who needs help getting to the local surgery, hospital or other appointment such as physiotherapy, chiropody, optician, osteopath, etc. It is also available to take people to visit others in hospital.



Telephone 0300 7773100 to speak to someone who will arrange the transport for you. Transport is only provided within the local area, but in exceptional cases a longer journey may be considered. The Care Network always needs more driver volunteers to enable the service to work efficiently. If you are able to offer an hour or two from time to time, as much or as little time as you are able, please contact Harry Stone on 01206 241026.

All are welcome to attend the AGM in the John Lampon Hall on Wednesday 1st May at 7.30pm.

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Events throughout the year
See website for full details

NEEGOG

Villagers may wonder what the cryptic item on the village events published in the Bulletin actually means. The letters stand for North East Essex Group of the Gauge 0 Guild. This is a model railway organisation which is international in coverage and focussed on the construction and operation of model trains built to a scale of 7mm to one foot or 1/43rd scale.

As such, they are larger than most model trains and have a history going back to the last century. Many items are hand built as our scale does not have the large commercial support that exists in other branches of the hobby.

Our local group has about 50 members who come from a wide area. We have a large track which is set up in the Church Hall and folk run their models around this and enjoy tea, home made cakes and good companionship. We are an open group and if anyone wants to come along and see what goes on, ask questions etc. we will be happy to see them. The group meets every month on the second Saturday at 2pm.

Martin Long
01206 240443



West Bergholt Village Fete 2019

Saturday 13th July from 12 - 4pm at the Orpen Hall & Lorkin Daniell Field

Village Show

Competition of flowers, fruit, vegetables, baking, photos, children's competitions and arts & crafts. Displayed in Orpen Hall. Schedules & entry forms now available at the Charity Allotment Stall. Both are also be online at westbergholt.net and more entry forms in the next Village Bulletin.

Stalls & Pitches

Come and support stalls of local clubs & businesses on the Lorkin Daniell Field. Plots still only £10 contact hall-admin@westbergholt.net or phone 07434 949631 to reserve your place.

5 a side Football Tournament

Under 10s football tournament starting at 9.30am. 8 teams playing for the Mantis Trophy. Will Eight Ash Green be victorious again.

5- & 1-Mile Run

Suitable for all abilities, including children's 1-mile Fun Run, stunning countryside views, 11.00 am start, gun to chip timing, finish on the Lorkin Daniel Field, book early to avoid disappointment at www.entrycentral.com/festival/1664

Any volunteers for the day we'd love your help, please contact westbergholtpc@gmail.com.

The next Fete meeting will be held on the 5th March in Queen's Head Pub (the following meeting is on the 3rd April), please join us if you would like to join the committee or have an idea you would like to share.

Put it in your diary and come for a great day out!



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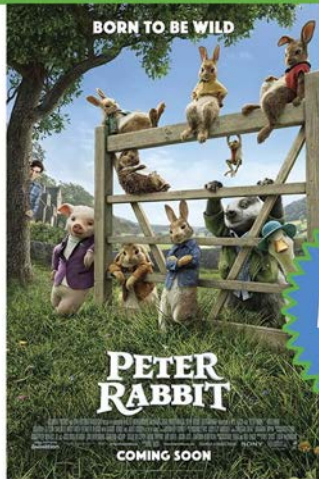
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Film Club KIDS MOVIE



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**WEDNESDAY 17TH APRIL
 AT
 THE ORPEN HALL**

Doors open 9.30am - Film starts 10am

Tickets £3 in advance

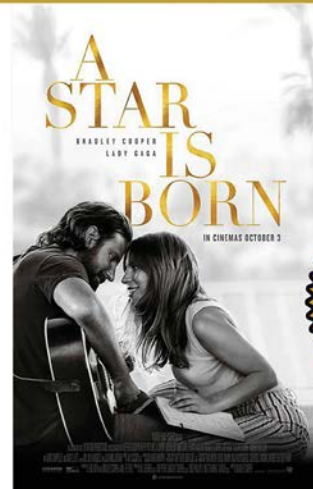
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 (Children must be accompanied by an adult)**

Includes popcorn for each child

★ To raise funds for the New Playground in West Bergholt ★



West Bergholt
Film Club MOVIE NIGHT



**Adults
 only!**

**FRIDAY 12TH APRIL
 AT
 THE ORPEN HALL**

Doors open 7pm - Film starts 7.30pm

**Tickets £5 in advance
 Available from Scissorhands**

Refreshments Available

★ To raise funds for the New Playground in West Bergholt ★

*Come and enjoy
 a great movie and
 help support the
 new playground in
 West Bergholt!!*



Baby and Toddler Group



2019 has seen us update some of the toys and equipment the group has. This is thanks to the money raised from our Christmas raffle and we offer huge thanks to the many local business people who donated prizes.

On suggestion of a regular member, we have introduced a "sensory basket" specifically for the young babies who come to the group. We have gathered many regular objects that offer babies the chance to explore textures, reflection, colour and sound. Not to be left out, we have bought a few new items for the older children to use for role play; a medical kit, toy tools and an additional cash register to go with our popular shop area.

Heathlands school have once again been to visit to read with us and we have enjoyed a construction-themed day and a dressing-up day when we could use the clothes the group has or come dressed up in our favourite things from home.

Coming up before April we will be making silly masks for red nose day, planting some seeds and will make and parade our Easter bonnets. We have a break for Easter but after the holidays we will have a full schedule of events, themes and, as the weather improves into the Summer, visits out and about to the allotments, teddy bears picnic etc. We will also have a Summer Party - See our schedule for full details.

Many of our committee will be leaving the group in July and we are in need of volunteers to help keep the group running from September. Sadly, at the time of writing, we believe the Wormingford Stay and Play group has had to close due to lack of volunteers to run it. We are obviously concerned that the Bergholt group does not go the same way, especially as the group has been in existence for 40 years. Please, if you can help us, do get in touch. There are various roles/jobs open to those with children at the group and those without too! Don't think that you need to have a small child to help, you don't, you just need to like being around them! For an informal, no obligation chat please give Gemma a call 07909 678976.

The group meet every Monday in Heathlands term time from 9.30-11.15am at the Methodist Church Hall on Chapel Lane. The first visit is free, then we ask for £1 donation. This includes snacks and drinks. We have a cosy book corner, baby area, regular craft and, at the end of the session, singing and sometimes a story.

We always look forward to meeting new faces.

Gemma, Rachel, Kay, Beth, Andrea, Karen and Suzanne

Bluebells Preschool

We invite you to our Open Afternoon on
Thursday 2nd May 1-3pm
At The Orpen Hall , Lexden Road
Come along and meet the staff , register your
child or discuss sessions whilst your child
enjoys a taste of the preschool activities.

Bluebell Pre-School Learning Through Play

Bluebell Pre-School employs Staff who are qualified to encourage the development of your child in all areas of the Pre-School curriculum, as defined by the Education Authority.

We are open from 9.15am to 3.15pm. Full day care and sessions available for 2 - 5 year olds. Sessions are held in two large halls daily.

If you would like to know more or put your child's name on our waiting list, contact Jackie Leach on 07855 715 658



West Bergholt Allotment

At the time of writing this, we have a dusting of snow on the allotments, however by the time this publication is distributed we will see the start of a busy period with the preparation of plots. Currently we have no vacant plots and 1 person on the waiting list. If you are interested in renting a plot please let us know.

In December we had a Christmas social event which was considered a great success and feedback has been very positive. We hope this has helped create a community spirit between plot holders and we are looking at repeating this event in December 2019 along with a summer event on site (ie a BBQ).

The Village fete is on 13th July this year and we will be having our charity stall there. Also for those interested in entering produce (vegetables, fruit, flowers etc), entry forms can be obtained from the Charity Stall.

£4087 was raised last year on the Allotment Charity Stall, which is a tremendous amount bearing in mind the hot summer we had. Thank you to everyone for produce & donations. The money is being shared as follows: Tom Bowdidge Foundation (Open Gardens) £1000, Essex Air Ambulance (Open Gardens) £1000, Five T's, St Mary's Church £650, Heathlands Primary School £650, West Bergholt Fete £150, Alexandra Hopkins (Scout World Jubilee) £100 & Charity Stall Future Fund Generation £537. This year it was agreed by the committee that the following recipients of monies will be the West Bergholt Children's Playground, West Bergholt Village Fete, Five T's, St Mary's Church & Charity Stall Future Generation Fund.

The Allotment Committee had a meeting in January, which we appointed Norma Smith as the new secretary replacing Harry Stone (as he wished to stand down from this position). Harry has been a founder member of this committee and has been Chair and Secretary during this time. He will be staying on the committee and carry on representing the Parish Council as one of the trustees. We thanked Harry for all his great work on the Allotment Committee and hope he continues for many years as a committee member and plot holder.

We would request plot holders to think more about composting waste rather than burning. This year we will not be allowing any rubbish to be dumped on the bonfire area until the time of the bonfire – this hopefully will enable us to stop green waste/soil being left to burn. Please keep your waste on your plots – do not dump on other plots or grass areas.

Thank you to all those that have helped with the Charity Stall, and Maintenance of the site during 2018. We always welcome more helpers to assist us on site.

Terry Claydon

Chairperson

email wballotments@gmail.com

<http://westbergholt.net/clubs/allotments/>

Colne Valley Flower Club

At our meeting on **Wednesday 20th March**, we will be welcoming Pat Barton from Norfolk, for her talk entitled "Where in the World".

On **Wednesday 17th April**, Susan Horne from Great Baddow will be demonstrating flowers "With help from Vivaldi", and on **Wednesday 15th May**, Patricia Ellis from Orpington will demonstrate her flowers titled "Do it with Flowers".

We are running very informal workshops during the year, held at the Scout Hut on a Tuesday afternoon. If you would like to come and try your hand or just observe, please get in touch. Our meetings take place in the Orpen Hall at 7.30pm (unless otherwise stated) on the third Wednesday of the month (not August or December). Guests are welcome at a cost of £6.00 per visit. For any further information please ring Manya on 07759 331719 or Alison on 01206 973563





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All Stars

We were absolutely delighted with our first year offering All Stars cricket to 5-8 year olds. Through the hard work of Mr Gareth Minter and his team of coaches, we had 60 children coming along on Saturday mornings. Their fun and laughter really injected new life into the club and at the end of the 8 week programme it was fantastic to see some of the All Stars make the progression into our Junior Colts at the Shining-On ceremony.

Junior Colts (U8-U10)

We were pleased to have a number of children join the club following both our indoor sessions and cricket being offered at Heathlands Primary School. By the end of the season, we were able to enter 2 teams into competitions. The children really loved the experience. We took a team to the Lashings (ex International Cricketers) game being held at Coggeshall Cricket Club, where the kids got the opportunity to meet and have some training from some of the former greats of cricket, plus the team came top in their category at the Kwik Cricket Tournament that preceded the big game.



Inter Colts (U11-U13)

The Inter Colts really grew over the 2018 season and we were able to play a number of friendlies in order to improve their match-play experience and get them ready for entry into a league for the 2019 season. Whilst these were friendlies, it is encouraging to report that they won all their games, which puts them in a good position for the league matches this year. The training sessions were very well attended and the introduction of Saturday morning training last year, as well as the weekday sessions, meant we could see an improvement in the players week on week.

Senior Colts (U14/U15)

It was a fantastic achievement for the U15 team to finish 3rd in the top division. The U14s were runaway winners of their division and suffered from a lack of real competition. This was a surprise & disappointment, given we played both Kelvedon & Elmstead who fall in the 'big' club category, plus Long Melford & Brightlingsea, who both seemed overwhelmed by the strength of our team. Unfortunately, we had 2 games conceded to us which denied me the opportunity to get more of the players to bat, which I know was limited at times.

What's Next for 2019

After such a successful year, everyone involved is excited about building and developing the colts section. We start this season with our 1-hour winter training sessions held in the indoor cricket facility at Holmwood House school. This is open to members and non-members.

Our Outdoor sessions will begin on Friday evenings from mid-April at 6.30pm for our U15/U14 teams. Thursday May 2nd at 6.30pm for our U13/U11 team, plus hardball cricketers in years 4 to 6. Kwik Cricket/soft ball cricket training (4 Weeks) beginning 2nd May at 6.30pm. Saturday Training sessions for all the Colts age groups will start on Saturday 4th May. All Stars sessions will be taking place every Saturday between 1st June and 20th July. To sign your child up please go to allstarscricket.co.uk/westbergholt.

We welcome all new players, no matter how experienced. We are able to offer a family friendly club with player enjoyment and progression at the heart of what we do. If you have a child who would be interested in coming along, or know someone, please contact Jo Wilkinson, the Colts Administrator, on 07766 1101771, through the WBCC Colts Facebook Page or by email on wbcccolts@outlook.com

Adults

Although winter is very much upon us, the pre-season for the village cricket is in full swing and there has been development in adults cricket for the coming 2019 season for West Bergholt

As in the in past, West Bergholt Cricket Club will be fielding three competitive senior teams, with two teams on a Saturday playing in the Two Counties League and a Sunday side in the North Essex Cricket League. These teams are open to all abilities and continue to provide fun but very competitive cricket.

New for 2019 will be a West Bergholt Saxons teams, who will play monthly friendly fixtures outside of the league system.

Our aim for this team is to prove a space for those in the village that would like to play the odd game of cricket but cannot commit to playing each week. Being only a friendly team, the matches will be more about the enjoyment of cricket, rather than chasing a win.

We feel this is a great opportunity for those looking to return to game, as well as a platform for our junior players to get used to adult cricket.

Winter nets will be held again this year at Holmwood House. Further details can be found to the right.

WBCC Cricket Festival 2019 - Save the date!!

The weekend of July 5th sees the club's annual Cricket Festival, where we look forward to welcoming anyone from the village and their friends and family to join us in this celebration of our Summer game. A variety of events are held across the weekend, starting on Friday night with a 20/20 match. On Saturday we hold the all day, 6-a-side tournament that draws sides from around the area. Throughout the course of the day there is a bar and BBQ and a fantastic evening quiz. In previous years children have enjoyed the bouncy castle, face painting and ice creams while everyone enjoyed measuring the speed of their bowling in the nets. This year promises to offer this and other fundraising events. The Sunday will see a "Dads v Lads" match in the morning, with our popular "Colts Cafe" open, followed by an all day friendly match with the bar and BBQ available again.

This event is the mainstay of the club's fundraising and also an opportunity for anyone not familiar with the club to join us for cricket and more. We look forward to welcoming you to this terrific local event.



WBCC Youth Indoor Cricket Sessions 2019
At
Holmwood House School

Sunday	Sunday	Sunday	Sunday	Sunday
Mar. 10th	Mar. 17th	Mar. 31st	Apr. 7th	Apr. 28th

Juniors 5-6 pm (school year 3—6)
Seniors 6-7 pm (school year 7—10)
Beginners Welcome.
£25 for the block of sessions.
All coaches CRB checked
To book contact Jo on 07766110171
or jowilkinsonsemail@gmail.com

westberholtcc.co.uk 



Get Creative!
Craft-A-Noon Tea

We are a craft group with members from WB and the surrounding villages.

We meet on the 1st & 3rd Friday of every month, from 12noon-4pm, at The Thatchers Arms, Hall Road, Mount Bures, CO8 5AT for a spot of lunch and an afternoon of crafting (any craft welcome) and chatting. All are welcome.

Contact Emily for more information : 07825 778356

Woods Bowls Club – Keepers Green, Braiswick

We are a very friendly lawn bowls club that is open to all ages and abilities throughout the spring & summer months of April to September. Members have the option of playing the game at a variety of different levels, ranging from competitive leagues, to organised friendly matches, internal club competitions, social and practice games.



New to Bowls?

The majority of people find bowls an easy sport to start playing, because the basic skills are not too difficult, and it doesn't require any great physical strength or athletic ability. A few practice games will quickly get you familiar with the rules and etiquette, and help you understand the scoring system and order of play. Once armed with the basic skills and knowledge, you can start playing in matches, where the environment is friendly and sociable, mixed with a competitive spirit.

The Club welcomes new members of all ages and abilities, and encourages people to come and try the sport to see what is involved. Informal practice sessions, called 'roll-ups,' are arranged on a regular basis, and it really is a case of turning up and having a go!

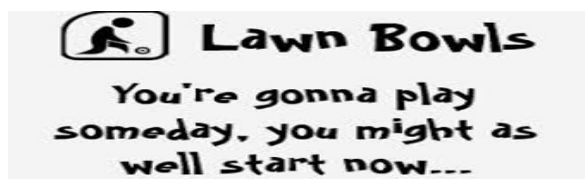
Social Events

The Club organises social events throughout the summer, which are open to members and guests. These events usually comprise of BBQs or Dinners, and usually a Quiz too.

Open Day

Our 2019 open day is on Saturday 11th May from midday. It really is an ideal day to come along to have a try and to meet some of the members. No equipment is needed. All we ask is that you bring a pair of flat shoes. There is no cost whatsoever on the day; there may even be Tea or coffee and a piece of cake on offer too.

We would love to see you at the Open day, but if you can't make that and would like to try the game then please contact our club secretary Peter Pushman 01206 863854.



West Bergholt Bowls Club

The year ended with a Christmas party - 27 members attended and this was enjoyed by all.

The new year started with a "bang" as both Patrick McCarthy and Doreen Payne got through to the finals of the "Essex Singles Competition". The finals will be played in March 2019 at Braintree. Good luck to you both.

A number of friendly matches have been arranged and these will be played in the next few weeks. Club competitions have now finished - result in the next Bulletin.

The Annual General Meeting will be held on Thursday 21st March 2019 - with complimentary fish and chips for all members. A club outing to "Potters" on Sunday 14th June 2019 for the 60's music break has been arranged. Membership has now grown with 27 fully paid up members. We bowl at the Orpen Hall on Thursday and Sunday evenings at 7.15pm. For any information on the Bowls Club - please call 01206 240824.

In memory...

Marjorie Thomas, who lived for many years in West Bergholt, died recently aged 98. We lived next door but one to each other when we first came to live in Chapel Road back in 1967 and though we moved to other houses in the village, we remained friends. She was widowed very early and I believe had no close family except a sister and a married niece. Marjorie got to know our son Paul when he worked in Colchester and he met her niece some years later - she and her husband were running a cafe in Normandy and Paul had a company which often used the cafe. Small world!

Marjorie worked in Colchester and would regularly catch the Chambers bus which in those days passed her bungalow. One day when she wasn't waiting in the usual place the driver knocked at her door only to be told it was her day off! The mobile library used to phone her if it wasn't going to come as expected and Marjorie would spread the word!

Much later, she sold her bungalow and moved to a retirement flat near to the Mercury Theatre, a brave thing to do we thought, but she would be able to keep her independence. Sadly bad health on both sides prevented us meeting again and Christmas 2017 was the first year I didn't hear from her.

Marjorie was well known to us older residents and a real character.

Christine Woodadge

West Bergholt Concert Band

West Bergholt Concert & Training Band wrapped up their 40th anniversary celebrations with a wonderful concert of Christmas music in St Botolph's Church, raising money for East Anglia's Childrens Hospices. Despite having played at St Botolph's many times, it was our first ever Christmas concert there and proved to be an absolute treat. The band sounded fabulous playing an eclectic programme ranging from Viennese Waltzes to Mariah Carey, and when the audience joined in with the carols the sound and atmosphere was simply magical. I imagine we'll return for another Christmas concert there as soon as we can get booked in.

As is now traditional, our 2019 concerts start at Clacton's West Cliff Theatre, a venue with which we have a long and happy association. This year's concert (**on Sunday 17th March at 3pm**) features music from Mary Poppins, Sousa, Carpenters, Lehar, the Big Bands, Tony Bennett, The Sound of Music, and more, including a selection of wartime songs to mark 80 years since the start of WWII. We always have a wonderful afternoon at the West Cliff with a really fun audience and atmosphere, so come along to enjoy some great music and help us raise money for Parkinson's UK.



After that, our summer concerts start with a return to Flatford on **Sunday June 9th at 2:30pm** for more "Music by the Mill". All of our concerts have a light-hearted and easy-listening feel, but the beautiful setting (and hopefully weather) at Flatford makes this concert an especially chilled afternoon. We're then back at St Luke's in Tiptree in July for a concert titled "That's Entertainment - Music from Movies & Musicals", and, in November, return to St Botolph's for a concert titled "The Great Composers" ...with music from Beethoven, Mozart, Duke Ellington, Irving Berlin and Lennon & McCartney among others.

Hopefully we can tempt you to come along to one of our concerts this year or, even better, you can come and join us - new players are always welcome! If you didn't manage to catch any of our 40th celebrations then don't worry - we've got more celebrations this year. Our longest serving band member is marking 40 years with the band, and our conductor is celebrating (?!) 25 years since taking over sole conducting duties... that's over 900 rehearsals, approx. 120 concerts, plus over 50 of these bulletin entries stored on his computer.

As always, everything you need to know about the band is on our website www.wbcb.org (including how to join us, details of all our events) or you can contact Graham on 07941 94754 or Conductor@wbcb.org.

St Mary's Church

Dear Friends,

In this first Village Bulletin of 2019, may I wish you a happy, healthy and peace-filled year. May it be one in which you conquer your challenges and keep your resolutions. I wonder whether any of you have made a resolution to come to church more frequently, or to get to know God better? If so, please let me know and say if I can do anything to help you.



As well as looking forward, I'd like to look back a little as well, because I'd like to thank you for your very warm welcome on my return from my Sabbatical. We had an amazing time, visiting Singapore, Thailand, Laos, Vietnam, Cambodia, Perth, Adelaide, Melbourne, Brisbane and Sydney in Australia and, finally, Hong Kong. It is impossible to summarise all that we did, which included learning to cook in people's homes; going on 20 different boats and a dozen rivers; seeing more temples than can be remembered; hearing the Buddhist Monks chanting at 4.30 in the morning; learning to cross the road in Saigon and Hanoi very slowly, so that the 40-50 scooters to every car can drive round you; visiting impoverished hill villages in Laos; learning about different wines in the respective areas of Australia; making new friends and visiting old friends and family, and much more. We were very fortunate.

Sadly, I developed severe sciatica whilst we were away and we had to return early. Since then I have had a spinal injection which helped for a while, but is wearing off. I therefore had spinal surgery on 27th February and have been on sick leave since, but hopefully will back in time to celebrate Easter. In the meantime, I send my love to you all.

Rev. Mandy Elmes

A very warm welcome awaits you at St Mary's if you would like to join in with our Lent and Easter events:

Wednesday 6th March @ 8pm – Ash Wednesday Communion Service



Wednesday 13th March onwards @ 8pm - Lent Course, over 5 weeks. A discussion group open to all, starting with coffee and biscuits. The theme this year will be the radical nature of the gospel, with a special focus on global issues such as taking action to combat human trafficking and inspiring school children to care for the environment.

Saturday 23 March @ 7pm - Quire Concert in aid of the Tom Bowdidge Foundation.

Saturday 30 March @ 12.45pm - Lunch for the over 60's – please contact Murray Harlow on 01206 242007

Sunday 31 March @ 9.30am – Mothering Sunday Family Service – a family-friendly service put together by the Dads! All Mums will receive a little posy of flowers.

Thurs 18 April @ 8pm – Maundy Thursday Passover Meal – a light meal in the Jewish tradition of Passover followed by sharing an informal communion.



Friday 19 April @ 10am - Good Friday Service of Reflection – at St John's Church, Great Horkesley – a reflective and moving service thinking about the Biblical events of Good Friday. (No service at St Mary's).



Sunday 21 April @ 9.30am – Easter Day Service – Celebrate Easter Day with us at our family-friendly communion service with an Easter Egg hunt for the children!

Don't forget too that the church office is open weekdays, except Wednesdays, between 9am and 1pm when you can collect your green boxes, food caddies and clear plastic bags for recycling. Garden sacks are also available but you need to obtain a voucher code from the Council to claim them.

For more details on any of the above events, or to receive a copy of our monthly electronic newsletter, please contact Liz in the church office 01206 243683 or visit our new-look website: <https://sites.google.com/stmaryswestbergholt.co.uk/stmaryswestbergholt>

West Bergholt Gardeners

As the first signs of Spring appear and gardeners make plans for their gardens, we are looking forward to our next series of meetings and listening to some interesting gardening topics.

You have probably noticed that we've dropped "Association" from our name as we thought it made our group sound too formal. We're just a friendly, informal group of people with an interest in gardening, who also enjoy visits to beautiful and inspiring gardens. We welcome visitors to our meetings at 7.30pm in the Orpen Hall, West Bergholt (a £3 entry fee is payable on the door or join as a member for the remainder of the 2018/2019 Programme for a reduced fee of £6). For further information, please contact Terry Claydon on 01206 241256 or email: terryclaydon@aol.com

In December, members and their friends got together for a social quiz evening with mince pies and mulled wine. We didn't meet in January. In February, Brian Carline offered amusing advice for reluctant gardeners with a talk entitled "Soil, Sweat and Tears", and now our 2019 programme of talks and outings will continue through to September:



18 March - Jim Cook is coming to talk about the "Malmaison Carnation, Flower of the Edwardian Season".

15 April - "The World of Flowers - Dahlias, Pelargoniums & Fuchsias" will be presented by Nick Dobson.

20 May - Matt Tanton-Brown will give an illustrated talk on "Courtyard Gardening". Matt is the manager of The Place for Plants, a specialist plant nursery in East Bergholt.

Although we are not holding our annual plant sale this year, we will be manning a stall at the Village Fete.

Finally, we have organised our Garden outings for this year and non-members are very welcome to join us on both trips to the following attractive gardens:

Wednesday 10th July: Fullers Mill Garden, West Stow, nr Bury St Edmunds, and **Thursday 5th September:** Bressingham Gardens, nr Diss, Norfolk.

If you are interested in joining us on these trips or for more information, please contact Shirley Noakes 01206 240588 or email: shirleynoakes@hotmail.com) for further details.

Bergholt Heath Academy

This season has proven to be another very successful one for the academy. We now have over 50 children registered with us, all enjoying playing football with their friends at relaxed training sessions where the focus is on them improving their skills as well as having fun! Any children in school years Reception and Year 1 (4-6 years old) are welcome to come along to the Lorkin Daniell Field between 9am and 10am on a Saturday morning. Training costs £2 per week, only payable on the weeks children actually train, and all of the money taken goes straight back into offering opportunities to children in the village who are involved in the football club (all of the coaches supporting the academy offer their time free of charge!). For more details of the training, described by an FA tutor as 'excellent sessions, some of the best I've seen', please contact Gareth Minter at gj_minter@hotmail.co.uk.

Under 7 Reds

It has been a fantastic first season so far for the reds team! All of the children have improved significantly, especially in keeping the ball and trying to win it back quickly. After playing a series of challenging games at the start of the season, the team have enjoyed scoring more goals and their performances continue to improve each week. Results are not recorded for a league at this age, but the children play with the same enthusiasm and enjoyment regardless of whether they win, lose or draw. It has been great fun coaching them and we are all looking forward to the remainder of the season!

Under 7 Blues

Since the start of our season in September, the boys have played numerous games against other local teams. In all games (and weather conditions) the boys have been brilliantly competitive. Of course they would prefer to play in the 'Harry Kane striker' position so I'm doing my best in giving each player a go in different positions to encourage their natural growth and understanding of the game. They love training sessions as well as the match situations, but most of all they enjoy meeting up with their friends.

Under 10

Matt, having previously coached the U10 team and now being the manager, has seen a tremendous level of development with all players. We have recently completed a 5 game winning streak, which demonstrates the players increased level of ability and use of teamwork. With an improved sense of self-awareness there has been a notable improvement in their technical understanding of football, from pass and move to positioning and the need for hard work when off the ball. During the second half of the season, we expect progress to continue with one eye on next season as we move from 7 a-side to 9 a-side.

Under 14

The Under 14's are in somewhat of a purple patch of form having now won all of their games in December and January. After a difficult October and November, this upturn in results have put them fifth in the league with a chance of third if they continue with this run. The team are playing very well at the moment and entertaining the crowds with some excellent passages of play, in particular the last game before the Christmas break which was a joy to watch.

The annual Christmas event for the boys was postponed until February where the boys enjoyed an evening of bowling at Tenpin Colchester.

Finally, if anyone wishes to assist with training any of the age groups or in any other area, please contact me on the number below. Remember, we all give freely of our time and are dedicated to bringing football to the children of the village.

Leslie Wright
07891239117



The Friends of Hillhouse Wood



Last December saw 25 members attend the Friends' 24th Annual General Meeting where they welcomed Jonathan Jukes, the Wood's new Site Manager from the Woodland Trust. Jonathan introduced himself and then spoke about aspects affecting the Wood.

During the year, the wood had been surveyed by the Trust for dangerous trees and 2019 would see work carried out to remove unsafe trees and branches. He confirmed that Ash Dieback and Sudden Oak Death had become well established in Hillhouse Wood and was also giving cause for concern in many of their woods. A secondary problem was that fungal diseases then took over the dead trees, leading to further danger.

He went on to explain that it has been found that the development of supposedly-resistant strains to various diseases, while appearing initially to be successful, were failing, as after 15-20 years the trees were succumbing to those same diseases.

In view of the predicted loss of trees over the next few years, the Woodland Trust was now reconsidering its replanting policy. The current policy is to replace lost trees only with trees grown from seeds taken from the same site. The likely demand may well require trees to be sourced from other locations. We shall see.

This Winter has seen some very successful Saturday Working Parties, with increased numbers of helpers tackling the various projects being undertaken.



Andrew Savage
 Chair
 Andrewsavage123@googlemail.com
 01206 242015

Stoke by Nayland Bridge Club

Are you looking for an afternoon game of Bridge? We play Duplicate Bridge every Thursday in a comfortable and friendly atmosphere at Stoke by Nayland Village Hall. If you are already a Bridge player, you would be most welcome to join us. Previous experience of Duplicate is not necessary, but you will soon discover that this is the most enjoyable way to play. It provides a proper competition where everyone plays the same hands and this enables you to improve your play.



We meet at 1.45pm with a short break for tea and always finish by 5pm. Why not give us a try? There is no joining fee.

Please contact Roger Loose on 01787 210538 for further details.



Colchester & District Model Railway Club
OPEN DAY
 Sunday 7th April 2019
FREE ENTRY
 Club layouts, models and second hand stall
 11.00am to 4.00pm at the Orpen Hall, Lexden Road, West Bergholt CO6 3BW
 Light refreshments available
 For more info and details of our annual exhibition later in the year visit our website www.colchestermrc.org



The Tom Bowdidge Youth Cancer Foundation

Well how is it March already? With the promise of longer days and warmer weather, it seems odd to mention Christmas, but we must take time to thank those of you who supported the Tom Bowdidge Youth Cancer Foundation so generously.



The Christmas Fayre, held in November, was larger than ever with newcomers shocked to see a marquee in the garden and just how many gorgeous stalls we had. The Foundation's Christmas range was very well received, as was the hot food and, once again, we raised over £5000. Our grateful thanks must go to Leisure Hire for the marquee and all the volunteers who helped throughout the day.



The Christmas Fayre was followed by the Lighting of Tom's Christmas Tree. A huge thank you must go to those who turned out to support this event. This is Richard and Nikki's gift to the village and serves as a thank you for your continued support. The crowd was entertained by Yazmin Wood, whose beautiful voice warmed the cold winter air. The Foundation was so grateful to Fred Smith Christmas Trees for kindly donating a stunning tree which took pride of place in front of the White Hart. Our final yet most important thanks go to Lyndsay and Mark Killick for allowing us to hold the event at the White Hart. This year they also had a memory tree in the pub where you could hang a bauble in memory of a loved one.

Along with the sale of a much sought-after calendar full of some very handsome bar staff wearing next to nothing, Mark and Lyndsay handed over a whopping £800. That amount of money is going to help so much with future projects.

THANK YOU SO MUCH!

The next event to watch out for is the infamous West Bergholt Bunny Hunt. The wonderful ladies of Knit One, Down One are busy getting those bunnies ready and will be looking for volunteers to hide them. Look out for more information about when the hunt will start and where to buy your maps. Then get hunting!!!

If you fancy getting involved with TBF and attending one of the events, then make sure you check out our website www.tombowdidgefoundation.org. You can also find us on Facebook, Instagram and Twitter.

Village Diary

Sunday

Service of Worship, St Mary's Church 1st Sunday 9.30am Holy Communion; 2nd Sunday 9.30am Messy Church; 6.30pm in summer, Evening Prayer; 3rd Sunday 11.15am Holy Communion; 4th Sunday 9.30am Praise on 4 Cafe Church; 5th Sunday variable.

Contact Rev. Dr. Mandy Elmes 01206 240906

Service of Worship, 10.30am, Mile End Methodist Church. Contact 01206 241969 or 01206 2425211

Bowls Club, 7.30pm Orpen Hall.

Contact John Rookard, 01206 619497

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Monday

Bluebells Preschool, 9.15am - 3.15pm, Orpen Hall.

Contact Jackie Leach 01206 241677

Baby & Toddler Group, 9.15-11.15am Term time only. Methodist Church Hall. Contact Gemma 07909 678976.

Kelly's HIIT, 9.30am, St Mary's Church Hall.

Contact Kelly 07453 859583

WB Cubs, 6.30pm-8pm Scout Hut.

Contact Charles Hart 01206 241666

Zumba Fitness, 6.30pm, Methodist Church Hall. Contact Jo Clarke 01206 272759

Gardeners Association, 7.30pm 3rd Monday.

Contact Terry Claydon 01206 241256

Pilates, 7.30pm. Methodist Church Hall.

Contact Jo Clarke 01206 272759.

SG Karate Club, 8.30pm-9.30pm Scout Hall.

Contact Stuart Glister 01206 365150

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Tuesday

Bluebells Preschool, 9.15am - 3.15pm, Orpen Hall.

Contact Jackie Leach 01206 241677

NHS Primary Care Trust Baby Clinic, 9.30-10.30, Methodist Church Hall 2nd & 4th Tuesdays.

Baby Clinic, Methodist Church Hall, 2nd & 4th Tuesday. Clinic will run with our support as a drop in for families.

Pilates, 9.30am-10.30am, Scout Hut.

Contact Mrs Smith 01206 564348

Jumble Juniors, 9.45 - 10.45am, Methodist Church Hall, 1st, 3rd & 5th Tuesday, term-time only.

Contact Dawn Edwards 07532 160610

Kelly's HIIT, 6.30pm, St Mary's Church Hall.

Contact Kelly 07453 859583

((BOUNCE)) 6.30pm -7.30pm, Orpen Hall.

Contact Kerry King 07886369450

Vocal Zones Choir, 7pm, Heathlands School.

Contact Ann 07596 071636 or Linda 07545 572157

Badminton Club, 8pm-10pm Orpen Hall.

Contact Ian Hersey 01206 243378/07754140707

W.E.A., 7.45pm, Methodist Church Hall.

Contact Gill Poole 01206 240512

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Wednesday

Bluebells Preschool, 9.15am - 3.15pm, Orpen Hall.

Contact Jackie Leach 01206 241677

Mid-Week Worship, 1st Wednesday, 10am. Methodist Church Hall.

Coffee Morning, 2nd Wednesday, 10am. Methodist Church Hall.

Bible Study Book Club, 3rd Wednesday, 10.45am Methodist Church Hall

Pat's Pals, 1st, 2nd, 4th & 5th Wednesdays, 1.30pm, Methodist Church Hall.

Wednesday Fellowship, 3rd Wednesday, 2.30pm Methodist Church Hall

Ladies Afternoon Badminton, 2.30pm - 4pm Orpen Hall. Contact Carol Felton 01206 240126

WB Knitting & Crochet Group, 3rd Wednesday, 2.30pm - 4pm, house group Meeting. Contact 01206 242015

Women's Institute, 1st Wednesday, 7.15pm, Orpen Hall.

Contact Jacqui Hunns 01206 240712

Slimming World, 5.30pm and 7.30pm, Heathlands Primary School. Contact Nicky 07957 656 939

Colne Valley Flower Club, 3rd Wednesday, 7.30pm, Orpen Hall. Contact 01206 241155

History Group, 2nd Wednesday, 7.30pm, Orpen Hall. (visits between April and September).

Contact Gill Poole 01206 240512

Parish Council Meeting, 4th Wednesday, 7.30pm, John Lampon Hall

W.B. Scouts, 7.30pm-9.30pm, Scout Hut.

Contact Kevin Sturdy 01206 240549

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Thursday

Open House, 9.00 -11.00am (in term time)

St Mary's Church Hall

Bluebells Preschool, 9.15am - 3.15pm, Orpen Hall.

Contact Jackie Leach 01206 241677

60+ Dance for Health, 11 - 12pm, Methodist Church Hall.

Contact Chloe Brooks 07984 739584/01206 617 110

5T's, 2.30pm-4pm Weekly, St Mary's Church Hall.

Contact Murray Harlow 07989720256

Kelly's HIIT, 6.30pm, St Mary's Church Hall.

Contact Kelly 07453 859583

Bowls Club, 7.30pm Orpen Hall.

Contact John Rookard 01206 619497

Colchester & District Model Railway Club, 8pm, Armoury Farm.

Contact www.colchestermr.org

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Friday

Bluebells Preschool, 9.15am - 3.15pm, Orpen Hall.

Contact Jackie Leach 01206 241677

Kelly's HIIT, 9.30am, St Mary's Church Hall.

Contact Kelly 07453 859583

WB Beavers, 4.45pm-6.00pm, Scout Hut.

Contact Charles Hart 01206 241666

WB Concert Band, 6pm-7pm (Training) 7pm-9pm (Band), Heathlands School. Contact Karen Wilson 01206 824157

WB Cubs, 6.30pm-8.00pm, Scout Hut.

Contact Kevin Sturdy 01206 240549

Bergholt Youth Group (BYG), Alternate Friday, 6.30pm-8pm, John Lampon Hall. Amber Harlow 01206 242007

Wired, 1st Friday, 7pm-9pm, St. Mary's Church Hall.

Contact Mark Partridge 01206 241617

Orpen Players, 8pm Orpen Hall.

Debbie Hornigold 01206 242111

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Saturday

NEEGOG Model Railway Club, 2nd Saturday, 2pm, St Mary's Church Hall. Contact Martin Long 01206 240443

((BOUNCE)) 8am - 9am, Orpen Hall.

Contact Kerry King 07886369450